

## **ALTA SMIT – NEUROENDOCRINE SYSTEM AND HOMOTOXICOLOGY**

Alta Smit has presented an interesting picture of the neuroendocrine system and homotoxicology during her USA seminar tour. She covers Hypo and Hyperthyroidism, CFS, Insulin Resistance, Polycystic Ovarian Syndrome, Andropause, Menopause and treatment after Cortisone.

Dr Smit points out that it has been shown if there is auto-immunity in one organ there is a high probability of getting auto-immunity in another organ. Therefore, it is the practitioner's responsibility to REGULATE the patient; getting to the root cause of the imbalance/dysregulation in the patient. She stresses this point throughout the lecture; that homotoxicological products regulate on the deepest level if used correctly and consistently.

Terms you need to know: Insulin resistance and definitions/indications of all of the above.

Pertinent info covered:

**Homaccords** – are organ specific or “organotropic” i.e.; they are given to SUPPORT an organ (i.e. Nux Vomica Hom supports stomach and liver) and therefore the Homaccords are meant to be dosed every day – and often for long periods of time – up to 3 months.

**Compositum Products**: These have been developed to REGULATE the systems of the body; with organ extracts (sarcodes), plants, catalysts, minerals and nosodes as components, these remedies are meant to be given 2-3 weekly for 6 weeks; then assess the patient again. The compositas are given less frequently because the patient needs to have time to REACT to the remedy, and because these remedies are regulatory in nature, it takes longer for the body to respond (as compared, for instance, to a product like Traumeel).

PROTOCOLS:

Hyperthyroidism: Glonoin Hom  
Thyroidea Comp Rx  
Galium Heel  
Strumeel Rx

Glonoin is indicated for the “fast pulse in the neck” ... similar in action to a beta blocker in this situation.

## **Contraindications for Hyperthyroidism:**

Lymphomyosot – has thyroid hormone in it

Engystol Rx: (injectable) in thin anxious patients can cause panic attacks (in her clinical experience)

Strumeel Rx: has extract of iodine (calcareo iodata)

## PROTOCOL:

Hypothyroidism: Thyroidea Comp Rx  
Lymphomyosot  
Hormeel  
Molybdan Comp (good to get co-factors up for regulation; kidney, liver, etc)

Regarding the thyroid gland - : Dr Smit points out that regulatory therapy cannot be used if the organ is burnt out with no active cells. In that case, synthetic thyroid medication is required.

\*\*\*Thyroidea Comp Rx also suggested as remedy of choice for damage associated with corticosteroid therapy

## PROTOCOL:

### Insulin Resistance:

Fact: 1 in 4 children in US has abnormal blood sugar (leading to insulin resistance)

Syzgium Comp Rx (supports pancreas with pancreas suis – for non-prescribers, Hepar Comp is an alternative because also contains pancreas suis)

Glyoxal Comp – (Supports the liver; Glyoxal ok to use 1x week because most patients very non-reactive)

Hepar Comp

BHI Circulation Rx

Lymphomyosot (matrix therapy)

Placenta Comp (has pituitary extract in it)

Weight loss is also key – Coenzyme and Graphites helpful for this

## PROTOCOL:

### Polycystic Ovarian Syndrome:

Ovarium Comp (pituitary extract) (2x week for 2-3 cycles)  
Hormeel or BHI Feminine (daily dosage)  
Insulin Resistance treatment as necessary  
Hirsutism (abnormal facial hair): BHI Skin, Cutis Comp

PROTOCOL:

Andropause: (Male Menopause)

Testis Comp (3x weekly) for 4 weeks  
Break for eight weeks  
Repeat if necessary

Add – Ubichinon Comp, Selenium Hom (memory loss), Nux Vomica Hom, Sabal Hom  
(BPH/prostate enlargement)

Testis Comp can also be used in women for low libido; 2 -3x weekly for six weeks

PROTOCOL:

Menopause:

Ovarium Comp (also for Perimenopause) 2-3x weekly for 2-3 cycles then break  
Klimakheel (hot flashes)  
Gynacoheel  
Nervoheel (emotional)  
Ypsiloheel (autonomic nervous system)  
Adrenal resus (boost adrenal gland with Tonsilla Comp)

Dr Smit said supplementing with hormones only necessary for severe osteoporosis; with  
HRT breast cancer rates increase as do risk of heart attack and stroke

PROTOCOL:

Treatment after Cortisone

Cortisone is “catabolic” – can be extremely damaging to tissue even after one injection as  
illustrated with photo in the seminar

Thyroidea Comp Rx ( this mobilizes the matrix)  
Lymphomyosot (this drains the matrix)  
Placenta Comp

THALAMUS COMP Rx: This product is more effective if injected; it has been proven  
that if Viscum Comp (which is present in this product) is given for immunomodulating  
effects, it should be injected because it is not effective if given orally. The action of  
Viscum Comp is evidently suppressed if given orally.

Thalamus Comp Rx contains adrenal gland extract (pineal gland suis).

Dr Smit prefers to use Thyroidea Comp Rx as a remedy to stimulate the matrix for six weeks prior to introducing Lymphomyosot; she recommends this in general as a detox regime with patients on the right side of the biological cut on the six phase chart. Thyroidea mobilizes the communication ability of the matrix and gets it out of the rigid, T2 phase of non-reactivity many chronic patients are stuck in, and it also prepares the liver for deeper detoxification. She uses Thyroidea for six weeks, THEN introduces Lymphomyosot for at least three weeks. She also recommends combining Thyroidea with Nux Vomica and Berberis in this format.

Dr Smit refers to Th1 and Th2 as regulation phenomena. Basically what you need to understand from this is that Th1 and Th2 fluctuate in the body and that homotoxicology helps normalize and harmonize Th1 and Th2 swings. Th2 is a problem if the patient gets stuck in a Th2 state = regulation rigidity. CFS (Chronic fatigue patients) are stuck in a Th2 state; they feel like they have the flu all the time, they are achy and tired and non-reactive to stimuli including medications. Recurrent flu happens because the body is trying to get OUT of a Th2 state, and create a Th1 state – (inflammation).

She also illustrates IBR (Immunological Bystander Reaction) with Th1, Th2 and Th3 cells. Sarcodes and plant material in 1x-14x dilution stimulate Th3 and therefore balance/regulate the production of Th1 and Th2. Th3 cells occur in the gut lining therefore giving ampoules by mouth is appropriate. Colostrum and probiotics also balance Th3 cells. Environmental toxins and heavy metals push the body into Th2 state.

I highly recommend everyone listen to her lecture again several times on tape.

For customers with more questions about immunology and the matrix, the Heine book on Ground Regulation as well as the Herzberger book would be helpful purchases.