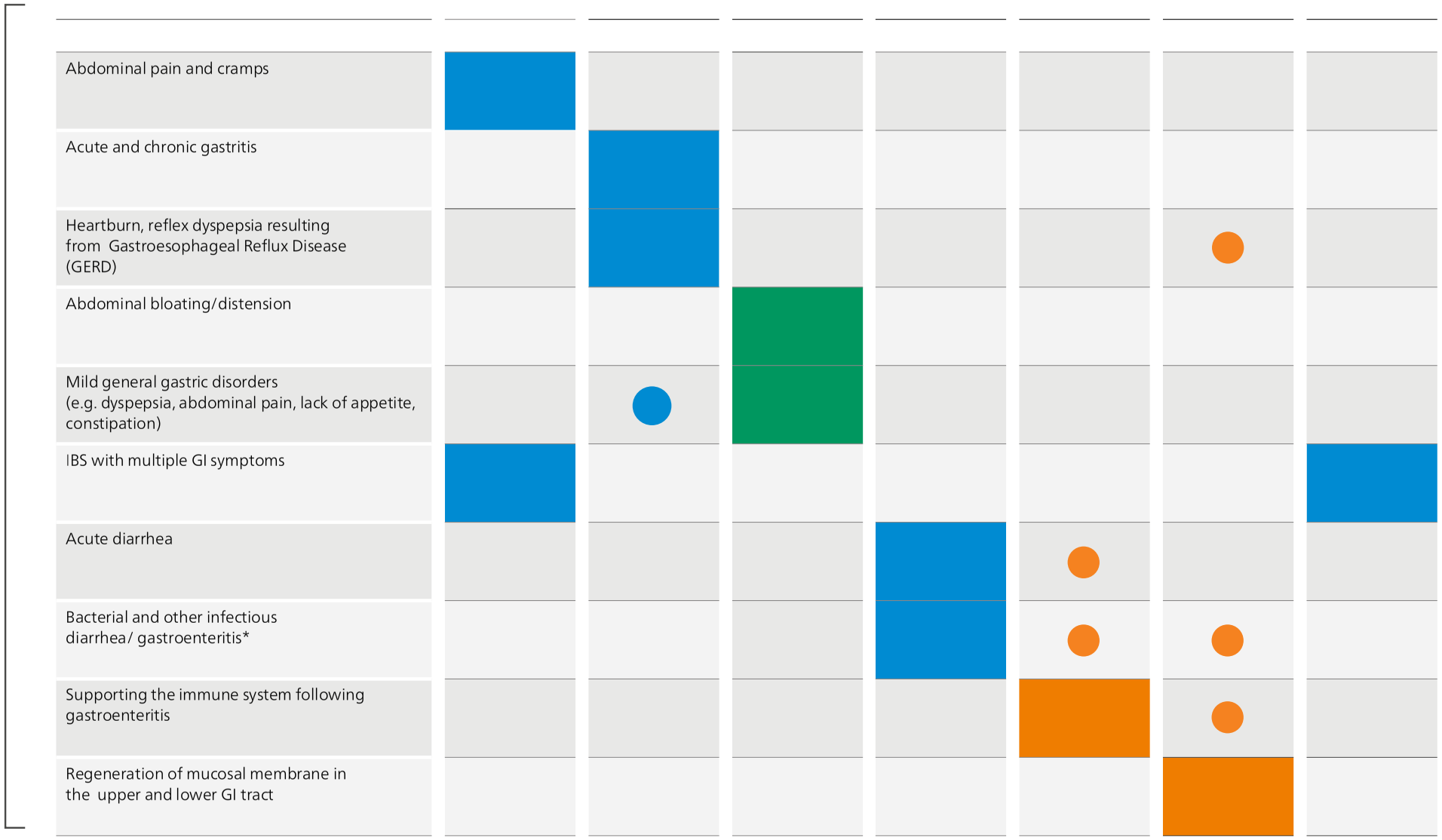
HEEL MEDICATIONS

Gastrointestinal Disorders Reference Book

-Heel

Healthcare designed by nature

NAVIGATE BY KEY PRODUCT USES



Main Product

Supportive Product

* If you have infectious diarrhea with a viral component, consider combining Diarrheel with Engystol

** Most GI disorders have an underlying psychological component. It is therefore advisable to combine Neurexan in the treatment of above mentioned symptoms, if the patients present with stress, anxiety, sleep disorders, nervousness

Products and Indications

Product	Indications
Spascupreel®	— Spasmodic conditions — Abdominal cramps
Gastricumeel®	— Acute and chronic gastritis — Heartburn (dyspepsia, Gastroesophageal Reflux Disease (GERD)) — Abdominal bloating
Nux vomica-Homaccord®	— Functional gastrointestinal disorders
Diarrheel®	— Acute and chronic diarrhea — Gastroenteritis
Echinacea compositum	— Immunostimulation — Symptomatic relief in acute infections (especially bacterial)
Mucosa compositum	— Regulation and support of the mucosal membrane functions, including the gastrointestinal tract
Neurexan®	— Nervous restlessness and sleep disturbances

Spascupreel®

SOOTHE YOUR GASTROINTESTINAL AND UROGENITAL CRAMPS

— Spasmodic conditions and cramps of the abdomen and urogenital tract

Product benefits

— Offers an excellent tolerability and safety profile – short-term and long-term

— Provides fast and effective relief of acute spasmodic conditions

Spascupreel®

Dosage Recommendations

Tablets

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years	1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2–5 years	1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children 0–1 year	1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

Injection solution

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years	2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2–5 years	1/2 ampoule daily	1/2 ampoule 1-3x weekly

Suppositories

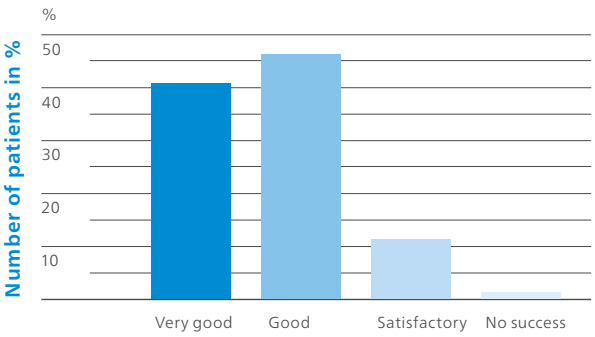
	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 Suppository every 2 hrs. up to 6x daily	1 Suppository 3x daily
Children 6-11 years	1 Suppository every 2 hrs. up to 4x daily	1 Suppository 2x daily

Spascupreel®

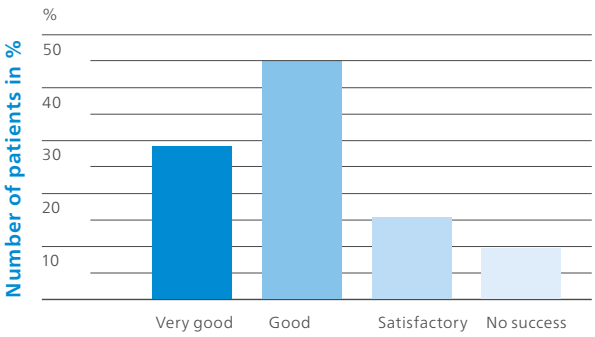
Clinical Evidence

In a prospective cohort study with 698 patients, Spascupreel® has demonstrated to be safe and effective in the treatment of abdominal/ intestinal cramps, menstrual cramps and urinary tract spasms.[1]

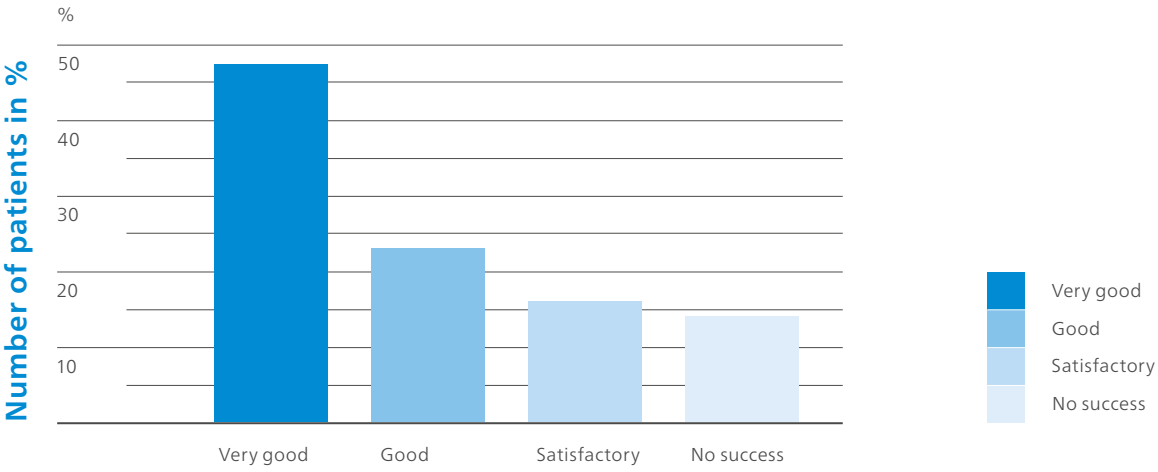
Urinary tract spasms



Menstrual cramps[A]



Abdominal/intestinal cramps[B]



A) Primary dysmenorrhea, Uterine spasms
B) Plus other smooth muscle cramps/spasms
(Results of a Prospective Study, n = 698)

References
1) Weiser M., Reuss V., Treating Spasmodic Conditions with Spascupreel, Biological Therapy 2000; 29 (1): 14-17, Graphs adapted from 1)

Spascupreel®

Clinical Evidence

— 89% of the patients with acute symptoms reported improvement within the first two weeks of treatment.[1]

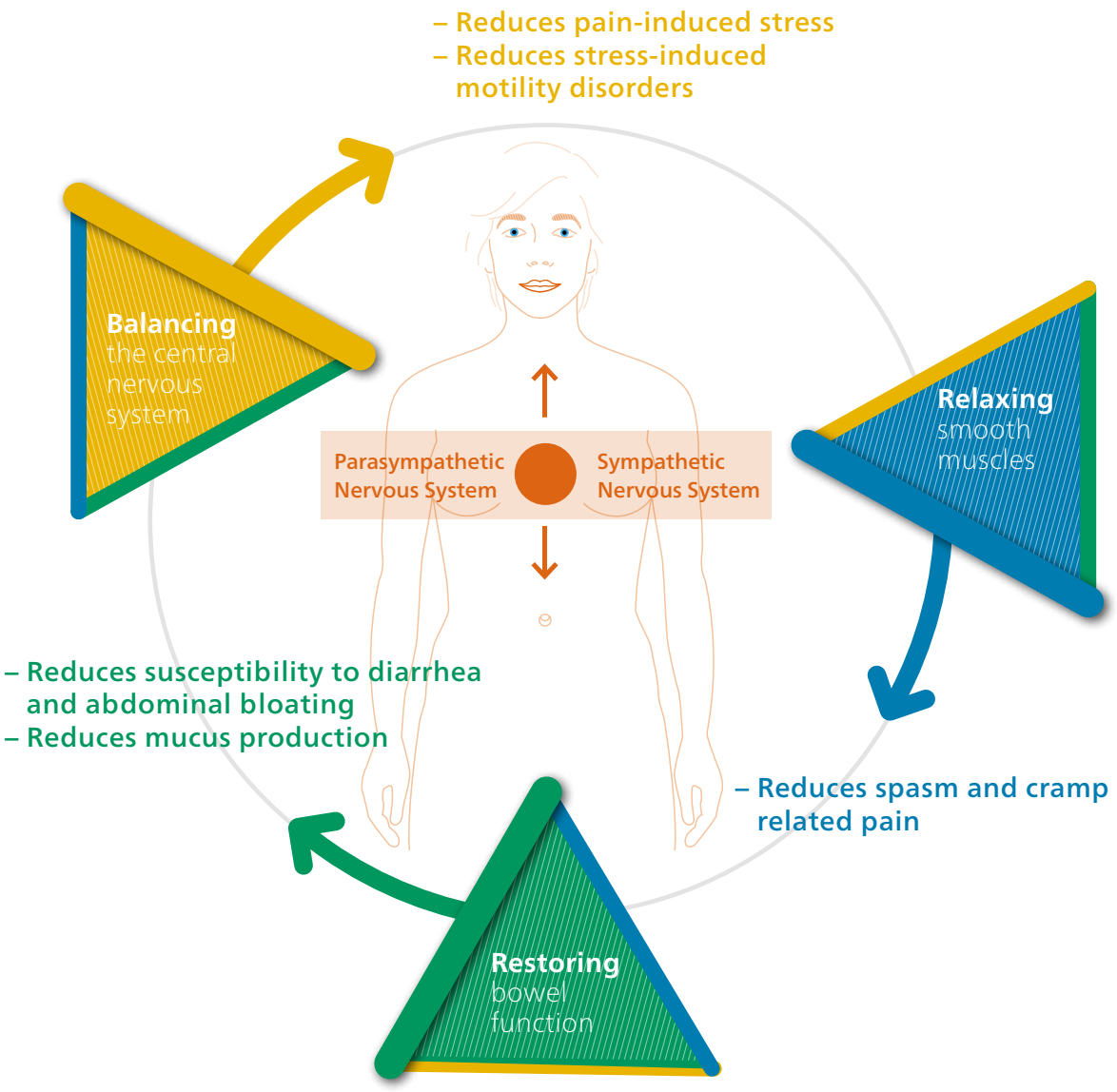
— In three out of four cases, treatment with Spascupreel® resulted in either complete freedom from symptoms or obvious improvement.[1]

— Spascupreel® therapy was effective in both acute and chronic illnesses.[1]

References
1) Weiser M., Reuss V., Treating Spasmodic Conditions with Spascupreel, Biological Therapy 2000; 29 (1): 14-17

Spascupreel®

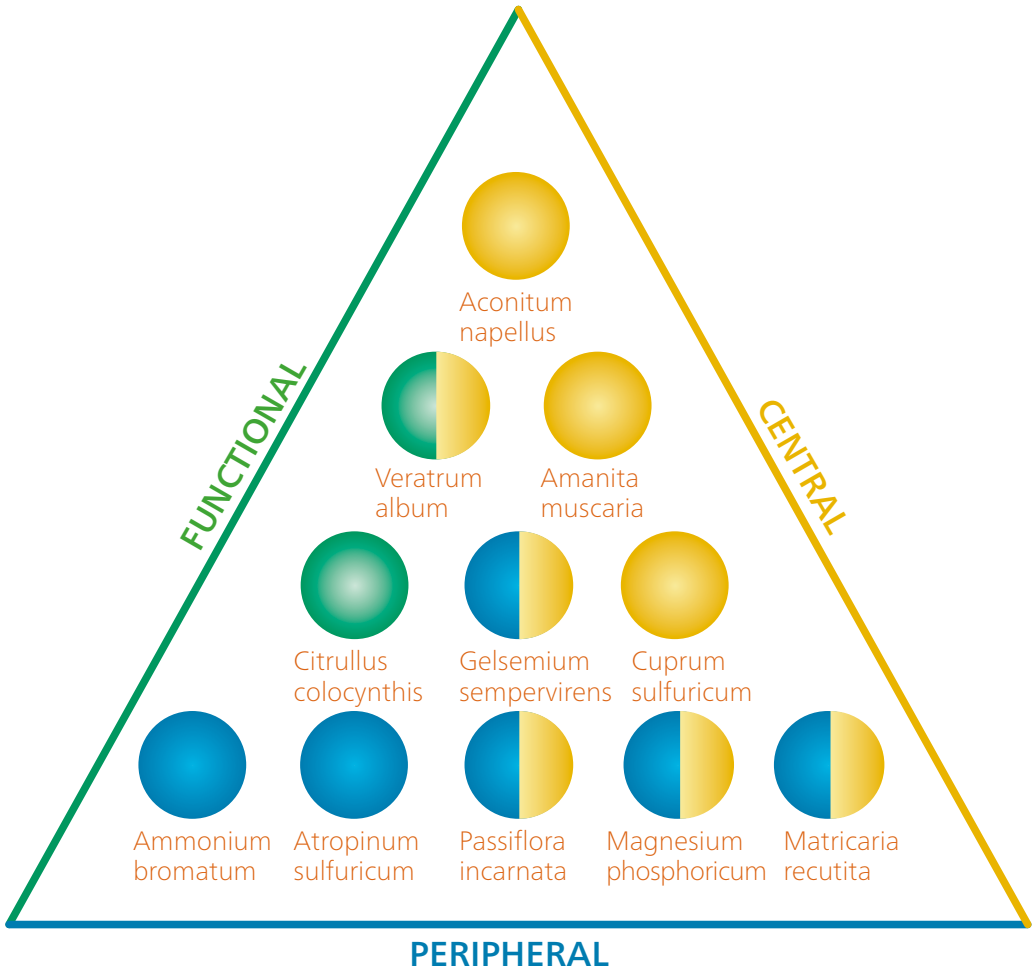
Mode of action



— Spascupreel® with its three-fold action addresses multiple causes of gastrointestinal spasmodic conditions.

Spascupreel®

Mode of action



— Spascupreel® functional activity restores bowel function.

— Spascupreel® peripheral activity relaxes smooth muscles.

— Spascupreel® central activity balances the central nervous system.

Spascupreel®

Patient Profile

CYNTHIA, 46-YEAR-OLD

Single, no children.

Job: Manager in the food industry, frequent international business travels.
Medical history: Depressive disorders. Sometimes abdominal spasms.
Present disorders: Abdominal cramps.

RECOMMENDATION

Spascupreel®

CHARLES, 49-YEAR-OLD

Single, no children.

Job: Head of Controlling in a company providing security services.

Medical history: Stress-gastritis, probably due to overwork and unhealthy eating habits such as business lunches and dinners.

Present disorders: Very often spasms and cramps in the gastrointestinal tract.

RECOMMENDATION

Spascupreel®

Gastricumeel®

EASE THE DISCOMFORT OF GASTRITIS, HEARTBURN AND ABDOMINAL BLOATING

Multitarget action against

— acute and chronic gastritis

— heartburn (dyspepsia, GERD)

— abdominal bloating

through

— supporting regulation of acidity

— strengthening gastric mucosa

Tablets	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years	1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2–5 years	1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children 0–1 year	1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

Gastricumeel®

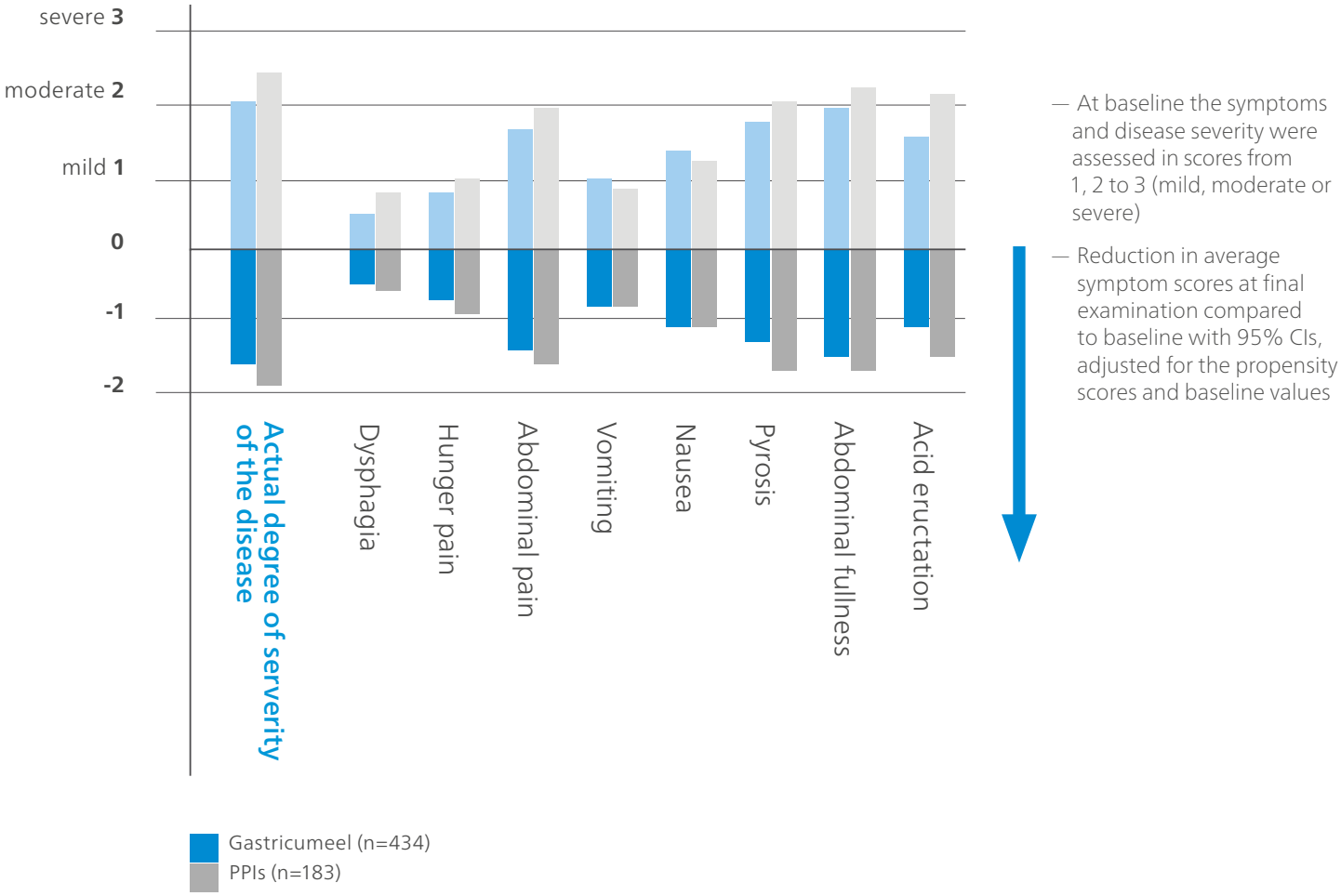
Clinical Effectiveness*

— Gastricumeel® is as effective as PPIs[2]

— Gastricumeel® was as effective as PPIs in reduction of all 8 recorded symptoms[2]

— Gastricumeel® improved symptoms in almost 90% of patients after 6 weeks, comparable to PPIs[2]

Reduction average symptom scores on a 3 point scale



— At baseline the symptoms and disease severity were assessed in scores from 1, 2 to 3 (mild, moderate or severe)

— Reduction in average symptom scores at final examination compared to baseline with 95% CIs, adjusted for the propensity scores and baseline values

* Patients with dyspepsia (suspected new or recurring acute or chronic gastritis) or heartburn

References

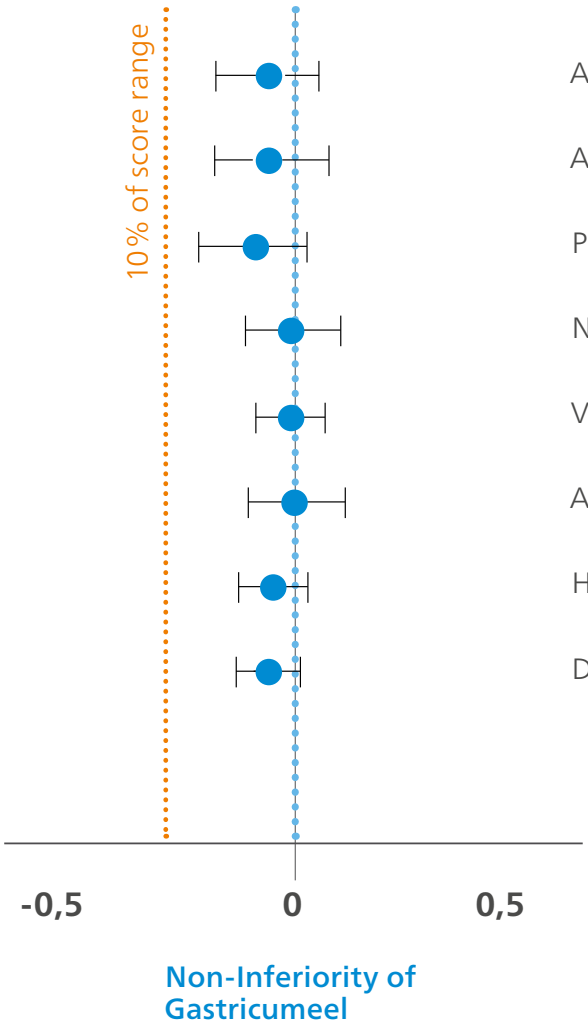
2) Van Haselen, R., Cesnulevicius, K. Treatment of Dyspepsia, Heartburn, and Related Symptoms with Gastricumeel Compared to Proton Pump Inhibitors: A Prospective Reference-Controlled Observational Study. Complement Med Res (2020): DOI: 10.1159/000511285. Online link: https://www.karger.com/Article/Fulltext/511285

Gastricumeel®

Clinical Effectiveness*

— Gastricumeel is as effective as PPIs in reducing the most common symptoms of dyspepsia [2]

Between-group differences in the change in symptom scores at the end of observation



— Propensity score- and baseline value-adjusted differences in mean symptom intensity scores, with 95% CIs

— The red dotted line indicates the value below which Gastricumeel has inferior effectiveness compared to PPIs

* Patients with dyspepsia (suspected new or recurring acute or chronic gastritis) or heartburn

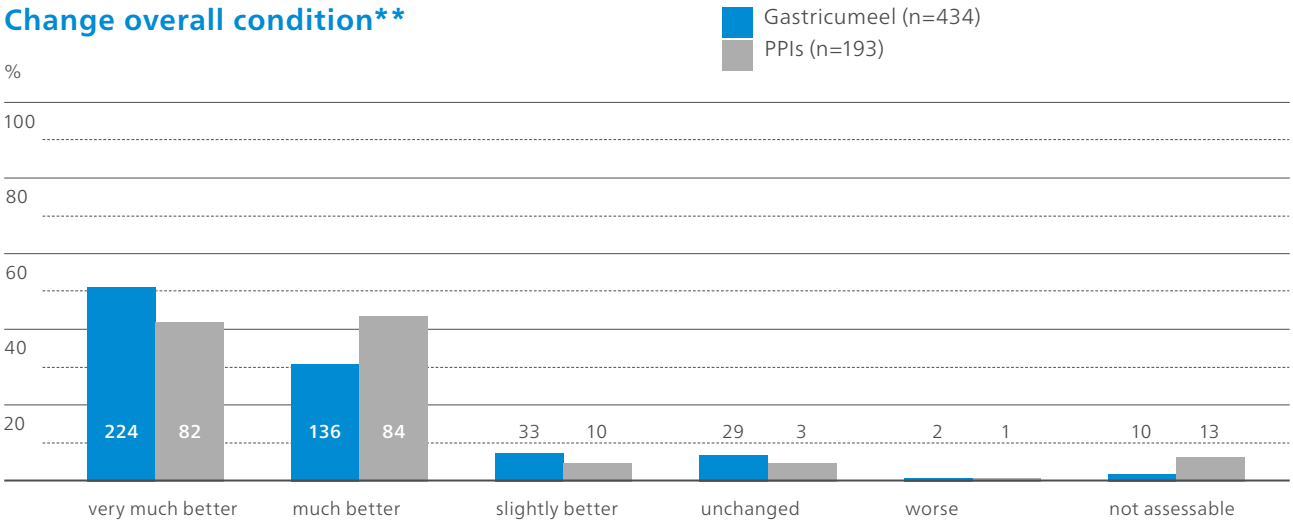
References
2) Van Haselen, R., Cesnulevicius, K. Treatment of Dyspepsia, Heartburn, and Related Symptoms with Gastricumeel Compared to Proton Pump Inhibitors: A Prospective Reference-Controlled Observational Study. Complement Med Res (2020): DOI: 10.1159/000511285. Online link: https://www.karger.com/Article/Fulltext/511285

Gastricumeel®

Clinical Effectiveness*

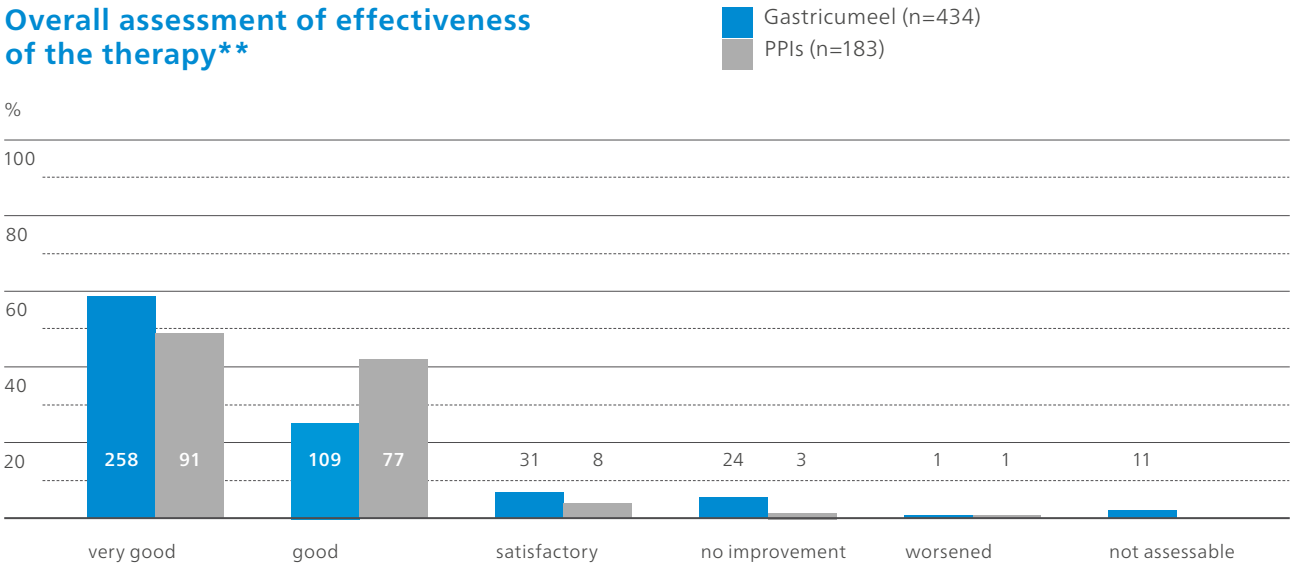
— Gastricumeel as effective as PPIs in improving overall condition, and in overall assessment by the physician[2]

Change overall condition**



** P-value (between group differences) not significant

Overall assessment of effectiveness of the therapy**



** P-value (between group differences) not significant

— Assessment of change in overall condition and overall therapy effectiveness were done at the end of the observation period

* Patients with dyspepsia (suspected new or recurring acute or chronic gastritis) or heartburn

References

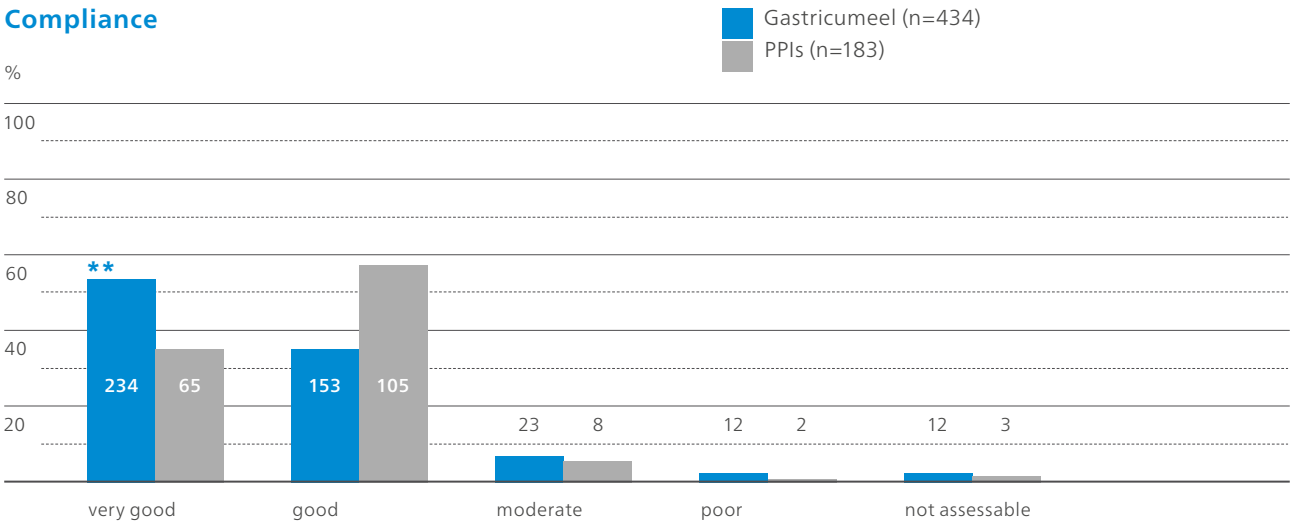
2) Van Haselen, R., Cesnulevicius, K. Treatment of Dyspepsia, Heartburn, and Related Symptoms with Gastricumeel Compared to Proton Pump Inhibitors: A Prospective Reference-Controlled Observational Study. Complement Med Res (2020): DOI: 10.1159/000511285. Online link: https://www.karger.com/Article/Fulltext/511285

Gastricumeel®

Clinical Effectiveness*

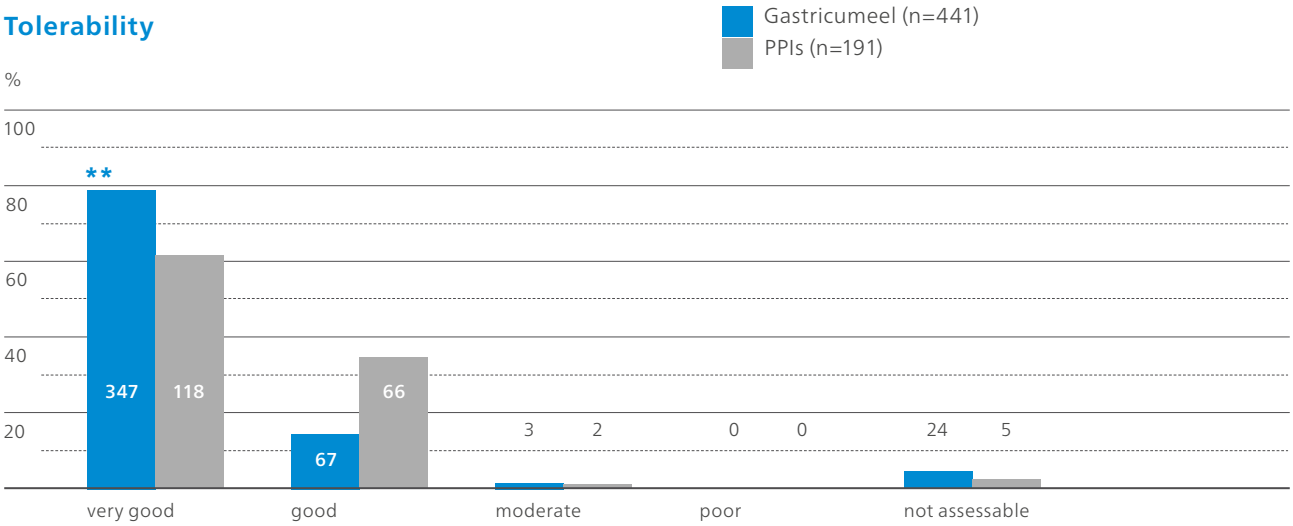
— Gastricumeel was significantly better than PPIs in compliance and tolerability[2]

Compliance



** P-value: p=0,0017 in favor of Gastricumeel

Tolerability



** P-value: p=0,0017 in favor of Gastricumeel

— Assessment of treatment compliance and tolerability at the end of the observation period

* Patients with dyspepsia (suspected new or recurring acute or chronic gastritis) or heartburn

References
2) Van Haselen, R., Cesnulevicius, K. Treatment of Dyspepsia, Heartburn, and Related Symptoms with Gastricumeel Compared to Proton Pump Inhibitors: A Prospective Reference-Controlled Observational Study. Complement Med Res (2020): DOI: 10.1159/000511285. Online link: https://www.karger.com/Article/Fulltext/511285

Nux vomica-Homaccord®

EFFECTIVE TREATMENT OF MILD GASTROINTESTINAL PROBLEMS

— Functional gastrointenstinal disorders incl. nausea, indigestion, constipation, abdominal bloating and diarrhea

Drops

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) + 12	10 drops every 1/2-1 hour, Up to 12x daily	10 drops 3x daily
Children 6-11 years	7 drops every 1/2-1 hour Up to 12x daily	7 drops 3x daily
Children 2–5 years	5 drops every 1/2-1 hour, Up to 12x daily	5 drops 3x daily
Children 0–1 year	3 drops every 1/2-1 hour, Up to 12x daily	3 drops 3x daily

Injection solution

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) + 12	1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years	2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2–5 years	1/2 ampoule daily	1/2 ampoule 1-3x weekly

Diarrheel®

THE NATURAL CHOICE FOR TREATING DIARRHEA

— Acute and chronic diarrhea

— Gastroenteritis

Tablets	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years	1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2–5 years	1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily

Echinacea compositum

STRENGTHEN YOUR IMMUNITY IN TIMES OF INFECTION

— Immunostimulation

— Symptomatic relief in acute infections (especially bacterial)

Tablets

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years	1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2–5 years	1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children 0–1 year	1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

Injection solution

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years	2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2–5 years	1/2 ampoule daily	1/2 ampoule 1-3x weekly

Mucosa compositum

FOR A HEALTHY GASTROINTESTINAL MUCOSA

— Regulation and support of the mucosal membrane functions, including the gastrointestinal tract

Tablets

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years	1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2–5 years	1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children 0–1 year	1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

Injection solution

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years	2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2–5 years	1/2 ampoule daily	1/2 ampoule 1-3x weekly

Neurexan®

YOUR WAY TO CALM

- Relaxing effect in stressful situations during the day for a better sleep at night
- Fast onset of action within 40-60 minutes
- Non addictive
- No sedative effects
- No concentration impairment
- No daytime fatigue
- Very well tolerated

Tablets

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years	1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2–5 years	1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children 0–1 year	1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

Drops

	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older)	10 drops every 1/2-1 hour, Up to 12x daily	10 drops 3x daily
Children 6-11 years	7 drops every 1/2-1 hour Up to 12x daily	7 drops 3x daily
Children 2–5 years	5 drops every 1/2-1 hour, Up to 12x daily	5 drops 3x daily
Children 0–1 year	3 drops every 1/2-1 hour, Up to 12x daily	3 drops 3x daily

Product information in alphabetical order

Diarrheel

Diarrheel
Summary of Product Characteristics

Tablets
Compositions: ***Tablets:*** 1 tablet contains: Active ingredients: Acidum arsenicosum D8 30 mg, Argentum nitricum D8 30 mg, Citrullus colocynthis D6 30 mg, Colchicum autumnale D6 30 mg, Hydrargyrum bichloratum D8 30 mg, Podophyllum peltatum D6 30 mg, Veratrum album D4 30 mg. Excipients: Lactose monohydrate 90.0 mg, Magnesium stearate 1.5 mg. Contains lactose.
Indications: ***Tablets:*** Gastroenteritis, acute and chronic diarrhea.
Contraindications: Known allergy (hypersensitivity) to one or more of the ingredients.
Special warnings and special precautions for use: ***Tablets:*** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product.
Side effects: ***Tablets:*** Like all medicinal products, homeopathic medicines can cause side effects in isolated cases, such as transient allergic reactions. The frequency of these effects is not known.
Interactions with other medication: ***Tablets:*** No interactions have been reported, and none are expected due to the homeopathic dilutions.
Pregnancy and lactation: ***Tablets:*** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.
Effects on ability to drive and use machines: ***Tablets:*** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.
Dosage: ***Tablets:*** ***Standard dosage:*** Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 1 tablet every ½ to1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. ***Method of administration:*** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals.
Overdose: ***Tablets:*** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.
Package sizes: ***Tablets (51833):*** Packs containing 50 and 250 tablets.

Echinacea compositum

Echinacea compositum
Summary of Product Characteristics

Tablets • Injection solution
Compositions: ***Tablets:*** 1 tablet contains: Active ingredients: Bryonia D4 0.3 mg, Echinacea D2 0.9 mg, Lachesis D10 0.3 mg, Matricaria recutita D6 0.3 mg, Phytolacca americana D4 0.3 mg, Rhus toxicodendron D4 0.3 mg, Thuja occidentalis D4 0.3 mg, Hepar sulfuris D8 0.3 mg. Excipients: Lactose monohydrate 299.7 mg, Magnesium stearate 1.5 mg. ***Injection solution:*** 1 ampoule = 2.2 g contains: Active ingredients: Acidum arsenicosum D8 22 mg, Aconitum napellus D3 22 mg, Argentum nitricum D8 22 mg, Arnica montana D4 22 mg, Baptisia tinctoria D4 22 mg, Bryonia D6 22 mg, Cortisonum aceticum D13 22 mg, Echinacea D5 22 mg, Eupatorium perfoliatum D6 22 mg, Euphorbium D6 22 mg, Gelsemium sempervirens D6 22 mg, Hepar sulfuris D10 22 mg, Hydrargyrum bichloratum D8 22 mg, Lachesis D10 22 mg, Phosphorus D8 22 mg, Phytolacca americana D6 22 mg, Pulsatilla pratensis D8 22 mg, Rhus toxicodendron D4 22 mg, Sanguinaria canadensis D5 22 mg, Sulfur D8 22 mg, Thuja occidentalis D8 22 mg, Zincum metallicum D10 22 mg. Excipients: Sodium chloride 18.5–19.7 mg, Water for injections 1716 mg.
Indications: ***Tablets, Injection solution:*** Stimulation of the body's intrinsic defense system in cases of inflammations and infections of all tissues and organs.
Contraindications: ***Tablets, injection solution:*** Known allergy (hypersensitivity) to one or more of the ingredients.
Special warnings and special precautions for use: ***Tablets:*** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. ***Injection solution:*** None.
Side effects: ***Tablets, injection solution:*** None have been reported.
Interactions with other medication: ***Tablets, injection solution:*** No interactions have been reported, and none are expected due to the homeopathic dilutions.
Pregnancy and lactation: ***Tablets, injection solution:*** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.
Effects on ability to drive and use machines: ***Tablets, injection solution:*** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.
Dosage: ***Tablets:*** ***Standard Dosage:*** Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. ***Acute or Initial Dosage:*** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs.: up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. ***Method of administration:*** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. Injection solution: Standard dosage: Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. Acute or Initial Dosage: Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage. ***Method of administration:*** Echinacea comp., Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.
Overdose: ***Tablets, injection solution:*** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.
Package sizes: ***Tablets (9820):*** Packs containing 50 and 250 tablets. ***Injection solution (52729):*** Packs containing 5, 10, 50 and 100 ampoules of 2.2 ml.

Gastricumeel®

Gastricumeel®
Summary of Product Characteristics

Tablets
Compositions: ***Tablets:*** 1 tablet contains: Active ingredients: Acidum arsenicosum D6 30.0 mg, Argentum nitricum D6 30.0 mg, Carbo vegetabilis D6 60.0 mg, Pulsatilla pratensis D4 60.0 mg, Stibium sulfuratum nigrum D6 60.0 mg, Strychnos nux-vomica D4 60.0 mg. Excipients: Magnesium stearate 1.5 mg. Contains lactose.
Indications: ***Tablets:*** Acute and chronic gastritis, acid reflux, heartburn and abdominal bloating.
Contraindications: ***Tablets:*** Known allergy (hypersensitivity) to one or more of the ingredients.
Special warnings and special precautions for use: ***Tablets:*** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product.
Side effects: ***Tablets:*** Like all medicinal products, homeopathic medicines can cause side effects in isolated cases, such as transient allergic reactions.
Interactions with other medication: ***Tablets:*** No interactions have been reported, and none are expected due to the homeopathic dilutions.
Pregnancy and lactation: ***Tablets:*** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.
Effects on ability to drive and use machines: ***Tablets:*** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.
Dosage: ***Tablets*****:** ***Standard dosage:*** Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. ***Method of administration:*** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals.
Overdose: ***Tablets:*** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.
Package sizes: ***Tablets (9673):*** Packs containing 50 and 250 tablets.

Mucosa compositum

Mucosa compositum
Summary of Product Characteristics

Tablets • Injection solution
Compositions: ***Tablets:*** 1 tablet contains: Active ingredients: Argentum nitricum D6 1.0 mg, Atropa bella-donna D10 1.0 mg, Ceanothus americanus D4 1.0 mg, Hydrastis canadensis D6 1.0 mg, Kalium bichromicum D8 1.0 mg, Kreosotum D12 1.0 mg, Lachesis D10 1.0 mg, Mandragora e radice siccata D10 1.0 mg, Marsdenia cundurango D6 1.0 mg, Momordica balsamina D6 1.0 mg, Mucosa coli suis D8 1.0 mg, Mucosa ductus choledochi suis D8 1.0 mg, Mucosa duodeni suis D8 1.0 mg, Mucosa ilei suis D8 1.0 mg, Mucosa jejuni suis D8 1.0 mg, Mucosa nasalis suis D8 1.0 mg, Mucosa oculi suis D8 1.0 mg, Mucosa oesophagi suis D8 1.0 mg, Mucosa oris suis D8 1.0 mg, Mucosa pulmonis suis D8 1.0 mg, Mucosa pylori suis D8 1.0 mg, Mucosa recti suis D8 1.0 mg, Mucosa vesicae felleae suis D8 1.0 mg, Mucosa vesicae urinariae suis D8 1.0 mg, Oxalis acetosella D6 1.0 mg, Pankreas suis D10 1.0 mg, Phosphorus D8 1.0 mg, Psychotria ipecacuanha D8 1.0 mg, Pulsatilla pratensis D6 1.0 mg, Semecarpus anacardium D6 1.0 mg, Strychnos nux-vomica D13 1.0 mg, Sulfur D8 1.0 mg, Ventriculus suis D8 1.0 mg, Veratrum album D6 1.0 mg. Excipients: Lactose monohydrate 300 mg, Magnesium stearate 1.5 mg. Contains lactose. ***Injection solution:*** 1 ampoule of 2.2 ml (=2.2 g) contains: Active ingredients: Argentum nitricum D6 22.0 mg, Atropa bella-donna D10 22.0 mg, Ceanothus americanus D4 22.0 mg, Hydrastis canadensis D4 22.0 mg, Kalium bichromicum D8 22.0 mg, Kreosotum D10 22.0 mg, Lachesis D10 22.0 mg, Mandragora e radice siccata D10 22.0 mg, Marsdenia cundurango D6 22.0 mg, Momordica balsamina D6 22.0 mg, Mucosa coli suis D8 22.0 mg, Mucosa ductus choledochi suis D8 22.0 mg, Mucosa duodeni suis D8 22.0 mg, Mucosa ilei suis D8 22.0 mg, Mucosa jejuni suis D8 22.0 mg, Mucosa nasalis suis D8 22.0 mg, Mucosa oculi suis D8 22.0 mg, Mucosa oesophagi suis D8 22.0 mg, Mucosa oris suis D8 22.0 mg, Mucosa pulmonis suis D8 22.0 mg, Mucosa pylori suis D8 22.0 mg, Mucosa recti suis D8 22.0 mg, Mucosa vesicae felleae suis D8 22.0 mg, Mucosa vesicae urinariae suis D8 22.0 mg, Oxalis acetosella D6 22.0 mg, Pankreas suis D10 22.0 mg, Phosphorus D8 22.0 mg, Psychotria ipecacuanha D8 22.0 mg, Pulsatilla pratensis D6 22.0 mg, Semecarpus anacardium D6 22.0 mg, Strychnos nux-vomica D13 22.0 mg, Sulfur D8 22.0 mg, Ventriculus suis D8 22.0 mg, Veratrum album D4 22.0 mg, Natrium diethyloxalaceticum D8 22.0 mg. Excipients: Sodium chloride 19.1 mg, water for injections 1430.0 mg.
Indications: ***Tablets, injection solution:*** Disorders of mucous membranes (gastrointestinal, respiratory and genitourinary system and the eye).
Contraindications: ***Tablets, injection solution:*** Known allergy (hypersensitivity) to one or more of the ingredients.
Special warnings and special precautions for use: ***Tablets:*** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. ***Injection solution:*** None.
Side effects: ***Tablets:*** Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them, ***injection solution:*** None have been reported.
Interactions with other medication: ***Tablets, injection solution:*** No interactions have been reported, and none are expected due to the homeopathic dilutions.
Pregnancy and lactation: ***Tablets, injection solution:*** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.
Effects on ability to drive and use machines: ***Tablets, injection solution:*** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.
Dosage: ***Tablets:*** ***Standard dosage:*** Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.:1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. ***Method of administration:*** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. ***Injection solution:*** ***Standard dosage:*** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage. ***Method of administration:*** Mucosa comp.-Heel, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.
Overdose: ***Tablets, injection solution:*** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.
Package sizes: ***Tablets (52268):*** Packs containing 50 and 250 tablets. ***Injection solution (52546):*** Packs containing 5, 10, 50 and 100 ampoules of 2.2 ml each.

Neurexan®

Neurexan®
Summary of Product Characteristics

Tablets • Oral drops

Compositions: ***Tablets:*** 1 tablet contains: Active ingredients: Avena sativa D2 0.6 mg, Coffea arabica D12 0.6 mg, Passiflora incarnata D2 0.6 mg, Zincum isovalerianicum D4 0.6 mg. Excipients: Lactose monohydrate 300 mg, Magnesium stearate 1.5 mg. Contains lactose. ***Oral drops:*** 100 g contain: Active ingredients: Avena sativa D2 0.06 g, Coffea arabica D12 0.06 g, Passiflora incarnata D2 0.06 g, Zincum isovalerianicum D4 0.06 g. Excipients: Ethanol 96% (V/V) 31.34 g; water, purified 68.42 g.
Indications: ***Tablets, oral drops:*** **:** Nervous restlessness and sleep disturbances.
Contraindications: ***Tablets, oral drops:*** Known allergy (hypersensitivity) to one or more of the ingredients.
Special warnings and special precautions for use: ***Tablets:*** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. ***Oral drops:*** This medicinal product contains 36 vol.-% ethanol (alcohol).
Side effects: ***Tablets*****:** Allergic (hypersensitivity) skin reactions may occur in very rare cases (i.e. affects less than 1 in 10,000 users). Due to the homeopathic nature of Neurexan tablets a temporary worsening in symptoms (initial aggravation) is possible but harmless. ***Oral drops:*** Due to the homeopathic nature of Neurexan drops a temporary worsening in symptoms (initial aggravation) is possible but harmless.
Interactions with other medication: ***Tablets, oral drops*****:** No interactions have been reported, and none are expected due to the homeopathic dilutions.
Pregnancy and lactation: ***Tablets, oral drops:*** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.
Effects on ability to drive and use machines: ***Tablets, oral drops:*** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.
Dosage: ***Tablets:*** ***Standard dosage:*** Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. ***Method of administration:*** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. ***Oral drops:*** ***Standard dosage:*** Adults (and children 12 yrs. and older): 10 drops 3x daily. Pediatric: Below 2 yrs.: 3 drops 3x daily. 2–5 yrs.: 5 drops 3x daily. 6–11 yrs.: 7 drops 3x daily. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 3 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 2–5 yrs.: 5 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 6–11 yrs.: 7 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. ***Method of administration:*** This medicine should be taken away from meals. For children, add drops to a small amount of water.
Overdose: ***Tablets, oral drops:*** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.
Package sizes: ***Tablets (9519):*** Packs containing 50 and 250 tablets. ***Oral drops (9880):*** Packs containing 30 ml and 100 ml.

Nux vomica-Homaccord®

Nux vomiva-Hommacord®
Summary of Product Characteristics

Oral drops • Injection solution
Compositions: ***Oral drops:*** 100 g contain: Active ingredients; Bryonia D2 0.2 g, Bryonia D6 0.2 g, Bryonia D10 0.2 g, Bryonia D15 0.2 g, Bryonia D30 0.2 g, Bryonia D200 0.2 g, Bryonia D1000 0.2 g, Citrullus colocynthis D3 0.3 g, Citrullus colocynthis D10 0.3 g, Citrullus colocynthis D30 0.3 g, Citrullus colocynthis D200 0.3 g, Lycopodium clavatum D3 0.3 g, Lycopodium clavatum D10 0.3 g, Lycopodium clavatum D30 0.3 g, Lycopodium clavatum D200 0.3 g, Lycopodium clavatum D1000 0.3 g, Strychnos nux-vomica D2 0.2 g, Strychnos nux-vomica D10 0.2 g, Strychnos nux-vomica D15 0.2 g, Strychnos nux-vomica D30 0.2 g, Strychnos nux-vomica D200 0.2 g, Strychnos nux-vomica D1000 0.2 g. Excipients: Ethanol (96 per cent) 27.8 g; water, purified 66.9 g. ***Injection solution:*** 1 ampoule of 1.1 ml (=1.1g) contains: Active ingredients: Bryonia D4 2.2 mg, Bryonia D6 2.2 mg, Bryonia D10 2.2 mg, Bryonia D15 2.2 mg, Bryonia D30 2.2 mg, Bryonia D200 2.2 mg, Bryonia D1000 2.2 mg, Citrullus colocynthis D5 3.3 mg, Citrullus colocynthis D10 3.3 mg, Citrullus colocynthis D30 3.3 mg, Citrullus colocynthis D200 3.3 mg, Lycopodium clavatum D5 3.3 mg, Lycopodium clavatum D10 3.3 mg, Lycopodium clavatum D30 3.3 mg, Lycopodium clavatum D200 3.3 mg, Lycopodium clavatum D1000 3.3 mg, Strychnos nux-vomica D4 2.2 mg, Strychnos nux-vomica D10 2.2 mg, Strychnos nux-vomica D15 2.2 mg, Strychnos nux-vomica D30 2.2 mg, Strychnos nux-vomica D200 2.2 mg, Strychnos nux-vomica D1000 2.2 mg. Excipients: Sodium chloride 10.2 mg, water for injections 1041.7 mg.
Indications: ***Oral drops, injection solution:*** Functional disturbances of the liver and gastrointestinal system, including nausea, indigestion, constipation, abdominal bloating and diarrhea; symptoms associated with consumption of alcohol, coffee or nicotine. Support of detoxification and elimination processes of the liver and gastrointestinal system.
Contraindications: ***Oral drops, injection solution:*** Known allergy (hypersensitivity) to one or more of the ingredients.
Special warnings and special precautions for use: ***Oral drops:*** This medicinal product contains 35 vol.-% ethanol (alcohol).
Injection solution: None.
Side effects: ***Oral drops, injection solution:*** Like all medicinal products, homeopathic medicines may cause side effects. In isolated cases transient skin reactions (eg. rash, pruritus) have been reported. The frequency of these effects is not known.
Interactions with other medication: ***Oral drops, injection solution:*** No interactions have been reported, and none are expected due to the homeopathic dilutions.
Pregnancy and lactation: ***Oral drops, injection solution:*** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.
Effects on ability to drive and use machines: ***Oral drops, injection solution:*** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.
Dosage: ***Oral drops:*** ***Standard dosage:*** Adults (and children 12 yrs. and older): 10 drops 3x daily. Pediatric: Below 2 yrs.: 3 drops 3x daily. 2–5 yrs.: 5 drops 3x daily. 6–11 yrs.: 7 drops 3x daily. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 3 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 2–5 yrs.: 5 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 6–11 yrs.: 7 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. ***Method of administration:*** This medicine should be taken away from meals. For children, add drops to a small amount of water. ***Injection solution:*** ***Standard dosage:*** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: $^{2}/_{3}$ of an ampoule 1 to 3x weekly. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: $^{2}/_{3}$ of an ampoule daily, and then continue with standard dosage. ***Method of administration:*** Strychnos nux-vomica-Homaccord, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.
Overdose: ***Oral drops, injection solution:*** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.
Package sizes: ***Oral drops (9786):*** Packs containing 30 ml and 100 ml. ***Injection solution (8587):*** Packs containing 5, 10, 50 and 100 ampoules of 1.1 ml each.

Spascupreel®

Spascupreel®
Summary of Product Characteristics

Tablets • Injection solution • Suppositories

Compositions: ***Tablets:*** 1 tablet contains: Active ingredients: Aconitum napellus D6 60 mg, Amanita muscaria D4 15 mg, Ammonium bromatum Trit. D4 30 mg, Atropinum sulfuricum D6 30 mg, Citrullus colocynthis D4 30 mg, Cuprum sulfuricum D6 15 mg, Gelsemium sempervirens D6 30 mg, Magnesium phosphoricum D6 30 mg, Matricaria recutita D3 15 mg, Passiflora incarnata D2 15 mg, Veratrum album D6 30 mg; Excipients: Magnesium stearate 1.5 mg; contains lactose. ***Injection solution:*** 1 ampoule of 1,1 ml (=1,1 g) contains: Active ingredients: Aconitum napellus D6 2.20 mg, Amanita muscaria D4 0.55 mg, Ammonium bromatum D4 1.10 mg, Atropinum sulfuricum D6 1.10 mg, Citrullus colocynthis D4 1.10 mg, Cuprum sulfuricum D6 0.55 mg, Gelsemium sempervirens D6 1.10 mg, Magnesium phosphoricum D6 1.10 mg, Matricaria recutita D3 0.55 mg, Passiflora incarnata D2 0.55 mg, Veratrum album D6 1.10 mg; Excipients: Sodium chloride 10.4 mg, water for injections 1089.0 mg. ***Suppositories:*** 1 suppository = 2.0 g containing: Active ingredients: Aconitum napellus D5 2.20 mg, Amanita muscaria D3 0.55 mg, Ammonium bromatum D3 1.10 mg. Atropinum sulfuricum D5 1.10 mg, Citrullus colocynthis D3 1.10 mg, Cuprum sulfuricum D5 0.55 mg, Gelsemium sempervirens D5 1.10 mg, Magnesium phosphoricum D6 1.10 mg, Matricaria recutita D2 0.55 mg, Passiflora incarnata D1 0.55 mg, Veratrum album D5 1.10 mg; Excipients: Hard fat 1989.0 mg.

Indications: ***Tablets, Injection solution, Suppositories:*** Spasms of the smooth musculature of the gastrointestinal and the urogenital tract.

Contraindications: ***Tablets, Injection solution, Suppositories:*** Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: ***Tablets:*** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. ***Injection solution, Suppositories:*** None.

Side effects: ***Tablets:*** Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. ***Injection solution, Suppositories:*** Like all medicinal products, homeopathic medicines can cause side effects in isolated cases, such as transient allergic reactions. The frequency of these effects is not known.

Interactions with other medication: ***Tablets, Injection solution, Suppositories:*** No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: ***Tablets, Injection solution, Suppositories:*** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: ***Tablets, Injection solution, Suppositories:*** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: ***Tablets:*** ***Standard dosage:*** Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.:1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 1 tablet every ½ to1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.:1 tablet every 1 to 2 hrs. up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs. up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs. up to 8x daily, and then continue with standard dosage. ***Method of administration:*** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. ***Injection solution:*** ***Standard dosage:*** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage. ***Method of administration:*** Spascupreel, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route. ***Suppositories:*** ***Standard dosage:*** Adults (and children 12 yrs. and older): 1 suppository 3x daily. Pediatric: 6–11 yrs.: 1 suppository 2x daily. ***Acute or initial dosage:*** Adults (and children 12 yrs. and older): 1 suppository every 2 hrs. up to 6x daily, and then continue with standard dosage. Pediatric: 6–11 yrs.: 1 suppository every 2 hrs. up to 4x daily, and then continue with standard dosage. ***Method of administration:*** Insert suppository into the rectum.

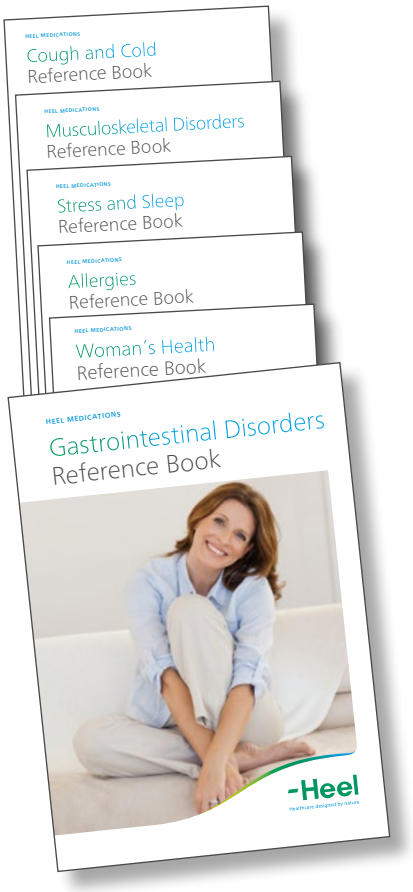
Overdose: ***Tablets, Injection solution, Suppositories:*** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: ***Tablets (9749):*** Packs containing 50 and 250 tablets. ***Injection solution (8558):*** Packs containing 5, 10, 50 and 100 ampoules of 1.1 ml each. ***Suppositories (9573):*** Packs containing 12 and 60 suppositories of 2.0 g

REFERENCE BOOKS

Overview

1. Gastrointestinal Disorders
2. Cough and Cold
3. Musculoskeletal Disorders
4. Stress and Sleep
5. Allergies
6. Women´s Health



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