HEEL MEDICATIONS

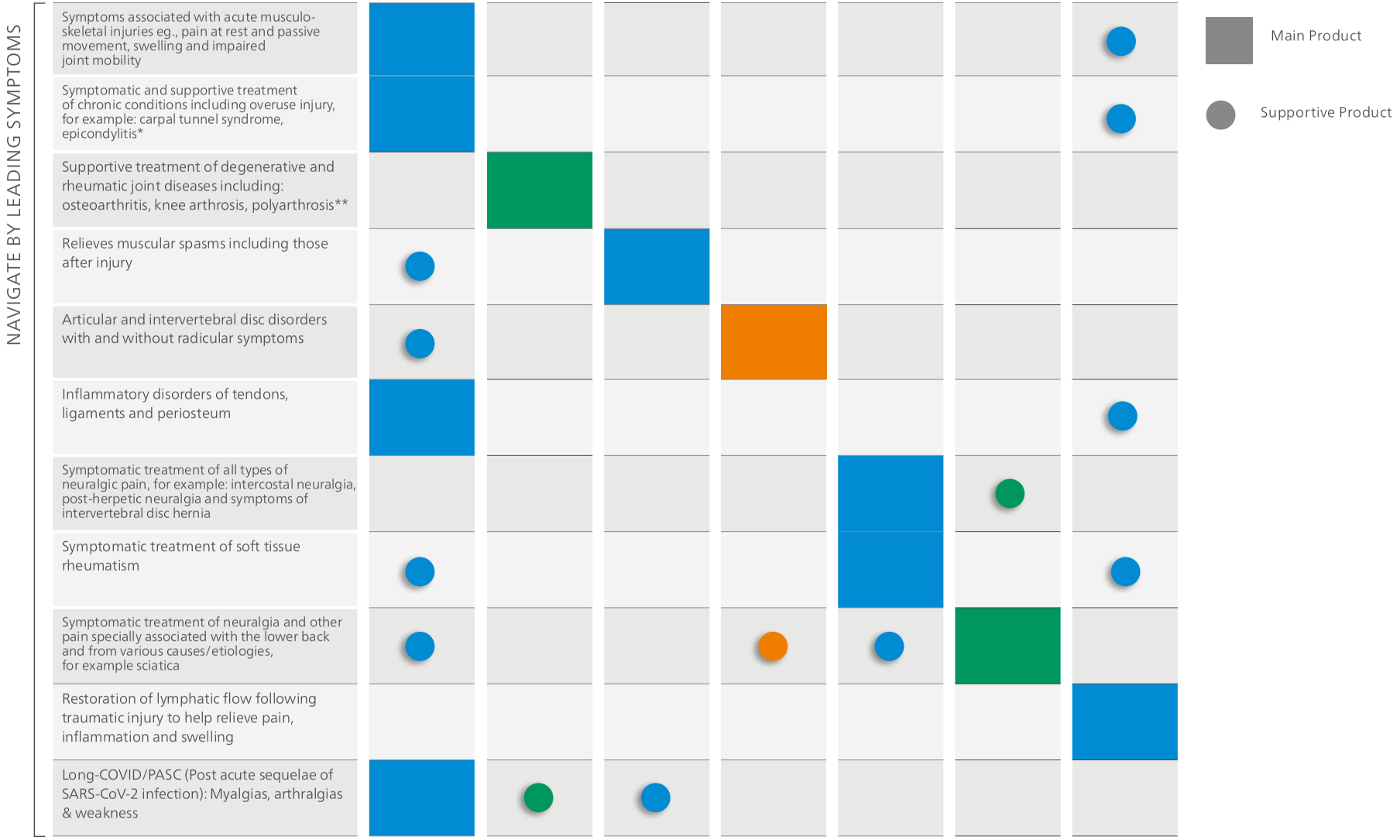
Musculoskeletal Disorders Reference Book

-Heel

Healthcare designed by nature

NAVIGATE BY KEY PRODUCT USES

NAVIGATE BY LEADING SYMPTOMS



* *Overuse injuries often have a central nervous system component, which can be treated with Neurexan*

** *If you have Zeel comp. N in your market please add Cartilago suis-Injeel to the treatment*

MUSCULOSKELETAL DISORDERS

Products and Indications

Product	Indications
Traumeel®	— Traumatic injuries of the musculoskeletal system — Acute and chronic disorders of the musculoskeletal system — Inflammation resolution following injury to the musculoskeletal system
Zeel®	— Arthritic degeneration — Arthritic stiffness — Arthritic pain — Rheumatic joint conditions, in particular associated with pain, swelling or stiffness.
Spascupreel®	— Spasms of the smooth musculature of the gastrointestinal and the urogenital tract. — Relief of cramps and spasms, e.g. due to abdominal or menstrual complaints.
Discus compositum®	— Articular and intervertebral disc disorders with and without radicular symptoms. — Osteochrondrosis (e.g. Scheuermann's Disease), chronic joint disorders such as arthritis and arthrosis, and neuralgic pain related to the vertebral column.
Neuralgo-Rheum-Injeel®	— Treatment of all types of neuralgic pain, of soft tissue rheumatism and symptoms of intervertebral disc hernia.
Colocynthis-Homaccord®	— Supportive treatment for nerve pains, especially in the region of the sciatic nerve; osteochondrosis, especially of the lumbar vertebrae.
Lymphomyosot®	— Improvement of lymphatic drainage, the non-specific immune defense, and conditions such as benign hypertrophy of lymph nodes, chronic tonsillitis, tonsillar hypertrophy and lymphatic edema.

MUSCULOSKELETAL DISORDERS

Traumeel®

A MULTITARGET, MULTICOMPONENT MEDICATION THAT SUPPORTS INFLAMMATION RESOLUTION, HELPS TO ACCELERATE THE HEALING PROCESS, AND PROVIDES SUSTAINED RECOVERY FROM INJURY [1,2 4-6, 9-11]

- The treatment of various inflammatory conditions including injuries, especially of the musculoskeletal system
- The treatment of sprains, strains, fractures, tendovaginitis, bursitis, styloiditis, epicondylitis, periarthritis, arthrosis, post-operative and post-traumatic swelling of soft tissues
- Inflammation of various organs and tissues

PROVEN EFFICACY COMPARABLE TO NSAIDs, CONVENTIONAL THERAPIES, AND SUPERIOR TO PLACEBO [4-6, 13-16, 19, 20]

- As effective as diclofenac in reducing pain, swelling and for improving function and mobility in patients with acute ankle sprain[4]
- As effective as NSAIDs for rapid and sustained pain relief in patients with acute injuries [4-6]
- As effective as NSAIDs for improving mobility in patients with acute injuries [4-6]

A VERY GOOD SAFETY PROFILE [5,6, 13-16]

- Can be used in a wide range of patients, over prolonged periods of time without gastrointestinal bleeding, cardiovascular or renal side effects[14-16, 22]
- Reported adverse effects are very rare with Traumeel®[14-16, 21]
- It has no known interactions with other medications including anticoagulants,[21] unlike diclofenac which has anti-platelet activity [23]

RECOGNIZED INTERNATIONALLY

- Traumeel® is on the approved drugs list of the National Anti-Doping Agency (NADA), Germany [25]
- Traumeel® is not listed on the WADA (World Anti-Doping Agency) list of banned products [26]
- Sporting institutions in Italy and Spain acknowledge Traumeel's efficacy and safety in their respective consensus guidelines [27, 28]

Traumeel®

Tablets

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years	1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2–5 years	1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children below 2 years	1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

Drops

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	10 drops every 1/2-1 hour, Up to 12x daily	10 drops 3x daily
Children 6-11 years	7 drops every 1/2-1 hour Up to 12x daily	7 drops 3x daily
Children 2–5 years	5 drops every 1/2-1 hour, Up to 12x daily	5 drops 3x daily
Children below 2 years	3 drops every 1/2-1 hour, Up to 12x daily	3 drops 3x daily

Injection solution

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years	2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2–5 years	1/2 ampoule daily	1/2 ampoule 1-3x weekly

Ointment Gel

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	Apply 2 to 4x daily	Apply 2 to 4x daily
Children 6-11 years	Apply 2 to 4x daily	Apply 2 to 4x daily

Traumeel®

Biological action

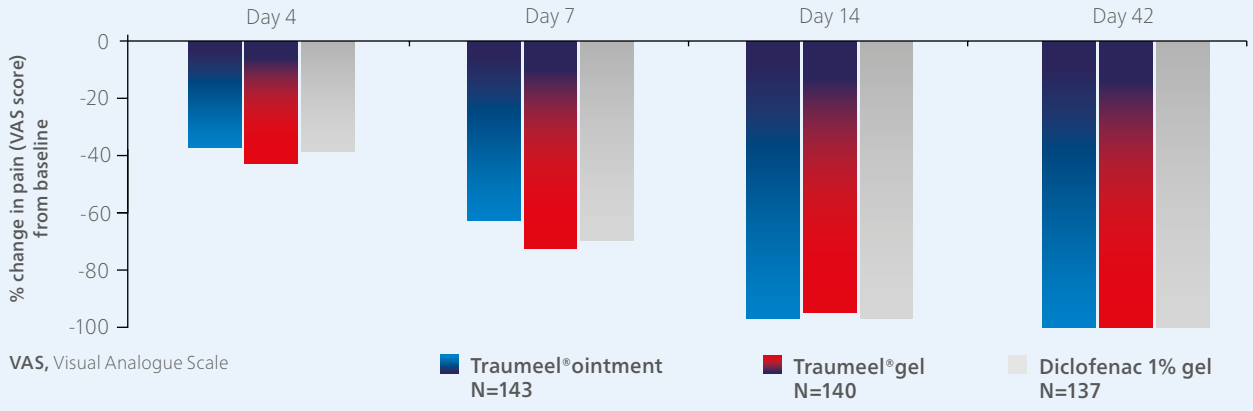
- The unique clinical properties of Traumeel®, its efficacy, effectiveness, and safety have been demonstrated in numerous clinical trials and observational studies.[4-6, 13-16]
- Recent studies into the biological action of Traumeel® demonstrate a potential mechanism of action that differs from conventional NSAIDs.[1, 2]
    - Multitarget medications provide a better solution for complex processes like inflammation resolution[2]
    - Traumeel® is a combination of 14 natural ingredients designed to have multiple targets. Therefore, its mechanism of action is much broader compared to single molecule drugs[1]
    - Traumeel® does not directly act on cyclooxygenase or prostaglandins, thereby minimizing GI and cardiovascular side effects [22]
    - It inhibits pro-inflammatory cytokines; IL-1β, IL-8 and TNF-α,[3] and stimulates anti-inflammatory cytokines, eg, TGF-β[30]
    - Traumeel improves resolution of inflammation by promoting specialized pro-resolving mediators (SPMs) formation in vitro and in vivo [33]
- The use of NSAIDs may delay the natural healing process (as the inflammation supressed by NSAIDs is a necessary component of tissue recovery),[17, 18] while Traumeel® may reduce exercise-induced muscle damage and exert a protective effect on muscle integrity [9, 10] and in vitro shows no myotoxic effects.[24]

Traumeel®

Clinical Evidence

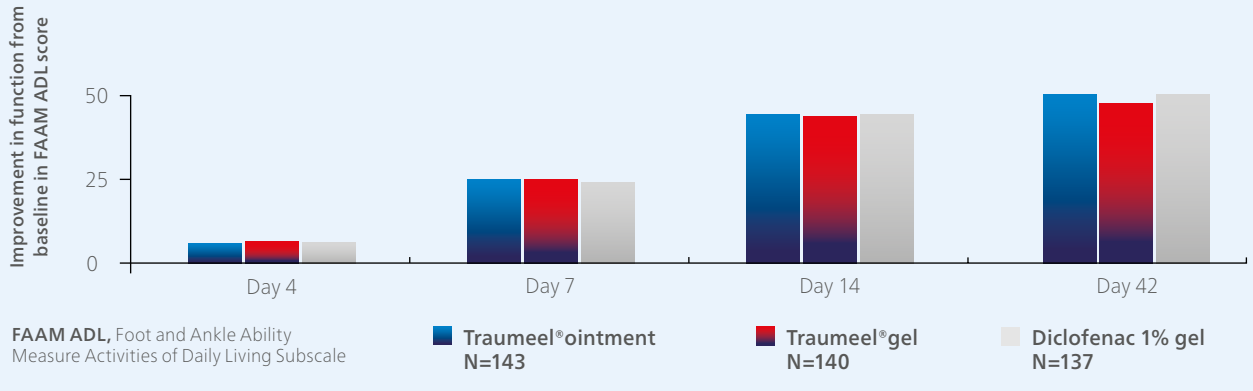
— Traumeel®(ointment and gel) is as effective as diclofenac for the treatment of pain, reduction in swelling and restoration of function for individuals with ankle sprain.
— Traumeel® reduces pain as effectively as diclofenac at all time points.

Traumeel® reduces pain as effectively as diclofenac at all time points[4]



— A reduction in ankle pain was seen as early as day 4, continued throughout the 14-day treatment period, was negligible by day 14, and had resolved at 6 weeks.
— Traumeel® enables patients to return to normal activities as effectively as diclofenac.

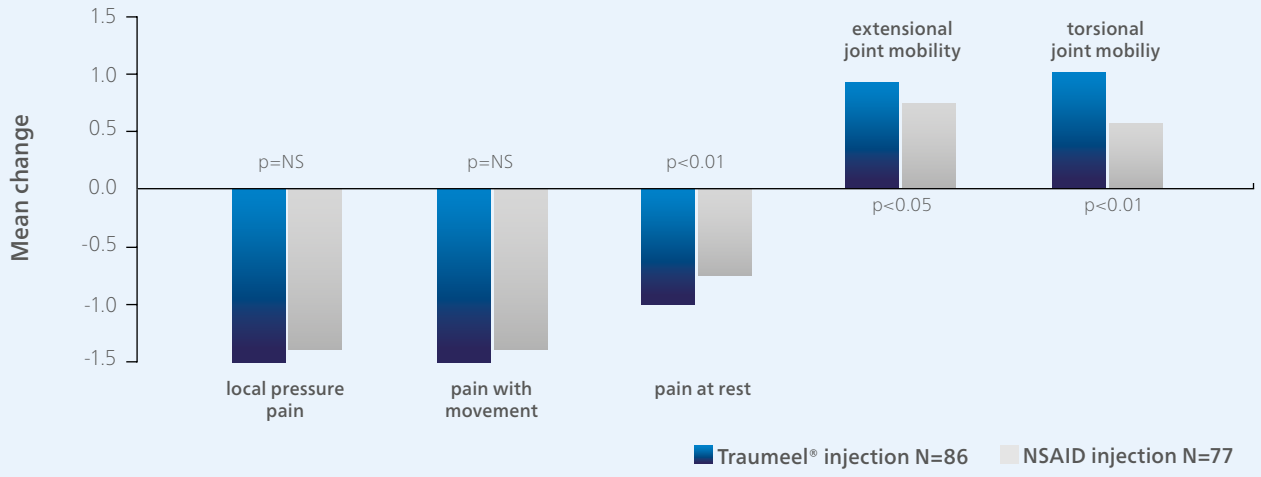
Traumeel® enables patients to return to normal activities as effectively as diclofenac[4]



— Patients receiving Traumeel® benefit from an improvement in function as early as day 4, continue to improve during the 14-day treatment period, and are functioning as usual by 6 weeks.[4]

Traumeel®

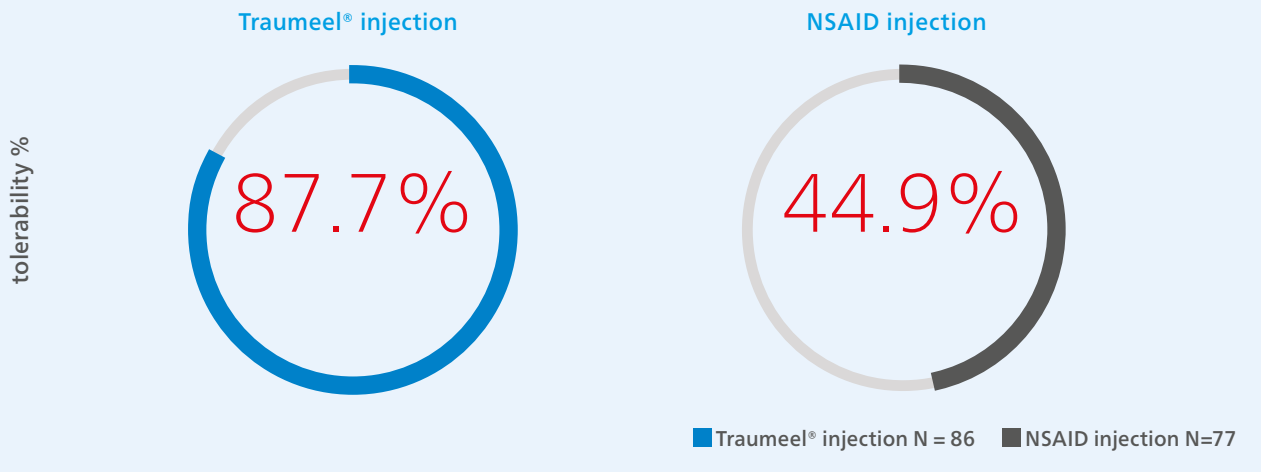
TRAUMEEL® INJECTION IMPROVES PAIN AND MOBILITY IN ACUTE AND/OR CHRONIC OVERUSE EPICONDYLITIS ('TENNIS ELBOW') WITH SIGNIFICANTLY BETTER OUTCOMES AFTER WEEK TWO[5]



— In the non-randomized, observational study of Traumeel® injection in epicondylitis, 71% of patients (61/76) rated Traumeel® as 'good' or 'very good' compared with 44% of patients (34/77) receiving NSAIDs.[5]

— Traumeel® was found to be a well tolerated alternative to NSAIDs for providing symptomatic relief in the early treatment of epicondylitis.[5]

— In patients diagnosed with epicondylitis, 88% receiving Traumeel® injection reported 'very good' tolerability compared with 45% in the NSAID group. No adverse events were reported in the Traumeel® group.[5]

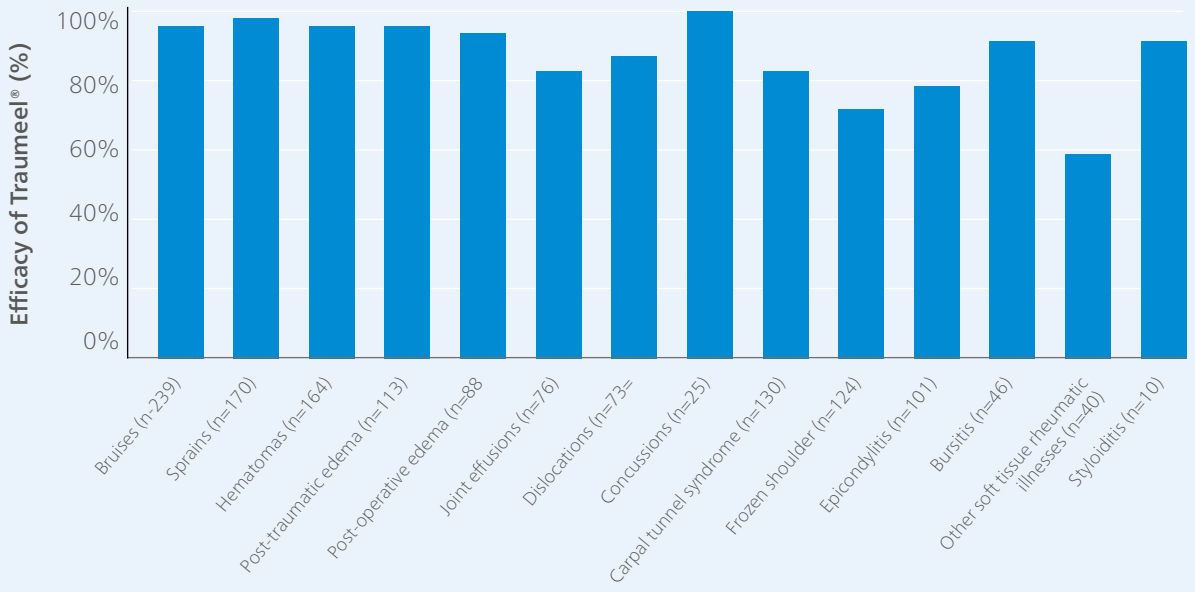


Traumeel®

TRAUMEEL® ORAL TREATMENT SHOWS GOOD EFFICACY IN A VARIETY OF ACUTE AND CHRONIC MUSCULOSKELETAL DISORDERS[14]

'Good' to 'very good' efficacy of Traumeel® in %* (n=1,359)

* as rated by physicians



— **83%** (1128/1359) of patients rated oral Traumeel® as 'good' or 'very good' for treating traumatic, inflammatory and degenerative conditions, with no adverse events reported.

— No adverse events were reported in **1,359** patients with inflammatory and degenerative conditions treated with either Traumeel® tablets or drops.

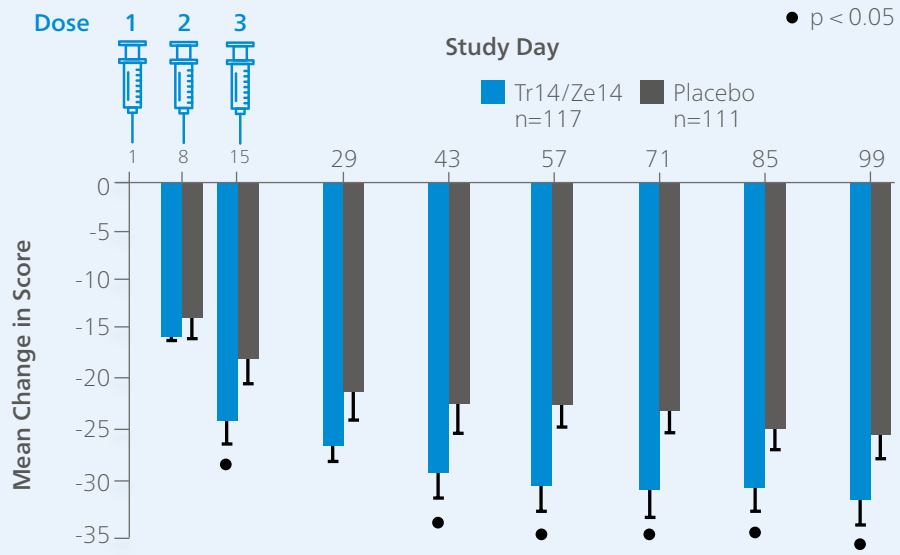
" The treatment results presented here confirm that both of the orally administrated forms of Traumeel® S are suitable for treating acute post traumatic conditions, inflammatory and inflammation related symptoms and degenerative joint diseases.[14]"

Traumeel®

Efficacy

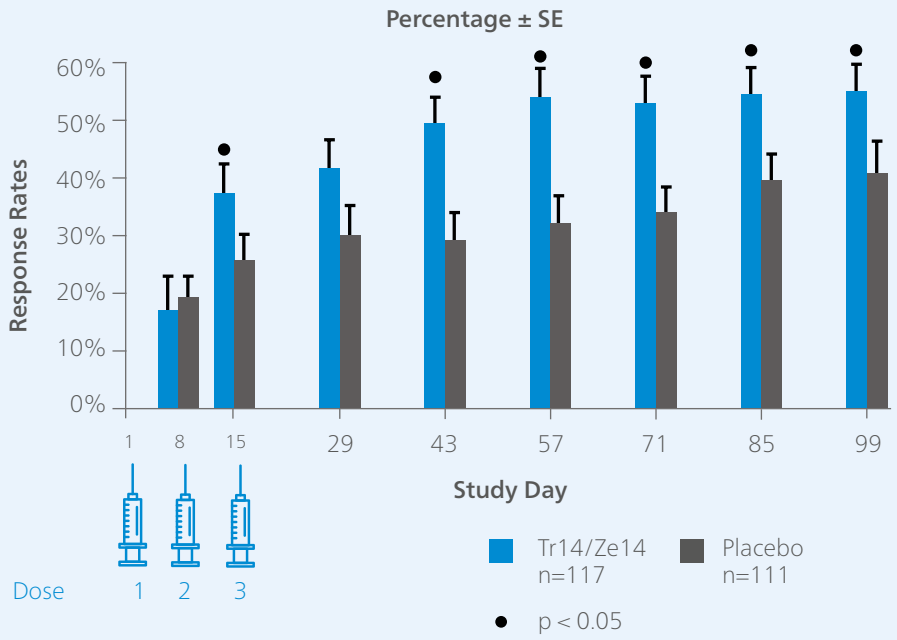
Mean Change in Pain from Baseline

Mean (± SE) changes from baseline in WOMAC A (Knee Pain Subscale)



Significantly more patients achieve clinically meaningful reduction in pain with Traumeel®/Zeel® T*

Percentage of subjects achieving decrease in WOMAC Pain subscale score of ≥ 32.6mm from baseline[13]



Intra-articular co-administration of Traumeel and Zeel T in patients with osteoarthritis of the knee is safe and well tolerated.[32]

Traumeel®

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Zeel®

SUPPORTIVE HEALING OF ACHING DEGENERATIVE JOINTS

— Arthritic degeneration
— Arthritic stiffness
— Arthritic pain

Tablets

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years	1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2–5 years	1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children 0–2 years	1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

Injection solution

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years	2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2–5 years	1/2 ampoule daily	1/2 ampoule 1-3x weekly

Ointment

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	Apply 2 to 4x daily	Apply 2 to 4x daily
Children 6-11 years	Apply 2 to 4x daily	Apply 2 to 4x daily

Zeel®

Scientific Evidence

— Zeel T demonstrates chondroprotective properties and stimulates chondrogenesis in human chondrocytes, thus reducing characteristics of OA.[4]

— Zeel T supports cartilage by stimulating extracellular matrix production and may inhibit its degradation.[4]

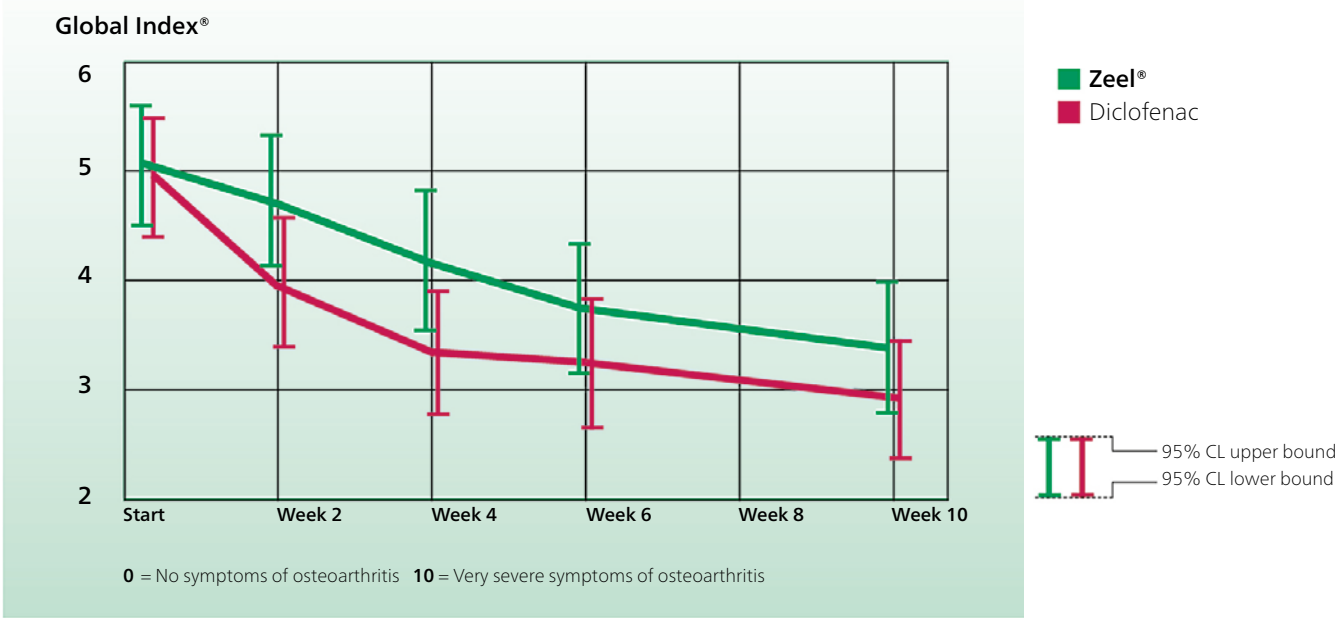
— The MOZArT study, a large randomized controlled trial, demonstrated that Traumeel® and Zeel® T co-administered intra-articular injections are significantly superior to placebo in reducing knee pain in subjects with moderate-to-severe pain associated with knee osteoarthritis.[5]

INDICATION

Rx: Arthrosis/osteoarthritis, in particular knee arthrosis, polyarthrosis, spondylarthrosis, rotator cuff syndrome. Rheumatic joint diseases.

OTC: For the supportive treatment of rheumatic joint conditions, in particular associated with pain, swelling or stiffness.

WOMAC Osteoarthritis Index (Global Mean Values)



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Spascupreel®

RELIEVES MUSCULAR SPASMS INCLUDING THOSE AFTER INJURY

— Spasms of the smooth musculature of the gastrointestinal and the urogenital tract.

— Relief of cramps and spasms, e.g. due to abdominal or menstrual complaints.

Tablets

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years	1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2–5 years	1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children 0–2 years	1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

Injection solution

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years	2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2–5 years	1/2 ampoule daily	1/2 ampoule 1-3x weekly

Discus compositum

COMPREHENSIVE SUPPORT FOR REPAIR OF DISC DISORDERS

— Articular and intervertebral disc disorders with and without radicular symptoms.

— Osteochrondrosis (e.g. Scheuermann's Disease), chronic joint disorders such as arthritis and arthrosis, and neuralgic pain related to the vertebral column.

Injection solution	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years	2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2–5 years	1/2 ampoule daily	1/2 ampoule 1-3x weekly

Neuralgo-Rheum-Injeel®

HELPS RELIEVE ALL TYPES OF NERVE PAIN

— Treatment of all types of neuralgic pain, of soft tissue rheumatism and symptoms of intervertebral disc hernia.

Injection solution

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years	2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2–5 years	1/2 ampoule daily	1/2 ampoule 1-3x weekly

Colocynthis-Homaccord®

HELPS RELIEVE NERVE PAIN IN THE LUMBAR REGION

— Symptomatic treatment of neuralgia originating primarily from the lumbar region

— Supportive treatment for nerve pains, especially in the region of the sciatic nerve

— Osteochondrosis, especially of the lumbar vertebrae.

Drops

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	10 drops every 1/2-1 hour, Up to 12x daily	10 drops 3x daily
Children 6-11 years	7 drops every 1/2-1 hour Up to 12x daily	7 drops 3x daily
Children 2–5 years	5 drops every 1/2-1 hour, Up to 12x daily	5 drops 3x daily
Children 0–2 years	3 drops every 1/2-1 hour, Up to 12x daily	3 drops 3x daily

Injection solution

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years	2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2–5 years	1/2 ampoule daily	1/2 ampoule 1-3x weekly

Lymphomyosot®

SUPPORT OF THE LYMPHATIC FLOW FOR A FASTER RECOVERY

— Lymphatic disorders
— Recurrent infections
— Drainage and Detoxification

Tablets

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years	1 tablet every 1-2 hours, Up to 8 x daily	1 tablet 2x daily
Children 2 – 5 years	1 tablet every 1-2 hours, Up to 6 x daily	1 tablet 1-2x daily
Children below 2 years	1 tablet every 1-2 hours, Up to 4 x daily	1 tablet 1x daily

Drops

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	10 drops every 1/2-1 hour, Up to 12x daily	10 drops 3x daily
Children 6-11 years	7 drops every 1/2-1 hour Up to 12x daily	7 drops 3x daily
Children 2 – 5 years	5 drops every 1/2-1 hour, Up to 12x daily	5 drops 3x daily
Children below 2 years	3 drops every 1/2-1 hour, Up to 12x daily	3 drops 3x daily

Injection solution

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years	2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2 – 5 years	1/2 ampoule daily	1/2 ampoule 1-3x weekly

Product information in alphabetical order

Colocynthis-Homaccord®

Colocynthis-Homaccord
Summary of Product Characteristics

Drops • Solution for injection
Compositions: ***Drops:*** 100 g containing: Active ingredients: Citrullus colocynthis D10 0,8 g; Citrullus colocynthis D 30 0,8 g; Citrullus colocynthis D200 0,8 g; Pseudognaphalium obtusifolium D10 0,2 g; Pseudognaphalium obtusifolium D30 0,2 g; Pseudognaphalium obtusifolium D200 0,2 g; Citrullus colocynthis D2 0,8 g; Pseudognaphalium obtusifolium D1 0,2 g; Excipients: Ethanol (96 per cent) 28,3 g; Water, purified 67,7 g. ***Solution for injection:*** 1 ampoule of 1,1 ml (=1,1 g) contains: Active ingredients: Citrullus colocynthis D4 8,8 mg; Citrullus colocynthis D10 8,8 mg; Citrullus colocynthis D30 8,8 mg;Citrullus colocynthis D200 8,8 mg; Pseudognaphalium obtusifoliumD3 2,2 mg; Pseudognaphalium obtusifolium D10 2,2 mg; Pseudognaphalium obtusifolium D30 2,2 mg; Pseudognaphalium obtusifolium D200 2,2 mg; Excipients: Sodium chloride 10,2 mg; Water for injections 1.056,0 mg.
Indications: ***Drops, solution for injection:*** Symptomatic relief of nerve pains, especially in the lower back, and radiating to the legs; osteochondrosis, especially of the lumbar vertebrae.
Contraindications: ***Drops, solution for injection:*** Known allergy (hypersensitivity) to one or more of the ingredients.
Special warnings and special precautions for use: ***Drops:*** This medicinal product contains 35 vol.-% ethanol (alcohol). ***Solution for injection:*** This medicinal product contains 0.2 mg of alcohol (ethanol) in each ampoule (0.02% w/w). This medicinal product contains less than 1 mmol sodium (23 mg) per dose, i.e. essentially 'sodium-free'.
Side effects: ***Drops, solution for injection:*** Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them.
Interactions with other medication: ***Drops, solution for injection:*** No interactions have been reported, and none are expected due to the homeopathic dilutions.
Pregnancy and lactation: ***Drops, solution for injection:*** Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and breastfeeding.
Effects on ability to drive and use machines: ***Drops, solution for injection:*** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.
Dosage: ***Drops:*** ***Standard dosage:*** Adults (and children 12 yrs. and older): 10 drops 3x daily. Pediatric: Below 12 yrs.: There is no relevant use of Colocynthis-Homaccord, Oral drops in children below 12 years in the indications specified. ***Acute or Initial Dosage:*** Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 12 yrs.: There is no relevant use of Colocynthis-Homaccord, Oral drops in children below 12 years in the indications specified. ***Method of administration:*** This medicine should be taken away from meals. For children, add drops to a small amount of water. ***Solution for injection:*** ***Standard dosage:*** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: Below 12 yrs.: There is no relevant use of Colocythis-Homaccord, Solution for injection in children below 12 years in the indications specified. ***Acute or Initial Dosage:*** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: Below 12 yrs.: There is no relevant use of Colocynthis-Homaccord, Solution for injection in children below 12 years in the indication specified. ***Method of administration:*** Colocynthis-Homaccord, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.
Overdose: ***Drops, solution for injection:*** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.If you have exceeded the recommended dosage you should consult a doctor or a healthcare professional.
Package sizes: ***Drops:*** Drop bottles containing 30 and 100 ml. (9735)
Solution for injection: Packs containing 10, 50 and 100 ampoules of 1,1 ml. (8575)

Discus compositum

Discus compositum
Summary of Product Characteristics

Solution for injection
Compositions: ***Solution for injection:*** 1 ampoule of 2,2 ml (= 2,2 g) contains: Active ingredients: Citrullus colocynthis D4 8,8 mg; Citrullus colocynthis D10 8,8 mg; Citrullus colocynthis D30 8,8 mg;Citrullus colocynthis D200 8,8 mg; Pseudognaphalium obtusifoliumD3 2,2 mg; Pseudognaphalium obtusifolium D10 2,2 mg; Pseudognaphalium obtusifolium D30 2,2 mg; Pseudognaphalium obtusifolium D200 2,2 mg; Excipients: Sodium chloride 10,2 mg; Water for injections 1.056,0 mg.
Indications: Articular and intervertebral disc disorders with and without radicular symptoms. Osteochrondrosis (e.g. Scheuermann's Disease), chronic joint disorders such as arthritis and arthrosis, and neuralgic pain related to the vertebral column.
Contraindications: Known allergy (hypersensitivity) to one or more of the ingredients.
Special warnings and special precautions for use: The small amount of alcohol in this medicine will not have any noticeable effects. This medicine contains less than 1 mmol sodium (23 mg) per dose, i.e. essentially 'sodium-free'.
Side effects: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them.
Interactions with other medication: No interactions have been reported, and none are expected due to the homeopathic dilutions.
Pregnancy and lactation: Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and breastfeeding.
Effects on ability to drive and use machines: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.
Dosage: ***Standard dosage:*** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: 2/3 of an ampoule 1 to 3x weekly. ***Method of administration:*** Discus comp.-Heel, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route:
Overdose: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.
Package sizes: Packs containing 5, 10, 50 and 100 ampoules of 2,2 ml. (52253)

Lymphomyosot®

Lymphomyosot®
Summary of Product Characteristics

Tablets • Drops • Injection solution

Compositions: *Tablets*: 1 tablet = 301.5 mg containing: Active ingredients: Araneus diadematus D6 15.0 mg, Calcium phosphoricum D12 15.0 mg, Equisetum hiemale D4 15.0 mg, Ferrum iodatum D12 30.0 mg, Fumaria officinalis D4 15.0 mg, Gentiana lutea D5 15.0 mg, Geranium robertianum D4 30.0 mg, Juglans regia ssp. regia D3 15.0 mg, Levothyroxinum D12 15.0 mg, Myosotis arvensis D3 15.0 mg, Nasturtium officinale D4 30.0 mg, Natrium sulfuricum D4 15.0 mg, Pinus sylvestris D4 15.0 mg, Scrophularia nodosa D3 15.0 mg, Smilax D6 15.0 mg, Teucrium scorodonia D3 15.0 mg, Veronica officinalis D3 15.0 mg. Excipients: Magnesium stearate 1,5 mg. Contains lactose! ***Drops:*** 100 g containing: Active ingredients: Araneus diadematus D6 5.0 g, Calcium phosphoricum D12 5.0 g, Equisetum hiemale D4 5.0 g, Ferrum iodatum D12 10.0 g, Fumaria officinalis D4 5.0 g, Gentiana lutea D5 5.0 g, Geranium robertianum D4 10.0 g, Juglans regia ssp. regia D3 5,0 g, Levothyroxinum D12 5.0 g, Myosotis arvensis D3 5.0 g, Nasturtium officinale D4 10.0 g, Natrium sulfuricum D4 5.0 g, Pinus sylvestris D4 5.0 g, Scrophularia nodosa D3 5.0 g, Smilax D6 5.0 g, Teucrium scorodonia D3 5.0 g, Veronica officinalis D3 5.0 g, Excipients: Contains 35 vol.-% alcohol. ***Injection solution:*** 1.1 g containing: Active ingredients: Araneus diadematus D6 0.55 mg, Calcium phosphoricum D12 0.55 mg, Equisetum hiemale D4 0.55 mg, Ferrum iodatum D12 1.10 mg, Fumaria officinalis D4 0.55 mg, Gentiana lutea D5 0.55 mg, Geranium robertianum D4 1.10 mg, Juglans regia ssp. regia D3 0.55 mg, Levothyroxinum D12 0.55 mg, Myosotis arvensis D3 0.55 mg, Nasturtium officinale D4 1.10 mg, Natrium sulfuricum D4 0.55 mg, Pinus sylvestris D4 0.55 mg, Scrophularia nodosa D3 0.55 mg, Smilax D6 0.55 mg, Teucrium scorodonia D3 0.55 mg, Veronica officinalis D3 0.55 mg. Excipients: Sodium chloride 10.3 mg, water for injections 1089 mg.

Indications: ***Tablets, Drops, injection solution:*** Improvement of lymphatic drainage, the non-specific immune defense, and conditions such as benign hypertrophy of lymph nodes, chronic tonsillitis, tonsillar hypertrophy and lymphatic edema.

Contraindications: ***Tablets, Drops, injection solution:*** Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: ***Tablets:*** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. ***Drops:*** This medicinal product contains 35 vol.-% ethanol (alcohol). ***Injection solution:*** None.

Side effects: ***Tablets:*** Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. ***Drops, injection solution:*** Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. In isolated cases transient allergic skin reactions have been reported.

Interactions with other medication: ***Tablets, injection solution:*** No interactions have been reported, and none are expected due to the homeopathic dilutions. ***Drops: This medicine has no or negligible influence on the ability to drive and use machines.***

Pregnancy and lactation: ***Tablets, Drops, injection solution:*** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: ***Tablets, injection solution:*** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions. ***Drops: This medicine has no or negligible influence on the ability to drive and use machines.***

Dosage: ***Tablets:*** ***Standard dosage***: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. ***Method of administration:*** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. ***Drops:*** ***Standard dosage:*** Adults (and children 12 yrs. and older): 10 drops 3x daily. Pediatric: Below 2 yrs.: 3 drops 3x daily. 2–5 yrs.: 5 drops 3x daily. 6–11 yrs.: 7 drops 3x daily. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 3 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 2–5 yrs.: 5 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 6–11 yrs.: 7 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. ***Method of administration:*** This medicine should be taken away from meals. For children, add drops to a small amount of water. ***Injection solution:*** ***Standard dosage:*** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage. ***Method of administration:*** Lymphomyosot, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

Overdose: ***Tablets, Drops, injection solution:*** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: ***Tablets (9832):*** Packs containing 50, 100 and 250 tablets.
Drops (9780): Drop bottles containing 30 ml and 100 ml.
Injection solution (8553): Packs containing 5, 10, 50 and 100 ampoules of 1.1 ml each.

Neuralgo-Rheum-Injeel®

Neuralgo-Rheum-Injeel®
Summary of Product Characteristics

Solution for injection
Compositions: ***Solution for injection:*** 1 ampoule = 1.1 g containing: Active ingredients: Causticum Hahnemanni D10 1.1 mg, Causticum Hahnemanni D30 1.1 mg, Causticum Hahnemanni D200 1.1 mg, Citrullus colocynthis D10 1.1 mg, Citrullus colocynthis D30 1.1 mg, Colchicum autumnale D10 1.1 mg, Colchicum autumnale D30 1.1 mg, Colchicum autumnale D200 1.1 mg, Ferrum metallicum D10 1.1 mg, Ferrum metallicum D30 1.1 mg, Filipendula ulmaria D10 1.1 mg, Filipendula ulmaria D30 1.1 mg, Pseudognaphalium obtusifolium D6 3.3 mg, Pseudognaphalium obtusifolium D10 3.3 mg, Pseudognaphalium obtusifolium D30 3.3 mg, Lithium benzoicum D10 1.1 mg, Lithium benzoicum D30 1.1 mg, Rhus toxicodendron D10 1.1 mg, Rhus toxicodendron D30 1.1 mg. Excipients: Sodium chloride 10.3 mg, water for injections 1.072.5 mg.
Indications: Treatment of all types of neuralgic pain, of soft tissue rheumatism and symptoms of intervertebral disc hernia.
Contraindications: Known allergy (hypersensitivity) to one or more of the ingredients.
Special warnings and special precautions for use: The small amount of alcohol in this medicine will not have any noticeable effects. This medicine contains less than 1 mmol sodium (23 mg) per dose, i.e. essentially 'sodium-free'.
Side effects: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. Frequency not known: eruption of the skin or mucous membranes (lichenoid drug reaction)
Interactions with other medication: No interactions have been reported, and none are expected due to the homeopathic dilutions.
Pregnancy and lactation: Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and breastfeeding.
Effects to ability to drive and use machines: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.
Dosage: ***Standard dosage:*** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: 2/3 of an ampoule 1 to 3x weekly. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: 2/3 of an ampoule daily, and then continue with standard dosage. ***Method of administration:*** Neuralgo-Rheum-Injeel, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.
Overdose: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.
Package sizes: Packs containing 5, 10, 50 and 100 ampoules of 2,2 ml. (8555)

Spascupreel®

Spascupreel®
Summary of Product Characteristics

Tablets • Injection solution • Suppositories
Compositions: ***Tablets:*** 1 tablet = 301.5 mg containing: Active ingredients: Aconitum napellus D6 60 mg, Amanita muscaria D4 15 mg, Ammonium bromatum Trit. D4 30 mg, Atropinum sulfuricum D6 30 mg, Citrullus colocynthis D4 30 mg, Cuprum sulfuricum D6 15 mg, Gelsemium sempervirens D6 30 mg, Magnesium phosphoricum D6 30 mg, Matricaria recutita D3 15 mg, Passiflora incarnata D2 15 mg, Veratrum album D6 30 mg; Excipients: Magnesium stearate 1.5 mg; contains lactose. ***Injection solution:*** 1 ampoule (1.1 g) contains: Active ingredients: Aconitum napellus D6 2.20 mg, Amanita muscaria D4 0.55 mg, Ammonium bromatum D4 1.10 mg, Atropinum sulfuricum D6 1.10 mg, Citrullus colocynthis D4 1.10 mg, Cuprum sulfuricum D6 0.55 mg, Gelsemium sempervirens D6 1.10 mg, Magnesium phosphoricum D6 1.10 mg, Matricaria recutita D3 0.55 mg, Passiflora incarnata D2 0.55 mg, Veratrum album D6 1.10 mg; Excipients: Sodium chloride 10.4 mg, water for injections 1089.0 mg. ***Suppositories:*** 1 suppository = 2.0 g containing: Active ingredients: Aconitum napellus D5 2.20 mg, Amanita muscaria D3 0.55 mg, Ammonium bromatum D3 1.10 mg. Atropinum sulfuricum D5 1.10 mg, Citrullus colocynthis D3 1.10 mg, Cuprum sulfuricum D5 0.55 mg, Gelsemium sempervirens D5 1.10 mg, Magnesium phosphoricum D6 1.10 mg, Matricaria recutita D2 0.55 mg, Passiflora incarnata D1 0.55 mg, Veratrum album D5 1.10 mg; Excipients: Hard fat 1989.0 mg. Indications: Tablets, Injection solution, Suppositories: Spasms of the smooth musculature of the gastrointestinal and the urogenital tract.
Contraindications: ***Tablets, Injection solution, Suppositories:*** Known allergy (hypersensitivity) to one or more of the ingredients.
Special warnings and special precautions for use: ***Tablets:*** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. ***Injection solution, Suppositories:*** None.
Side effects: ***Tablets:*** Like all medicinal products, homeopathic medicines may cause side effects. In isolated cases transient allergies (e.g. urticaria, pruritus) as well as nausea have been reported. The frequency of these effects is not known. ***Injection solution, Suppositories:*** Like all medicinal products, homeopathic medicines can cause side effects in isolated cases, such as transient allergic reactions. The frequency of these effects is not known.
Interactions with other medication: ***Tablets, Injection solution, Suppositories:*** No interactions have been reported, and none are expected due to the homeopathic dilutions.
Pregnancy and lactation: ***Tablets, Injection solution, Suppositories:*** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.
Effects on ability to drive and use machines: ***Tablets, Injection solution, Suppositories:*** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.
Dosage: ***Tablets:*** ***Standard dosage:*** Adults (and children 12 yrs. and older): 1 tablet 3x daily. Below 2 yrs.:1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. Acute or initial dosage: Adults (and children 12 yrs. and older): 1 tablet every ½ to1 hr., up to 12x daily, and then continue with standard dosage. Below 2 yrs.:1 tablet every 1 to 2 hrs. up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs. up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs. up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals.
Injection solution: ***Standard dosage:*** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly.
2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage. Method of administration: Spascupreel, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.
Suppositories: Standard dosage: Adults (and children 12 yrs. and older): 1 suppository 3x daily. 6–11 yrs.: 1 suppository 2x daily. Acute or initial dosage: Adults (and children 12 yrs. and older): 1 suppository every 2 hrs. up to 6x daily, and then continue with standard dosage. 6–11 yrs.:1 suppository every 2 hrs. up to 4x daily, and then continue with standard dosage. Method of administration: Insert suppository into the rectum.
Overdose: ***Tablets, Injection solution, Suppositories:*** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.
Package sizes: ***Tablets (9749):*** Packs containing 50 and 250 tablets.
Injection solution (8558): packs containing 10 and 100 ampoules of 1.1ml each.
Suppositories (9573): packs containing 12 and 60 suppositories of 2.0 g

Traumeel®

Traumeel®
Summary of Product Characteristics

Tablets • Solution for Injection • Ointment • Gel • Drops
Compositions: ***Tablets:*** 1 tablet containing: Active ingredients: Achillea millefolium D3 15.0 mg; Aconitum napellus D3 30.0 mg; Atropa belladonna D4 75.0 mg; Hepar sulfuris D8 30.0 mg; Matricaria recutita D3 24.0 mg; Mercurius solubilis Hahnemanni D8 30.0 mg; Symphytum officinale D8 24.0 mg; Bellis perennis D2 6.0 mg; Calendula officinalis D2 15.0 mg; Echinacea D2 6.0 mg; Echinacea purpurea D2 6.0 mg; Hamamelis virginiana D2 15.0 mg; Hypericum perforatum D2 3.0 mg; Arnica montana D2 15.0 mg. Excipients: Lactose monohydrate 6.0 mg; Magnesium stearate 1.5 mg. Contains lactose! Please see package insert! ***Solution for Injection***: 1 ampoule of 2.2 ml (= 2.2 g) contains: Active ingredients: Achillea millefolium D3 2.20 mg; Matricaria recutita D3 2.20 mg; Symphytum officinale D6 2.20 mg; Aconitum napellus D2 1.32 mg; Atropa belladonna D2 2.20 mg; Bellis perennis D2 1.10 mg; Calendula officinalis D2 2.20 mg; Echinacea D2 0.55 mg; Echinacea purpurea D2 0.55 mg; Hypericum perforatum D2 0.66 mg; Hepar sulfuris D6 2.20 mg; Mercurius solubilis Hahnemanni D6 1.10 mg; Hamamelis virginiana D1 0.22 mg; Arnica montana D2 2.20 mg. Excipients: Sodium chloride 19.4 mg, Water for injections 2179.1 mg. ***Ointment:*** 100 g containing: Active ingredients: Achillea millefolium D4 0.090 g; Aconitum napellus D4 0.050 g; Arnica montana D4 1.500 g; Atropa belladonna D4 0.050 g; Bellis perennis D4 0.100 g; Calendula officinalis D4 0.450 g; Echinacea D4 0.150 g; Echinacea purpurea D4 0.150 g; Hamamelis virginiana D4 0.450 g; Hepar sulfuris D6 0.025 g; Hypericum perforatum D6 0.090 g; Matricaria recutita D4 0.150 g; Mercurius solubilis Hahnemanni D6 0.040 g; Symphytum officinale D4 0.100 g. Excipients: Paraffin, liquid 9.342 g; Cetostearyl alcohol (type A), emulsifying 8.007 g; Paraffin, white soft 9.342 g; Water, purified 60.579 g; Ethanol (96%) 9.335 g; Preserved with 12.7 vol.-% alcohol. ***Gel:*** 100 g containing: Active ingredients: Achillea millefolium D0 0.090 g; Aconitum napellus D1 0.050 g; Arnica montana D3 1.500 g; Atropa belladonna D1 0.050 g; Bellis perennis D0 0.100 g; Calendula officinalis D0 0.450 g; Echinacea D0 0.150 g; Echinacea purpurea D0 0.150 g; Hamamelis virginiana D0 0.450 g; Hepar sulfuris D6 0.025 g; Hypericum perforatum D6 0.090 g; Matricaria recutita D0 0.150 g; Mercurius solubilis Hahnemanni D6 0.040 g; Symphytum officinale D4 0.100 g. Excipients: Water, purified 74.652 g; Ethanol (96%) 18.653 g; Carbomers (Carbopol 980NF) 1.000 g; Sodium hydroxide solution 18% (m/m) 2.300 g; Contains 24.4 vol.-% alcohol. Purified water, ethanol 96% (V/V), carbomers, sodium hydroxide solution 18% m/m. ***Drops:*** 100 g containing: Active ingredients: Aconitum napellus D3 10.0 g; Atropa belladonna D4 25.0 g; Symphytum officinale D8 8.0 g; Achillea millefolium D3 5.0 g; Calendula officinalis D2 5.0 g; Echinacea D2 2.0 g; Echinacea purpurea D2 2.0 g; Hamamelis virginiana D2 5.0 g; Hypericum perforatum D2 1.0 g; Matricaria recutita D3 8.0 g; Hepar sulfuris D8 10.0 g; Mercurius solubilis Hahnemanni D8 10.0 g; Arnica montana D2 5.0 g; Bellis perennis D2 2.0 g. Excipients: Water, purified 2.0 g; Contains 35 vol.-% alcohol.
Indications: ***Tablets, Solution for Injection, Ointment, Gel, Drops:*** The medicinal product is used for the treatment of various inflammatory conditions including injuries, especially of the musculoskeletal system. Contraindications: Tablets, Solution for Injection, Gel, Drops: Known allergy (hypersensitivity) to one or more of the ingredients, including plants of the daisy family (Asteraceae) such as Arnica montana (arnica), Calendula officinalis (pot marigold), Chamomilla recutita (chamomile), Echinacea (coneflower), Achillea millefolium (yarrow), Bellis perennis (daisy). Ointment: Known allergy (hypersensitivity) to one or more of the ingredients, including plants of the daisy family (Asteraceae) such as Arnica montana (arnica), Calendula officinalis (pot marigold), Chamomilla recutita (chamomile), Echinacea (coneflower), Achillea millefolium (yarrow), Bellis perennis (daisy) and emulsifying cetylstearyl alcohol.
Special warnings and special precautions for use: ***Tablets:*** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. As this product contains Echinacea, individual evaluation is recommended before prescribing this product in patients with immune system dysfunction, e.g. cases of progressive systemic disorders, autoimmune diseases, immunodeficiencies, immunosuppression and diseases of the white blood cell system. Solution for Injection: As this product contains Echinacea, individual evaluation is recommended before prescribing this product in patients with immune system dysfunction, e.g. cases of progressive systemic disorders, autoimmune diseases, immunodeficiencies, immunosuppression and diseases of the white blood cell system. ***Ointment:*** Cetylstearyl alcohol may cause local skin reactions (e.g. contact dermatitis). Avoid contact with eyes, mucosae, open wounds or broken skin. Gel: Avoid contact with eyes, mucosae, open wounds or broken skin. ***Drops:*** This medicinal product contains 35 vol.-% ethanol (alcohol). As this product contains Echinacea, individual evaluation is recommended before prescribing this product in patients with immune system dysfunction, e.g. cases of progressive systemic disorders, autoimmune diseases, immunodeficiencies, immunosuppression and diseases of the white blood cell system.
Side effects: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. Tablets: In isolated cases transient skin reactions have been reported. ***Solution for Injection:*** In isolated cases transient allergic (hypersensitivity) reactions (e.g. skin allergies, redness/swelling at the injection site, even up to anaphylaxis) have been reported. ***Ointment:*** In isolated cases transient skin reactions have been reported. ***Gel:*** In isolated cases transient skin reactions (eg. rash, itchiness) have been reported. ***Drops:*** In isolated cases transient allergic skin reactions have been reported.
Interactions with other medication: ***Tablets:*** None have been reported, and none are expected due to the homeopathic dilutions. ***Solution for Injection, Drops:*** No interactions have been reported, and none are expected due to the homeopathic dilutions. ***Ointment, Gel:*** No interactions have been reported, and none are expected due to the homeopathic dilutions and external use.

Pregnancy and lactation: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicinal product are not known to be harmful during pregnancy and lactation. No adverse effects have so far been reported.
Effects on ability to drive and use machines: ***Tablets, Solution for Injection:*** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions. ***Ointment, Gel:*** Not applicable. ***Drops***: This medicinal product has no or negligible influence on the ability to drive and use machines.
Dosage: ***Tablets:*** Unless otherwise prescribed: ***Standard dosage***: Adults (and children 12 yrs. and older): 1 tablet 3× daily. Pediatric: below 2 yrs.: 1 tablet 1× daily. 2–5 yrs.: 1 tablet 1–2× daily. 6–11 yrs.: 1 tablet 2× daily. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 1 tablet every ½ to1 hr., up to 12× daily, and then continue with standard dosage. Pediatric: below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4× daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6× daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8× daily, and then continue with standard dosage. ***Method of administration:*** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. ***Solution for Injection:*** unless otherwise prescribed: Standard dosage: Adults (and children 12 yrs. and older): 1 ampoule 1 to 3× weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3× weekly. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage. ***Method of administration: Solution for Injection:*** may be administered by the s.c., i.a., i.d., i.m. or i.v. route. ***Ointment, Gel:*** Unless otherwise prescribed: Standard dosage: Adults (and children 12 yrs. and older): apply 2× daily, or more often if needed. Paediatric: below 2 yrs.: apply 2× daily, or more often if needed. 2–5 yrs.: apply 2× daily, or more often if needed. 6–11 yrs.: apply 2× daily, or more often if needed. ***Method of administration:*** for external use only. Apply generously to the affected area. Traumeel® may be applied using mild compression bandaging and/or occlusive bandaging. ***Drops:*** unless otherwise prescribed: ***Standard dosage:*** Adults (and children 12 yrs. and older): 10 drops 3× daily. Pediatric: below 2 yrs.: 3 drops 3× daily. 2–5 yrs.: 5 drops 3× daily. 6–11 yrs.: 7 drops 3× daily. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12× daily, and then continue with standard dosage. Pediatric: below 2 yrs.: 3 drops every ½ to 1 hr., up to 12× daily, and then continue with standard dosage. 2–5 yrs.: 5 drops every ½ to 1 hr., up to 12× daily, and then continue with standard dosage. 6–11 yrs.: 7 drops every ½ to 1 hr., up to 12× daily, and then continue with standard dosage. ***Method of administration:*** This medicine should be taken away from meals. For children, add drops to a small amount of water.
Duration of use: ***Tablets, Solution for Injection, Drops:*** As this product contains Echinacea, individual evaluation is recommended before prescribing this product for periods longer than 8 weeks.
Overdose: ***Tablets, Solution for Injection, Drops:*** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions. Ointment, Gel: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions and external use.
Package sizes: ***Tablets:*** Packs containing 50 and 250 tablets. (9753)
Solution for Injection: Packs containing 5, 10, 50 and 100 ampoules of 2.2 ml. (8561)
Ointment: Tubes containing 50 and 100 g of ointment. (9932).
Gel: Tubes containing 50 and 100 g of gel. (9934)
Drops: Drop bottles containing 30 and 100 ml. (9804).

Zeel®

Zeel T®
Summary of Product Characteristics

Tablets • Solution for injection • Ointment

Compositions: ***Solution for injection:*** 1 ampoule of 2,0 ml (= 2,0 g) contains: Active ingredients: Cartilago suis D6 2,0 mg; Coenzym A D8 2,0 mg ; Embryo totalis suis D6 2,0 mg ; Funiculus umbilicalis suis D6 2,0 mg ; Nadidum D8 2,0 mg; Placenta totalis suis D6 2,0 mg; Sanguinaria canadensis D4 3,0 mg; Solanum dulcamara D3 10,0 mg; Symphytum officinale D6 10,0 mg; Acidum thiocticum D8 2,0 mg; Arnica montana D4 200,0 mg; Natrium diethyloxalaceticum D8 2,0 mg; Rhus toxicodendron D2 10,0 mg; Sulfur D6 3,6 mg; Excipients: Sodium chloride 17,6 mg; Water for injections 1.747,4 mg. ***Tablets:*** 1 tabl. contains : Active ingredients: Cartilago suis D4 0,30 mg ; Coenzym A D6 0,03 mg ; Embryo totalis suis D4 0,30 mg ; Funiculus umbilicalis suis D4 0,30 mg ; Nadidum D6 0,03 mg ; Placenta totalis suis D4 0,30 mg ; Rhus toxicodendron D2 0,54 mg ; Sanguinaria canadensis D3 0,45 mg; Solanum dulcamara D2 0,15 mg; Sulfur D6 0,54 mg; Symphytum officinale D8 0,15 mg; Arnica montana D1 0,60 mg; Acidum silicicum D6 3,00 mg; Acidum thiocticum D6 0,03 mg; Natrium diethyloxalaceticum D6 0,03 mg; Excipients: Lactose monohydrate 296,94 mg; Magnesium stearate 1,50 mg. Contains lactose! Please see package insert! ***Ointment:*** 100 g contain: Active ingredients: Acidum silicicum D6 1,000 g; Acidum thiocticum D6 0,010 g; Arnica montana D2 0,300 g; Cartilago suis D2 0,001 g; Coenzym A D6 0,010 g; Embryo totalis suis D2 0,001 g; Funiculus umbilicalis suis D2 0,001 g; Nadidum D6 0,010 g; Natrium diethyloxalaceticum D6 0,010 g; Placenta totalis suis D2 0,001 g ; Rhus toxicodendron D2 0,270 g ; Sanguinaria canadensis D2 0,225 g; Solanum dulcamara D2 0,075 g; Sulfur D6 0,270 g; Symphytum officinale D8 0,750 g; Excipients: Paraffin, liquid 9,342 g, Cetostearyl alcohol (type A), emulsifying 8,007 g, Paraffin, white soft 9,342 g, Water, purified 60,810 g, Ethanol (96 per cent) 9,565 g. Preserved with 12,8 vol.-% alcohol.

Indications: ***Solution for injection, Tablets, Ointment:*** Prescription: Arthrosis/osteoarthritis, and/or rheumatic joint diseases.
OTC: For the supportive treatment of rheumatic joint conditions, in particular associated with pain, swelling or stiffness.

Contraindications: ***Solution for injection, Tablets, Ointment:*** Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Solution for injection: None. Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product.
Ointment: Cetylstearyl alcohol may cause local skin reactions (e.g. contact dermatitis). Avoid contact with eyes, mucosae, open wounds or broken skin.

Side effects: ***Solution for injection, Tablets:*** Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. In isolated cases transient skin allergies have been reported.
Ointment: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them.

Interactions with other medications: ***Solution for injection, Tablets:*** No interactions have been reported, and none are expected due to the homeopathic dilutions. ***Ointment:*** No interactions have been reported, and none are expected due to the homeopathic dilutions and external use.

Pregnancy and lactation: ***Solution for injection, Tablets, Ointment:*** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects to ability to drive and use machines: ***Solution for injection, Tablets:*** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions. ***Ointment:*** Not applicable.

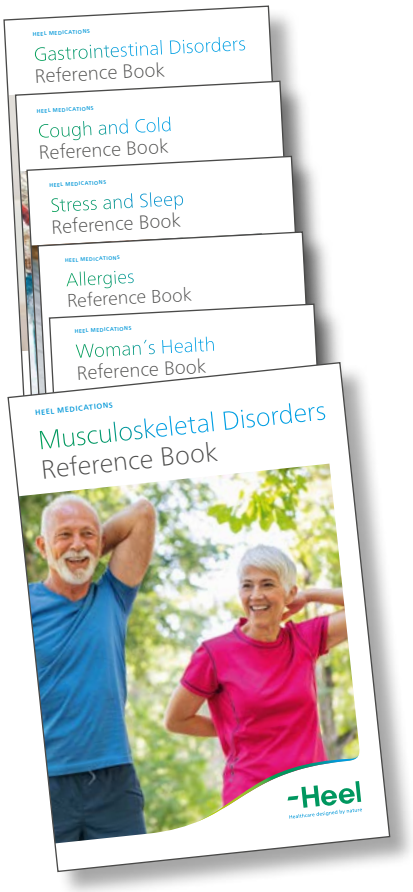
Dosage: ***Solution for injection:*** Unless otherwise prescribed: ***Standard Dosage:*** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. ***Acute or Initial Dosage:*** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage. ***Method of Administration:*** Solution for injection may be administered by the s.c., i.d., i.m., i.a. or i.v. route.
Tablets: Unless otherwise prescribed: Standard Dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily.Pediatric: 6–11 yrs.: 1 tablet 2x daily. Acute or Initial Dosage: Adults (and children 12 yrs. and older): 1 tablet every ½ to1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage.
Method of Administration: Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. ***Ointment:*** Unless otherwise prescribed:
Standard Dosage: Adults (and children 12 yrs. and older): Apply 2 to 4x daily. Pediatric: 6–11 yrs.: Apply 2 to 4x daily.
Method of Administration: For external use only. Apply a thin layer over the affected area.

Overdose: ***Solution for injection:*** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.
Tablets: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.
Ointment: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions and external use.

Package sizes: ***Solution for injection:*** Packs containing 10, 50 and 100 ampoules of 2,0 ml. (8705)
Tablets: Packs containing 50 and 250 tablets. (9757)
Ointment: Tubes containing 50 and 100 g of ointment. (9588)

Overview

1. Gastrointestinal Disorders
2. Cough and Cold
3. Musculoskeletal Disorders
4. Stress and Sleep
5. Allergies
6. Women´s Health



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