

HEEL MEDICATIONS

Cough and Cold Reference Book



-Heel

Healthcare designed by nature

Main Heel Products For the following symptoms and conditions	Engystol®	Euphorbium comp.	Gripp-Heel®	Viburcol®	Angin-Heel®	Bronchalls-Heel®	Echina-cea comp.	Adrisin®	Luffeel®	Oteel®	Phosphor Homma-cord®	Tartephe-dreel®	Mucosa comp.	Lymphomyosot®	Tonsilla comp.
Strengthening and supporting the immune system in common colds and flu-like illnesses															
Effective treatment for acute rhinosinusitis															
Supportive treatment for chronic rhinosinusitis with polyps*															
Symptomatic relief of common colds and flu-like illnesses**															
General restlessness and sleeplessness in children due to fever															
Symptomatic treatment of tonsillitis/pharyngitis and throat infections***															
Supportive treatment of chronic cough with bronchial origin															
Supporting the immune system in case of recurrent cough and cold															
Prophylaxis and symptomatic treatment of hay fever and allergic rhinitis															
Natural treatment of ear ache and ear inflammation															
Treatment of laryngitis, pharyngitis and hoarseness															
Symptomatic relief of cough and inflammation of bronchi (e.g. spasmodic cough)															

Main Product

Supportive Product

* Rhinosinusitis without polyps: Euphorbium comp. + Traumeel tablets

** Engystol is recommended in the early phase and Gripp-Heel is recommended in the advanced phase.

*** In case of β-haemolytic Streptococcus infections as adjuvant therapy to antibiotics

COUGH AND COLD

Products and Indications

Product	Indications
Engystol®	<ul style="list-style-type: none"> – Common colds – Flu-like illnesses – Mild viral infections
Euphorbium compositum	<ul style="list-style-type: none"> – Acute and chronic rhinosinusitis
Gripp-Heel®	<ul style="list-style-type: none"> – Common colds – Flu-like illnesses
Viburcol®	<ul style="list-style-type: none"> – Restlessness with or without fever – Teething – Mild abdominal pain – Sleeplessness
Angin-Heel®	<ul style="list-style-type: none"> – Symptomatic treatment of: Acute tonsillitis Chronic tonsillitis Pharyngitis
Bronchalis-Heel®	<ul style="list-style-type: none"> – Symptomatic relief of bronchial cough
Echinacea compositum	<ul style="list-style-type: none"> – Immunostimulation – Symptomatic relief in acute infections (especially bacterial)
Adrisin®	<ul style="list-style-type: none"> – Prophylactic therapy of allergic rhinitis
Luffeel®	<ul style="list-style-type: none"> – Symptomatic treatment of allergic rhinitis
Oteel®	<ul style="list-style-type: none"> – Earache – Inflammation of the ear
Phosphor-Homaccord®	<ul style="list-style-type: none"> – Hoarseness – Laryngitis – Pharyngitis
Tartephedreel®	<ul style="list-style-type: none"> – Spasmodic bronchitis – Symptomatic relief of cough and inflammation of bronchi (e.g. spasmodic cough)
Mucosa compositum	<ul style="list-style-type: none"> – Regulation and support of the mucosal membrane functions, including the respiratory tract
Lymphomyosot®	<ul style="list-style-type: none"> – Lymphatic disorders – Recurrent infections – Drainage and Detoxification
Tonsilla compositum	<ul style="list-style-type: none"> – Recurrent infections – Stress-related colds – Synergistic support for the immune system

COUGH AND COLD

Engystol®




GIVES YOUR PATIENT'S IMMUNE SYSTEM
A NATURAL BOOST TO FIGHT OFF



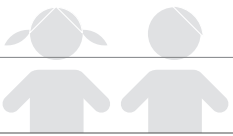
- Common colds
- Flu-like illnesses
- Mild viral infections

STRENGTHENS AND SUPPORTS THE BODY'S
OWN IMMUNE SYSTEM DURING VIRAL
INFECTION, RESULTING IN:

- Delayed onset of cold and flu-like illness
- Milder symptoms
- Shorter recovery time



 Tablets		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		1 tablet every 1/2-1 hour, up to 12x daily, then continue with standard dosage	1 tablet 3x daily
Children 6-11 years		1 tablet every 1-2 hours, up to 8x daily, and then continue with standard dosage	1 tablet 2x daily
Children 2-5 years 		1 tablet every 1-2 hours, up to 6x daily, and then continue with standard dosage	1 tablet 1-2x daily
Children below 2 years		1 tablet every 1-2 hours, up to 4x daily, and then continue with standard dosage	1 tablet 1x daily

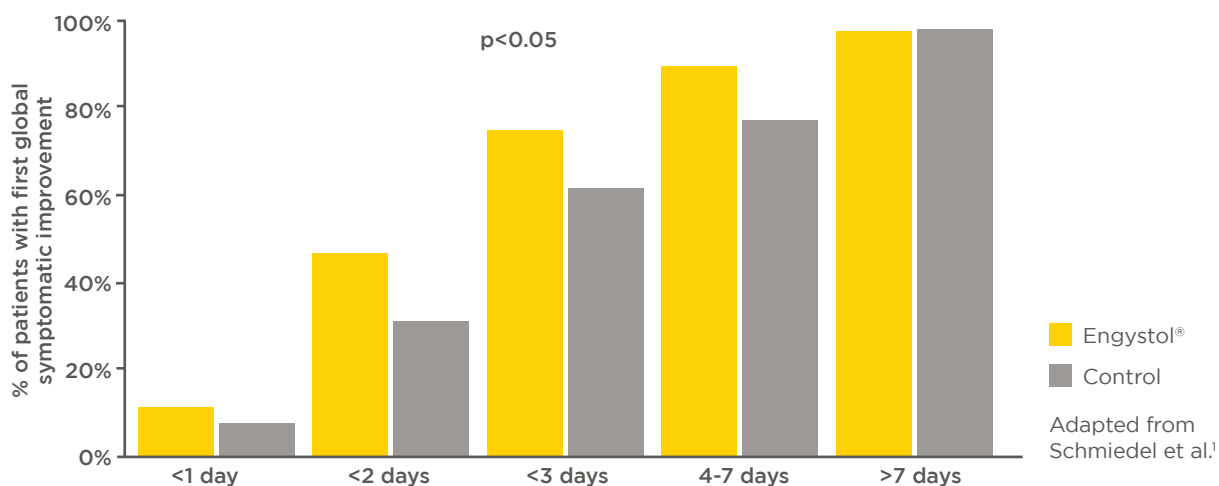
 Injection solution		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years		2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2-5 years 		1/2 ampoule daily	1/2 ampoule 1-3x weekly

Clinical Evidence

IMPROVES SYMPTOMS OF THE COMMON COLD¹

- >75% of patients reported significant relief of symptoms within 3 days¹
- Significantly more patients using Engystol[®] reported improvement within 3 days (77.1%) compared with the control group (61.7%)¹

Effect of treatment with Engystol[®] tablets on symptomatic improvement over time, compared with conventional OTC treatments (control)¹



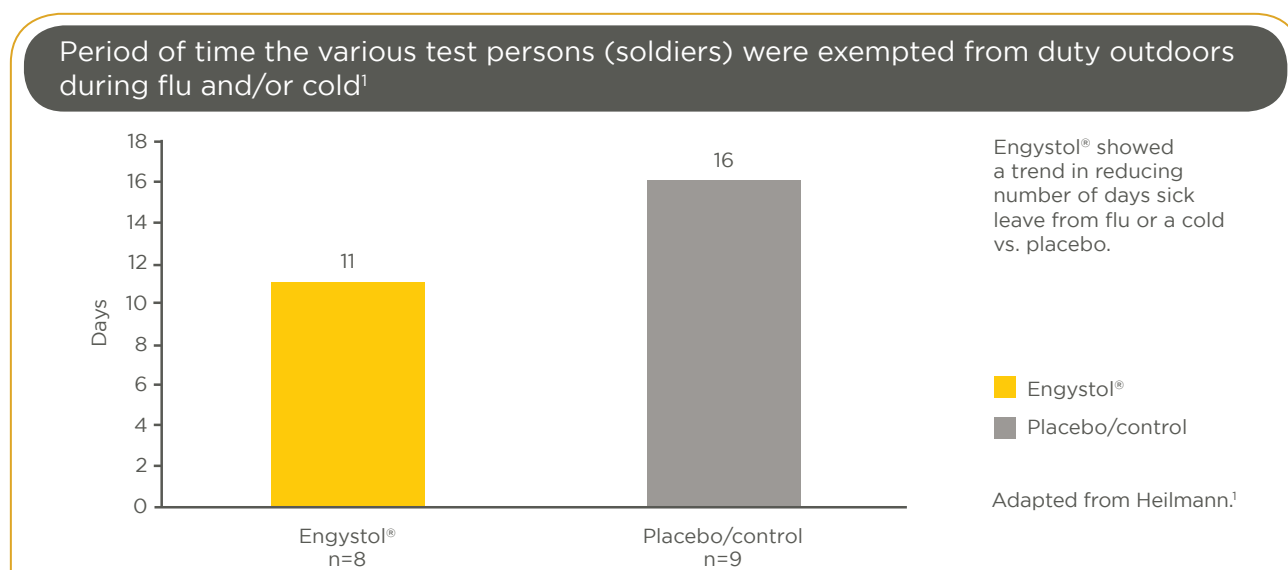
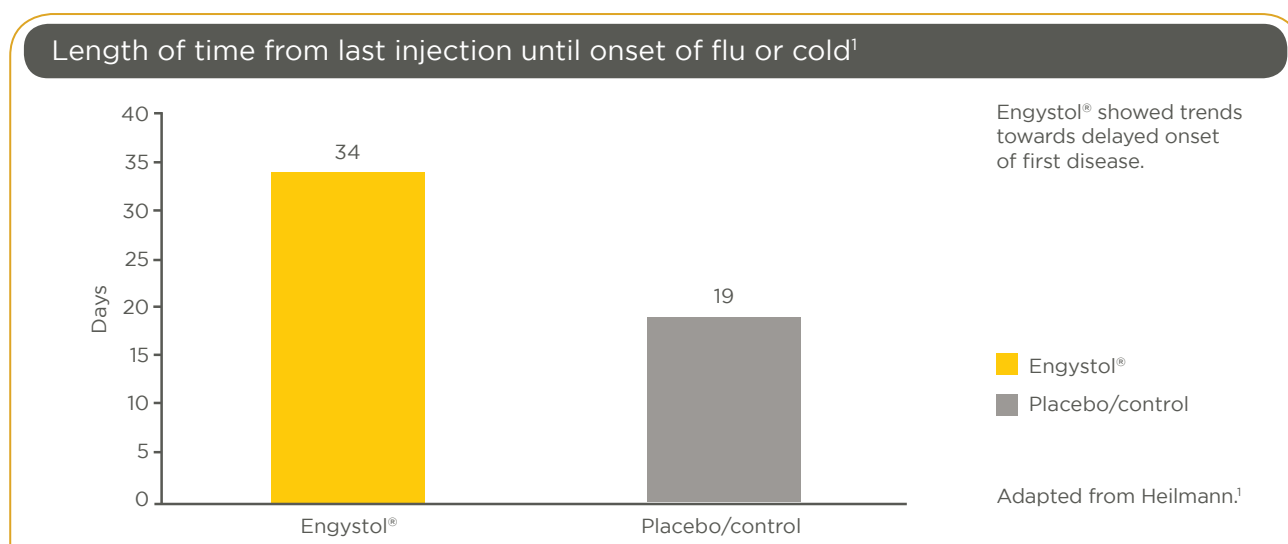
References

1) Schmiedel V, Klein P. A complex homeopathic preparation for the symptomatic treatment of upper respiratory infections associated with the common cold: An observational study. *Explore*. 2006;2(2):109-114. doi:10.1016/j.explore.2005.12.008



Clinical Evidence

SHOWED TRENDS TOWARDS DELAYED ONSET OF FIRST DISEASE AND REDUCED DURATION AND SEVERITY OF SYMPTOMS¹

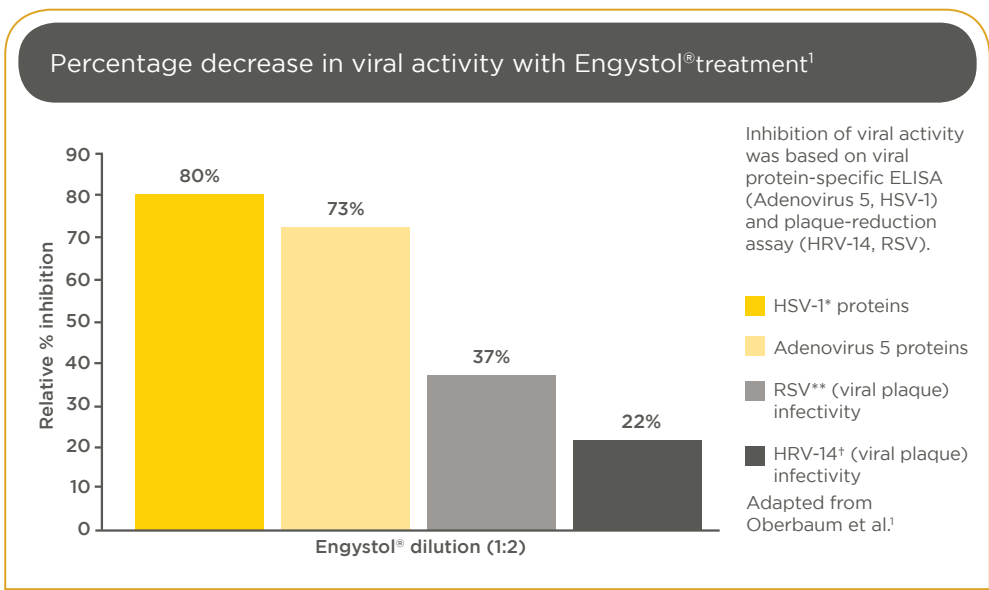


References

1) Heilmann, A. A Combination Injection Preparation as a Prophylactic for Flu and Common Colds. Biol Ther. 1994;12(4):249-253.

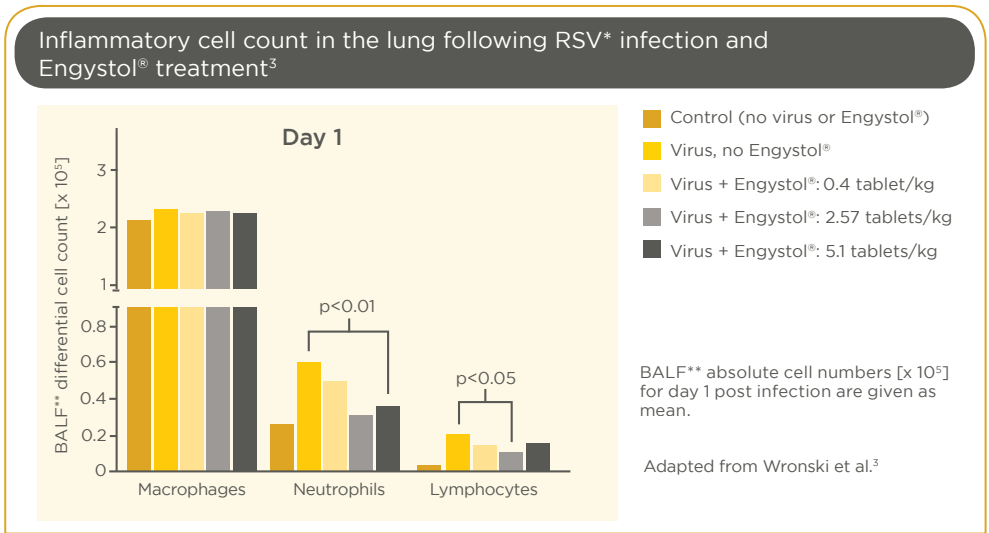
Mode of action

DEMONSTRATED ANTIVIRAL ACTIVITY AGAINST SEVERAL COMMON VIRUSES^{1,2}



*HSV-1: Herpes Simplex Virus Type 1;
**RSV: Respiratory Syncytial Virus;
†HRV-14: Human Rhinovirus Type 14.

STIMULATES AND SUPPORTS THE IMMUNE SYSTEM IN FIGHTING COLDS²⁻⁵



*RSV: Respiratory Syncytial Virus;
**BALF: Bronchoalveolar Lavage Fluid.

References

- Oberbaum M, Glatthaar-Saalmuller B, Stolt P, Weiser M. Antiviral activity of Engystol: an in vitro analysis. *J Altern Complement Med.* 2005; 11(5):855-862. doi:10.1089/acm.2005.11.855
- Roeska K, Seilheimer B. Antiviral activity of Engystol(R) and Gripp-Heel(R): an in-vitro assessment. *Immune Based Ther Vaccines.* 2010;8(1):6. doi:10.1186/1476-8518-8-6
- Wronski S, Dannenmaier J, Schild S, et al. Engystol reduces onset of experimental respiratory syncytial virus-induced respiratory inflammation in mice by modulating macrophage phagocytic capacity. *PLoS One.* 2018;13(4): e0195822. doi:10.1371/journal.pone.0195822
- Wagner H, Jurcic K, Doenicke A, Behrens N. Influence of Homeopathic Drug Preparations on the Phagocytosis Capability of Granulocytes: In-vitro tests and controlled single-blind studies. *Biol Ther.* 1993;11(1):43-49.
- Enbergs H. Effects of the homeopathic preparation Engystol on interferon-gamma production by human T-lymphocytes. *Immunol Invest.* 2006;35(1):19-27. doi:10.1080/08820130500496753

COUGH AND COLD

Euphorbium compositum

ACUTE AND CHRONIC RHINOSINUSITIS

- Treats the underlying cause of viral respiratory infections
- Supports mucosal function
- Modulates inflammatory mediators
- No rebound effect
- No addiction or tolerance development
- Suitable for all patients including children 2 years and older



Nasal Spray

Adults
(and children 12 years and older)

+ 12

Children
6-11 years



Children
2-5 years

Acute or initial dosage

1-2 sprays into each nostril every ½ to 1 hr. for the first day up to 8 x, and then continue with standard dosage

1 spray into each nostril every ½ to 1 hr. for the first day up to 8 x, and then continue with standard dosage

1 spray into each nostril every ½ to 1 hr. for the first day up to 6 x, and then continue with standard dosage

Standard dosage

1-2 sprays into each nostril
3-5x daily

1 spray into each nostril
3-5x daily

1 spray into each nostril
3-5x daily



Drops

Adults
(and children 12 years and older)

+ 12

Children
6-11 years

Children
2-5 years

Children
below 2 years



Acute or initial dosage

10 drops every 1/2-1 hour, up to 12 x daily, and then continue with standard dosage

7 drops every 1/2-1 hour, up to 12 x daily, and then continue with standard dosage

5 drops every 1/2-1 hour, up to 12 x daily, and then continue with standard dosage

3 drops every 1/2-1 hour, up to 12 x daily, and then continue with standard dosage

Standard dosage

10 drops
3x daily

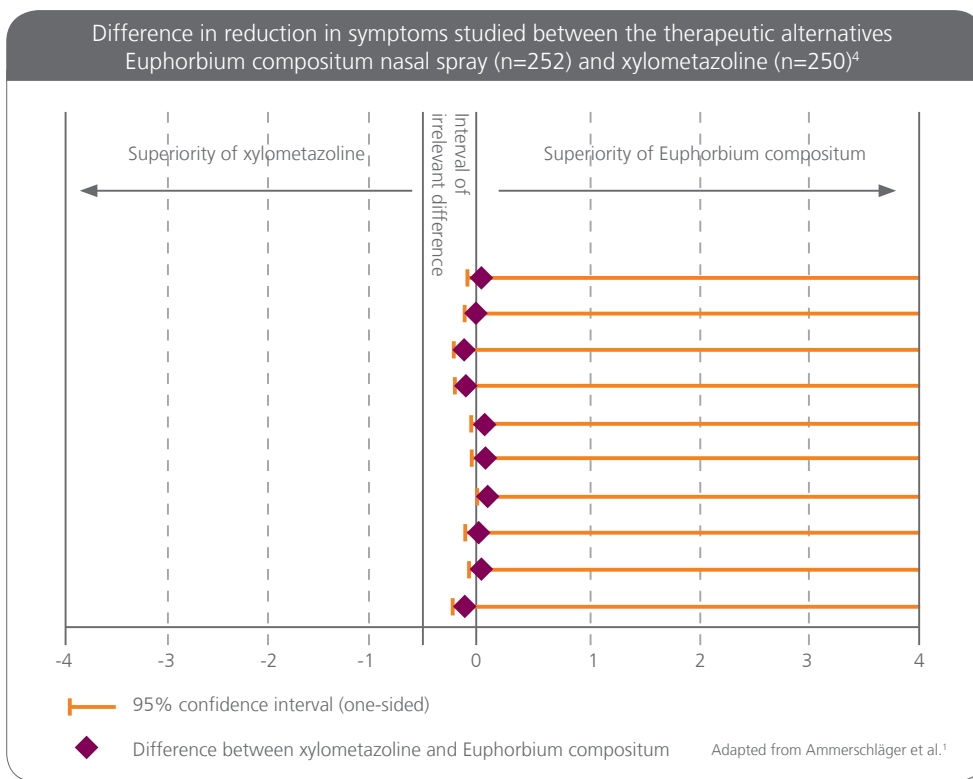
7 drops
3x daily

5 drops
3x daily

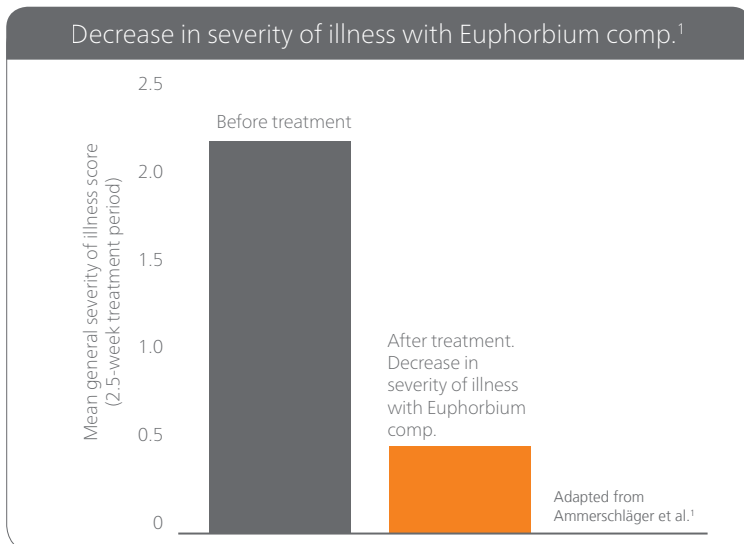
3 drops
3x daily

Clinical Evidence

- Comparable therapeutic benefit to Xylometazoline¹
- An effective, natural way to relieve symptoms of acute rhinitis and sinusitis¹



Differences with one-sided confidence intervals adjusted according to propensity scores and initial values; patients included in effectiveness analysis. Dose of Euphorbium compositum nasal spray 3-5x/day, xylometazoline: according to manufacturers' recommendations; duration of treatment: 2.5 weeks.

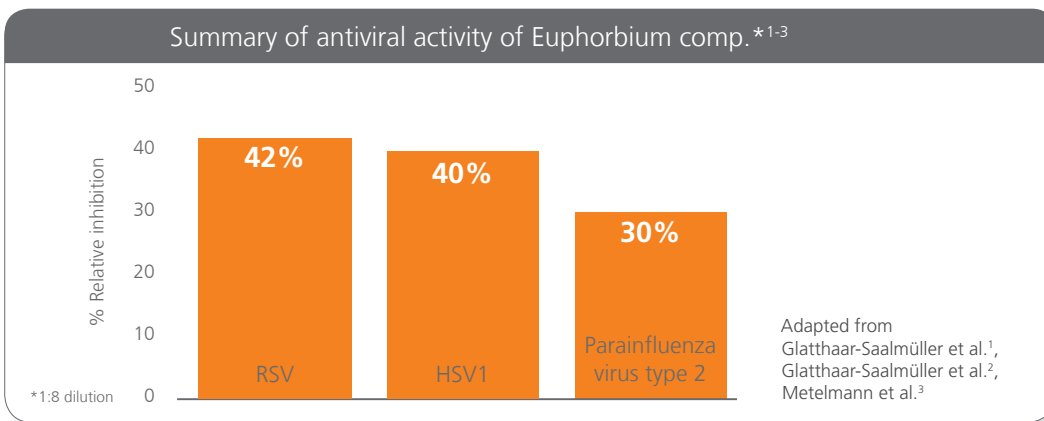


References

1) Ammerschläger H, Klein P, Weiser M, Oberbaum M. Treatment of Inflammatory Diseases of the Upper Respiratory Tract – Comparison of a Homeopathic Complex Remedy with Xylometazoline [in German]. *Forschende Komplementärmed Klass Naturheilkd.* 2005; 12: 24-31

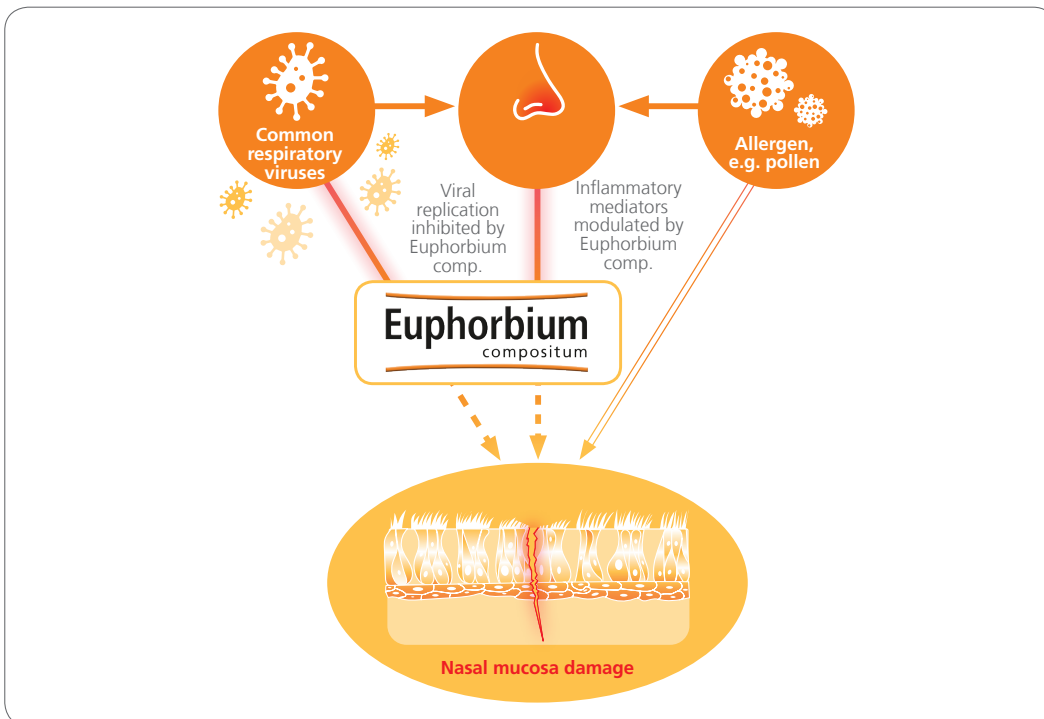
Mode of action

— Has an inhibitory effect on viral proliferation¹⁻³



RSV: Respiratory Syncytial Virus; HSV-1: Herpes Simplex Virus Type 1

... combined with a modulating effect on inflammatory mediators, thereby supporting mucosal function.¹⁻⁴



References

- 1) Glatthaar-Saalmüller B, Fallier-Becker P. Antiviral action of Euphorbium compositum and its components. Forsch Komplementärmed Klass Naturheilkd. 2001;8(4):207-212.
- 2) Glatthaar-Saalmüller B, Borner M, Weiser M. Euphorbium compositum: viruses of the upper respiratory tract inhibited [in German]. Biologische Medizin. 2002;31(4):194-195.
- 3) Metelmann H, Glatthaar-Saalmüller B. Antiviral action of a homeopathic medication. Biomed Ther. 2000;18(1):160-164.
- 4) Schmolz M, Metelmann H. Modulation of cytokine synthesis in human leukocytes by individual components of a combination homeopathic nasal spray. Biol Ther. 1999;17(2):61-63:75.

COUGH AND COLD

Gripp-Heel®



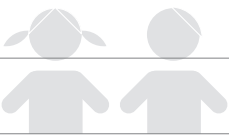
SYMPTOMATIC RELIEF OF



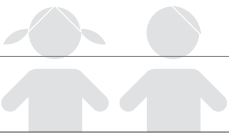
- Common colds
- Flu-like illnesses

PRODUCT BENEFITS

- Effective in upper respiratory infections
- Shorter recovery time
- Demonstrated anti-viral effects
- Stimulates the immune system
- Very good tolerability



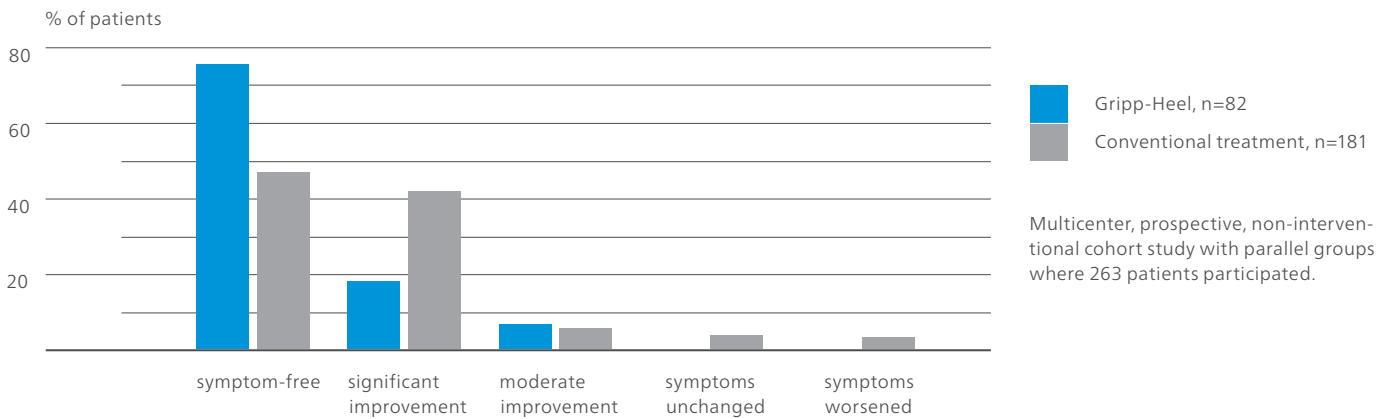
 Tablets		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years		1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2-5 years 		1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children below 2 years		1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

 Injection solution		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years		2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2-5 years 		1/2 ampoule daily	1/2 ampoule 1-3x weekly

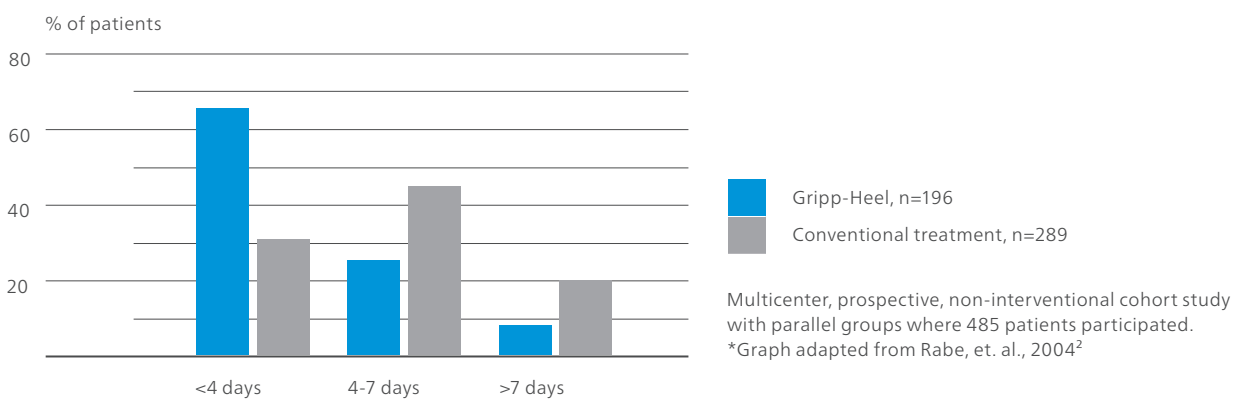
Gripp-Heel®

Clinical effectiveness

Gripp-Heel® – as effective as conventional treatment¹



Gripp-Heel® – faster symptom relief^{2*}

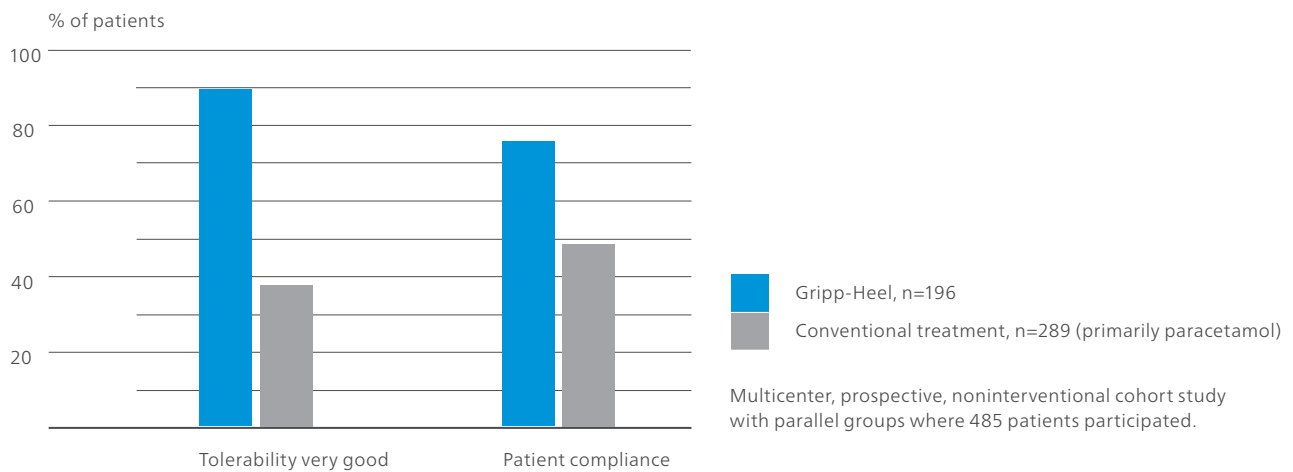


References

- 1) Rabe A. Symptomatische Behandlung akuter grippaler Infekte: Homöopathikum und konventionelle Therapie im Vergleich. [Symptomatic Treatment of Acute Upper Respiratory Infections: A Comparison of Homeopathic and Conventional Therapies.] Der Allgemeinarzt. 2003; 25(20):1522-23. (English translation in J Biomed Ther 2007;Winter:7-10.)
- 2) Rabe A, Weiser M, Klein P. Effectiveness and tolerability of a homeopathic remedy compared with conventional therapy for mild viral infections. Int J Clin Pract. 2004; 58(9):827-832.

Gripp-Heel[®]

Gripp-Heel[®] – better tolerability²



References

- 1) Rabe A. Symptomatische Behandlung akuter grippaler Infekte: Homöopathikum und konventionelle Therapie im Vergleich. [Symptomatic Treatment of Acute Upper Respiratory Infections: A Comparison of Homeopathic and Conventional Therapies.] Der Allgemeinarzt. 2003;25(20):1522-23. (English translation in J Biomed Ther 2007;Winter:7-10.)
- 2) Rabe A, Weiser M, Klein P. Effectiveness and tolerability of a homeopathic remedy compared with conventional therapy for mild viral infections. Int J Clin Pract. 2004;58(9):827-832.

COUGH AND COLD





ALLEVIATES THE CHILD'S RESTLESSNESS AND IRRITABILITY

- Common infections with or without fever
- Teething
- Infant colic, flatulence, constipation
- Irritability (e.g. after vaccination)



PRODUCT BENEFITS

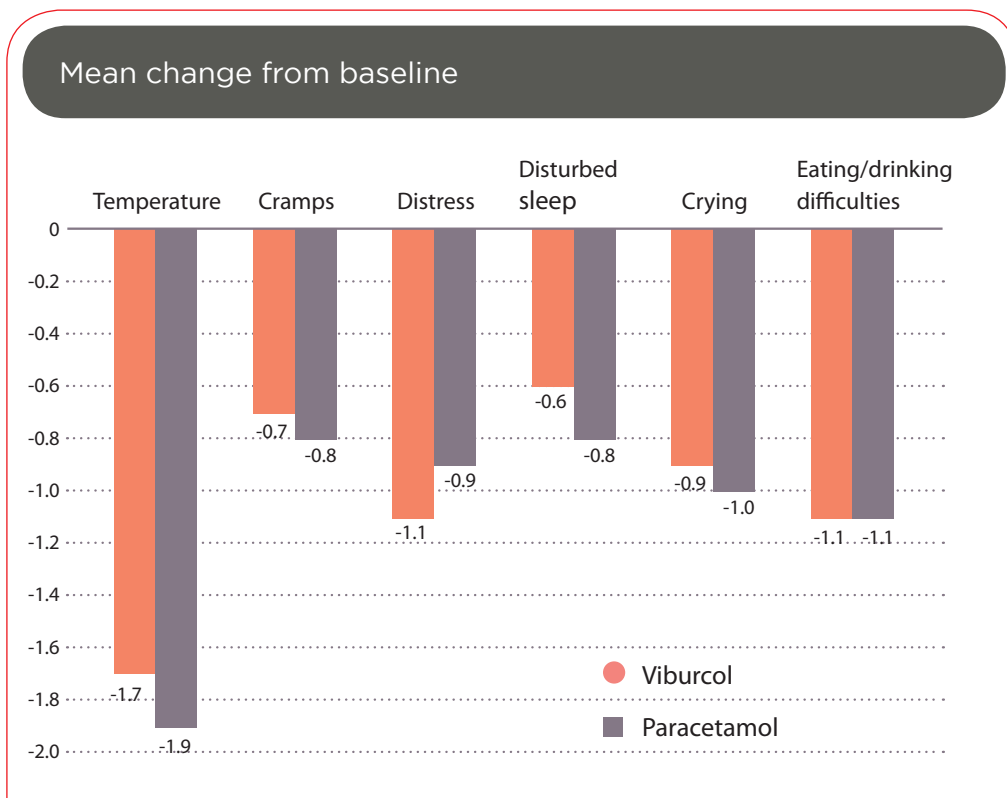
- Clinical effectiveness
- Fast alleviation of symptoms
- No known side effects, product interactions or contraindications
- Very good safety profile

 Suppositories		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) + 12		2 suppositories every 2 hrs. up to 6x daily	2 suppositories up to 3x daily
Children 6-11 years		1 suppository every 2 hrs. up to 8x daily	1 suppository up to 4x daily
Children 2-5 years		1 suppository every 2 hrs. up to 6x daily	1 suppository up to 3x daily
Children below 2 years		1 suppository every 2 hrs. up to 4x daily	1 suppository up to 2x daily



Clinical Evidence

- Fast symptomatic improvement¹
- In conditions of restlessness in infants and children¹
- In symptomatic treatment of common infections¹



References

1) Derasse M, et al. The effects of a complex homeopathic medicine compared with acetaminophen in the symptomatic treatment of acute febrile infections in children: an observational study. *Explore*. 2005;1(1):33-39.

COUGH AND COLD



Angin-Heel®

THE NATURAL WAY OF TREATING SYMPTOMS OF TONSILLITIS/PHARYNGITIS*

Symptomatic treatment of:

- Acute tonsillitis
- Chronic tonsillitis
- Pharyngitis



Tablets	Acute or initial dosage	Standard dosage
 Adults (and children 12 years and older) + 12	1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years	1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2-5 years 	1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children below 2 years	1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily



* In case of β -haemolytic Streptococcus infections as adjuvant therapy to antibiotics
For further information, see package insert.

COUGH AND COLD

Bronchalis-Heel®

SYMPTOMATIC RELIEF OF
BRONCHIAL COUGH



Tablets		Acute or initial dosage	Standard dosage
 <p>Adults (and children 12 years and older)</p>	+ 12	1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years		1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2-5 years		1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children below 2 years		1 tablet every 1-2 hours, Up to 3x daily	1 tablet 1x daily



COUGH AND COLD



Echinacea compositum

STRENGTHEN THE IMMUNITY IN TIMES OF INFECTION

- Immunostimulation
- Symptomatic relief in acute infections (especially bacterial)



 Tablets		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) + 12		1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years		1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2-5 years 		1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children below 2 years		1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

 Injection solution		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) + 12		1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years 		2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2-5 years		1/2 ampoule daily	1/2 ampoule 1-3x weekly



COUGH AND COLD

Adrisin®

PROPHYLACTIC TREATMENT OF ALLERGIC RHINITIS

- 2 in 1: replacing nasal spray and eye drops
- Multicomponent and multitarget regulation of allergic reactions
- Symptom improvement in rhinitis, conjunctivitis and urticara



Tablets		Acute or initial dosage	Standard dosage
 <p>Adults (and children 12 years and older)</p>	+ 12	1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years		1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2-5 years		1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children below 2 years		1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily



COUGH AND COLD





DEFENSE AGAINST ALLERGIES
AND HAY FEVER

— Symptomatic treatment of
allergic rhinitis



Tablets		Acute or initial dosage	Standard dosage
 <p>Adults (and children 12 years and older) + 12</p>		1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
<p>Children 6-11 years</p>		1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
<p>Children 2-5 years</p> 		1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
<p>Children below 2 years</p>		1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

Nasal Spray		Acute or initial dosage	Standard dosage
 <p>Adults (and children 12 years and older) + 12</p>		1-2 sprays into each nostril every 1/2 to 1 hr. for the first day up to 8x, and then continue with standard dosage	1-2 sprays into each nostril 3-5x daily
<p>Children 6-11 years</p> 		1 spray into each nostril every 1/2 to 1 hr. for the first day up to 8x, and then continue with standard dosage	1 spray into each nostril 3-5x daily
<p>Children 2-5 years</p>		1 spray into each nostril every 1/2 to 1 hr. for the first day up to 6x, and then continue with standard dosage	1 spray into each nostril 3-5x daily



COUGH AND COLD



SOOTHE AND HEAL AN INFLAMED EAR

- Earache
- Inflammation of the ear



 Ear drops	Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) + 12	see Standard Dosage	3-4 drops 4x daily, or more often when needed
Children 6-11 years	see Standard Dosage	3 drops 4x daily, or more often when needed
Children 2-5 years 	see Standard Dosage	2 drops 4x daily, or more often when needed
Children below 2 years	see Standard Dosage	1-2 drops 4x daily, as directed [consult a healthcare professional before use]



COUGH AND COLD



Phosphor-Homaccord®

TREAT THE SORE INFLAMED THROAT

- Hoarseness
- Laryngitis
- Pharyngitis



Drops		Acute or initial dosage	Standard dosage
 Adults (and children 12 years and older) + 12		10 drops every 1/2-1 hour, Up to 12x daily	10 drops 3x daily
Children 6-11 years		7 drops every 1/2-1 hour Up to 12x daily	7 drops 3x daily
Children 2-5 years 		5 drops every 1/2-1 hour, Up to 12x daily	5 drops 3x daily
Children below 2 years		3 drops every 1/2-1 hour, Up to 12x daily	3 drops 3x daily

Injection solution		Acute or initial dosage	Standard dosage
 Adults (and children 12 years and older) + 12		1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years 		2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2-5 years		1/2 ampoule daily	1/2 ampoule 1-3x weekly



COUGH AND COLD

Tartephedreel®

TREATMENT OF COUGH ASSOCIATED WITH MUCOUS PRODUCTION

- Bronchitis
- Symptomatic relief of cough and inflammation of bronchi (e.g. spasmodic cough)



Drops		Acute or initial dosage	Standard dosage
 Adults (and children 12 years and older)	+ 12	10 drops every 1/2-1 hour, Up to 12x daily	10 drops 3x daily
Children 6-11 years		7 drops every 1/2-1 hour Up to 12x daily	7 drops 3x daily
Children 2-5 years		5 drops every 1/2-1 hour, Up to 12x daily	5 drops 3x daily
Children below 2 years		3 drops every 1/2-1 hour, Up to 12x daily	3 drops 3x daily




COUGH AND COLD




Mucosa compositum

FOR A HEALTHY RESPIRATORY TRACT MUCOSA

- Regulation and support of the mucosal membrane functions, including the respiratory tract



 Tablets		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years		1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2-5 years 		1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children below 2 years		1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

 Injection solution		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		see Standard dosage	1 ampoule 1-3x weekly
Children 6-11 years 		see Standard dosage	2/3 ampoule 1-3x weekly
Children 2-5 years		see Standard dosage	1/2 ampoule 1-3x weekly





COUGH AND COLD





Lymphomyosot®





SUPPORT OF THE LYMPHATIC FLOW FOR A FASTER RECOVERY

- Lymphatic disorders
- Recurrent infections
- Drainage and Detoxification



 Tablets		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		1 tablet every 1/2-1 hour, Up to 12x daily	1 tablet 3x daily
Children 6-11 years		1 tablet every 1-2 hours, Up to 8x daily	1 tablet 2x daily
Children 2-5 years 		1 tablet every 1-2 hours, Up to 6x daily	1 tablet 1-2x daily
Children below 2 years 		1 tablet every 1-2 hours, Up to 4x daily	1 tablet 1x daily

 Drops		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		10 drops every 1/2-1 hour, Up to 12x daily	10 drops 3x daily
Children 6-11 years		7 drops every 1/2-1 hour Up to 12x daily	7 drops 3x daily
Children 2-5 years 		5 drops every 1/2-1 hour, Up to 12x daily	5 drops 3x daily
Children below 2 years 		3 drops every 1/2-1 hour, Up to 12x daily	3 drops 3x daily

 Injection solution		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		1 ampoule daily	1 ampoule 1-3x weekly
Children 6-11 years 		2/3 ampoule daily	2/3 ampoule 1-3x weekly
Children 2-5 years 		1/2 ampoule daily	1/2 ampoule 1-3x weekly




COUGH AND COLD




Tonsilla compositum

COMPREHENSIVE SUPPORT FOR A WORN OUT IMMUNE SYSTEM

- Recurrent infections
- Stress-related colds
- Synergistic support for the immune system



 Drops		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		10 drops every 1/2-1 hour, Up to 12x daily	10 drops 3x daily
Children 6-11 years		7 drops every 1/2-1 hour Up to 12x daily	7 drops 3x daily
Children 2-5 years 		5 drops every 1/2-1 hour, Up to 12x daily	5 drops 3x daily
Children below 2 years		3 drops every 1/2-1 hour, Up to 12x daily	3 drops 3x daily

 Injection solution		Acute or initial dosage	Standard dosage
Adults (and children 12 years and older) 		see Standard dosage	1 ampoule 1-3x weekly
Children 6-11 years 		see Standard dosage	2/3 ampoule 1-3x weekly
Children 2-5 years		see Standard dosage	1/2 ampoule 1-3x weekly

COUGH AND COLD

Product information in alphabetical order



Adrisin®

Summary of Product Characteristics

Tablets

Compositions: Tablets: 1 tabl. cont.: Active ingredients: Acidum arsenicosum D8 15.0 mg, Acidum formicicum D8 15.0 mg, Acidum sulfuricum D22 15.0 mg, Arctium D8 15,0 mg, Arnica montana D6 15.0 mg, Graphites D10 15,0 mg, Histaminum dihydrochloricum D8 15.0 mg, Histaminum dihydrochloricum D12 15.0 mg, Histaminum dihydrochloricum D22 15.0 mg, Ledum palustre D8 15.0 mg, Lycopodium clavatum D6 15.0 mg, Pix pinaceae D10 15.0 mg, Selenium D12 15.0 mg, Stibium sulfuratum nigrum D10 15.0 mg, Strychnos ignatii D6 15.0 mg, Sulfur D12 15.0 mg, Tellurium metallicum D10 15.0 mg, Thuja occidentalis D6 15.0 mg. Excipients: Lactose monohydrate 30.0 mg, Magnesium stearate 1.5 mg. Contains lactose!

Indications: Tablets: Relief of allergies during pollen season. May also be used to support the preventative management of these conditions.

Contraindications: Tablets: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product.

Side effects: Tablets: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them.

Interactions with other medication: Tablets: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: Tablets: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Tablets: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Tablets: Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.:

1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or Initial Dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every

1 to 2 hrs., up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals.

Overdose: Tablets: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Tablets (71152): Packs containing 50, 100 and 250 tablets.

Angin-Heel®

Angin-Heel® Summary of Product Characteristics

Tablets

Compositions: Tablets: 1 tablet (301.5 mg) contains: Active ingredients: Apis mellifica D4 30 mg, Arnica montana D4 30 mg, Atropa bella-donna D4 60 mg, Hepar sulfuris D6 60 mg, Hydrargyrum bichloratum D8 30 mg, Phytolacca americana D4 30 mg, Solanum dulcamara D4 60 mg. Excipients: Magnesium stearate 1.5 mg. Contains lactose!

Indications: Tablets: Symptomatic treatment of tonsillitis and pharyngitis.

Contraindications: Tablets: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product.

Side effects: Tablets: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them.

Interactions with other medication: Tablets: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: Tablets: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Tablets: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Tablets: Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals.

Overdose: Tablets: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Tablets (9661): Packs containing 50 and 250 tablets.

Bronchalis-Heel®

Bronchalis-Heel® Summary of Product Characteristics

Tablets

Compositions: Tablets: 1 tablet (301.5 mg) contains: Active ingredients: Atropa bella-donna D4 30 mg, Bryonia D4 60 mg, Hyoscyamus niger D4 60 mg, Kalium stibyltartaricum D4 30 mg, Kreosotum D5 30 mg, Lobaria pulmonaria D4 30 mg, Lobelia inflata D4 30 mg, Psychotria ipecacuanha D4 30 mg. Excipients: Magnesium stearate 1.5 mg. Contains lactose!

Indications: Tablets: Acute and chronic bronchitis, including smoker's cough.

Contraindications: Tablets: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product.

Side effects: Tablets: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them.

Interactions with other medication: Tablets: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: Tablets: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Tablets: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Tablets: Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 3x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals.

Overdose: Tablets: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Tablets (9664): Packs containing 50 and 250 tablets.

Echinacea compositum

Echinacea compositum Summary of Product Characteristics

Tablets • Injection solution

Compositions: Tablets: 1 Tablet contains: Active ingredients: Bryonia D4 0.3 mg, Echinacea D2 0.9 mg, Lachesis D10 0.3 mg, Matricaria recutita D6 0.3 mg, Phytolacca americana D4 0.3 mg, Rhus toxicodendron D4 0.3 mg, Thuja occidentalis D4 0.3 mg, Hepar sulfuris D8 0.3 mg. Excipients: Lactose monohydrate 299.7 mg, Magnesium stearate 1.5 mg. Contains lactose!

Injection solution: 1 ampoule = 2.2 g contains: Active ingredients: Acidum arsenicosum D8 22.0 mg, Aconitum napellus D3 22.0 mg, Argentum nitricum D8 22.0 mg, Arnica montana D4 22.0 mg, Baptisia tinctoria D4 22.0 mg, Bryonia D6 22.0 mg, Cortisonum aceticum D13 22.0 mg, Echinacea D5 22.0 mg, Eupatorium perfoliatum D6 22.0 mg, Euphorbium D6 22.0 mg, Gelsemium sempervirens D6 22.0 mg, Hepar sulfuris D10 22.0 mg, Hydrargyrum bichloratum D8 22.0 mg, Lachesis D10 22.0 mg, Phosphorus D8 22.0 mg, Phytolacca americana D6 22.0 mg, Pulsatilla pratensis D8 22.0 mg, Rhus toxicodendron D4 22.0 mg, Sanguinaria canadensis D5 22.0 mg, Sulfur D8 22.0 mg, Thuja occidentalis D8 22.0 mg, Zincum metallicum D10 22.0 mg. Excipients: Sodium chloride 18.5 – 19.7 mg, Water for injections 1.716,0 mg.

Indications: Tablets, Injection solution: Stimulation of the body's intrinsic defense system in cases of inflammations and infections of all tissues and organs.

Contraindications: Tablets, Injection solution: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Injection solution:** None.

Side effects: Tablets, Injection solution: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them.

Interactions with other medication: Tablets, Injection solution: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: Tablets, Injection solution: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Tablets, Injection solution: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Tablets: Standard Dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or Initial Dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs.: up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Injection solution: Standard dosage:** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. **Method of administration:** Echinacea comp., Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

Overdose: Tablets, Injection solution: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Tablets (9820): Packs containing 50 and 250 tablets.

Injection solution (52729): Packs containing 5, 10, 50 and 100 ampoules of 2.2 ml.



Engystol®

Summary of Product Characteristics

Tablets • Injection solution

Compositions: Tablets: 1 tabl. contains: Active ingredients: Sulfur D4 37.5 mg, Sulfur D10 37.5 mg, Vincetoxicum hirundinaria D6 75.0 mg, Vincetoxicum hirundinaria D10 75.0 mg, Vincetoxicum hirundinaria D30 75.0 mg. Excipients: Magnesium stearate 1.5 mg.

Contains lactose!

Injection solution: 1 ampoule of 1.1 ml (=1.1 g) contains: Active ingredients: Sulfur D4 3.30 mg, Sulfur D10 3.30 mg, Vincetoxicum hirundinaria D6 6.60 mg, Vincetoxicum hirundinaria D10 6.60 mg, Vincetoxicum hirundinaria D30 6.60 mg. Excipients: Sodium chloride 8.78 mg, Water for injections 1.073.60 mg.

Indications: Tablets, injection solution: To reduce severity and duration of symptoms in viral infections, particularly in colds and influenza-like illnesses by supporting the immune system during or in upcoming flu season.

Contraindications: Tablets, injection solution: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Injection solution:** None.

Side effects: Tablets: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. In isolated cases transient skin reactions (eg. rash, pruritus or erythema) and gastrointestinal complaints (eg. abdominal pain or discomfort) have been reported. **Injection solution:** Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. In isolated cases transient reactions (e.g. skin allergies, redness/swelling at the injection site) have been reported.

Interaction with other medicaments: Tablets, injection solution: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: Tablets, injection solution: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Tablets, injection solution: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Tablets: Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs. up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Injection solution: Standard dosage:** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅓ of an ampoule 1 to 3x weekly. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅓ of an ampoule daily, and then continue with standard dosage. **Method of administration:** Injection solution may be administered by the s.c., i.d., i.m. or i.v. route.

Overdose: Tablets, injection solution: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Tablets (9830): Packs containing 50 and 250 tablets.

Injection solution (8546): Packs containing 5, 10, 50 and 100 ampoules of 1.1 ml.

Euphorbium compositum

Euphorbium compositum Summary of Product Characteristics

Nasal spray • Oral drops

Compositions: *Nasal spray:* 100 g containing: Active ingredients: Euphorbium D4 1,0000 g, Luffa operculata D2 1,0000 g, Pulsatilla pratensis D2 1,0000 g, Argentum nitricum D10 1,0000 g, Hepar sulfuris D10 1,0000 g, Hydrargyrum biiodatum D8 1,0000 g. Excipients: Disodium phosphate dihydrate 0,0200 g, Sodium chloride 0,8800 g, Sodium dihydrogen phosphate dihydrate 0,0628 g, Water for injections 93,0372 g. In isotonic sodium chloride solution. *Oral drops:* 100 g containing: Active ingredients: Argentum nitricum D10 1,0 g, Hepar sulfuris D10 1,0 g, Hydrargyrum biiodatum D8 1,0 g, Luffa operculata D6 1,0 g, Euphorbium D3 1,0 g, Pulsatilla pratensis D2 1,0 g. Excipients: Ethanol (96 per cent) 27,2 g, Water, purified 66,8 g, Contains 35 vol-% alcohol.

Indications: *Nasal spray, oral drops:* Rhinitis of various origins including infectious, allergic (e.g. hay fever), and rhinitis sicca. Acute or chronic sinusitis.

Contraindications: *Nasal spray, oral drops:* Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: *Nasal spray:* None. *Oral drops:* This medicinal product contains 35 vol.-% ethanol (alcohol).

Side effects: *Nasal spray:* Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. In isolated cases transient local reactions or irritation of the nasal mucosa have been reported.

Oral drops: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them.

Interactions with other medication: *Nasal spray, oral drops:* No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: *Nasal spray, oral drops:* For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: *Nasal spray, oral drops:* No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: *Nasal spray: Standard Dosage:* Adults (and children 12 years and older): 1–2 sprays into each nostril 3–5x daily. Pediatric: 2–5 years: 1 spray into each nostril 3–5x daily; 6–11 years: 1 spray into each nostril 3–5x daily. *Acute or Initial Dosage:* Adults (and children 12 years and older): 1–2 sprays into each nostril every ½ to 1 hr. for the first day up to 8x, and then continue with standard dosage. Pediatric: 2–5 years: 1 spray into each nostril every ½ to 1 hr. for the first day up to 6x, and then continue with standard dosage; 6–11 years: 1 spray into each nostril every ½ to 1 hr. for the first day up to 8x, and then continue with standard dosage. *Method of*

Administration: For each application, spray the recommended dosage into each nostril. For hygienic reasons it is not recommended to share the use of the same product with others. *Oral drops: Standard Dosage:* Adults (and children 12 years and older): 10 drops 3x daily. Paediatric: Below 2 years: 3 drops 3x daily; 2-5 years: 5 drops 3x daily; 6-11 years: 7 drops 3x daily. *Acute or Initial Dosage:* Adults (and children 12 years and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Paediatric: Below 2 years: 3 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage; 2-5 years: 5 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage; 6-11 years: 7 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. *Method of Administration:* This medicine should be taken away from meals. For children, add drops to a small amount of water.

Overdose: *Nasal spray, oral drops:* No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: *Nasal spray (9965):* Atomiser without propellant, 20 ml.

Oral drops (9957): Drop bottles containing 30 and 100 ml.

Gripp-Heel®

Gripp-Heel® Summary of Product Characteristics

Tablets • Injection solution

Compositions: *Tablets:* 301.5 mg contains: Active ingredients: Aconitum napellus D4 120 mg, Bryonia D4 60 mg, Eupatorium perfoliatum D3 30 mg, Lachesis D12 60 mg, Phosphorus D5 30 mg. Excipients: Magnesium stearate 1.5 mg. Contains lactose!

Injection solution: 1 ampoule (= 1.1 g) contains: Active ingredients: Aconitum napellus D3 4.4 mg, Bryonia D3 2.2 mg, Lachesis D11 2.2 mg, Eupatorium perfoliatum D2 1.1 mg, Phosphorus D4 1.1 mg. Excipients: Sodium chloride 9.8 mg, Water for injections 1089 mg.

Indications: *Tablets, injection solution:* For the relief of symptoms related to colds and influenza-like illnesses, such as aches and pains, fever, drowsiness, cough and headache.

Contraindications: *Tablets, injection solution:* Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: *Tablets:* Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. *Injection solution:* None.

Side effects: *Tablets, injection solution:* Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. In isolated cases transient skin reactions have been reported.

Interactions with other medication: *Tablets, injection solution:* No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: *Tablets, injection solution:* For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: *Tablets, injection solution:* No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: *Tablets: Standard Dosage:* Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. *Acute or Initial Dosage:* Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs.: up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. *Method of administration:* Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. *Injection solution: Standard dosage:* Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. *Acute or Initial Dosage:* Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage.

Method of administration: Gripp-Heel, Solution for injection may be administered by the s.c., i.d., i.m., or i.v. route.

Overdose: *Tablets, injection solution:* No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: *Tablets (9674):* Packs containing 50 and 250 tablets.

Injection solution (8549): Packs containing 5, 10, 50 and 100 ampoules of 1.1 ml.



Luffeel®

Summary of Product Characteristics

Tablets • Nasal spray

Compositions: Tablets: 301.5 mg contains: Active ingredients: Arsenum iodatum D8 25 mg, Lobelia inflata D6 25 mg, Luffa operculata D12 25 mg, Aralia racemosa D1 25 mg. Excipients: Lactose monohydrate 200 mg, Magnesium stearate 1.5 mg. Contains lactose!

Nasal spray: 100 g contains: Active ingredients: Histaminum D12 5 g, Histaminum D30 5 g, Histaminum D200 5 g, Luffa operculata D4 10 g, Luffa operculata D12 10 g, Luffa operculata D30 10 g, Sulfur D12 5 g, Sulfur D30 5 g, Sulfur D200 5 g, Thryallis glauca D4 10 g, Thryallis glauca D12 10 g, Thryallis glauca D30 10 g. Excipients: Benzalkonium chloride solution 0.02 g, Disodium phosphate dihydrate 0.02 g, Sodium chloride 0.72 g, Sodium dihydrogen phosphate dihydrate 0.0628 g, Water purified 9.1772 g. Preserved with benzalkonium chloride 0,01 %.

Indications: Tablets: Allergic rhinitis, particularly hay fever during pollen season. May also be used to support the preventative management of these conditions. **Nasal spray:** Allergic rhinitis, particularly hay fever.

Contraindications: Tablets, Nasal spray: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Nasal spray:** Luffeel, Nasal spray contains benzalkonium chloride. May cause irritation of the nasal mucosa.

Side effects: Tablets: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. In isolated cases transient skin reactions have been reported. **Nasal spray:** Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. In isolated cases transient local reactions or irritation of the nasal mucosa have been reported.

Interactions with other medication: Tablets, Nasal spray: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: Tablets, Nasal spray: For this product no clinical data on pregnancy and lactation are available.

Homeopathic dilutions of the substances present in this medicament are not known to be toxic during the pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Tablets, Nasal spray: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Tablets: Standard Dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or Initial Dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. Preventative (Prophylactic) Dosage: For patients in whom allergy symptoms recur annually, start with the standard dosage one month before the allergy season and continue until two weeks after the end of the critical season. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add a small amount of water. This medicine should be taken away from meals.

Nasal spray: Standard Dosage: Adults (and children 12 yrs. and older): 1–2 sprays into each nostril 3–5x daily. Pediatric: 2–5 yrs.: 1 spray into each nostril 3–5x daily. 6–11 yrs.: 1 spray into each nostril 3–5x daily. **Acute or Initial Dosage:** Adults (and children 12 yrs. and older): 1–2 sprays into each nostril every ½ to 1 hr. for the first day up to 8x, and then continue with standard dosage. Pediatric: 2–5 yrs.: 1 spray into each nostril every ½ to 1 hr. for the first day up to 6x, and then continue with standard dosage. 6–11 yrs.: 1 spray into each nostril every ½ to 1 hr. for the first day up to 8x, and then continue with standard dosage. **Method of administration:** For each application, spray the recommended dosage into each nostril. For hygienic reasons it is not recommended to share the use of the same product with others.

Overdose: Tablets, Nasal spray: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Tablets (9831): Packs containing 50 and 250 tablets.

Nasal spray (9864): Atomiser without propellant, 20 ml.

Lymphomyosot®

Lymphomyosot® Summary of Product Characteristics

Tablets • Drops • Injection solution

Compositions: Tablets: 1 tablet = 301.5 mg containing: Active ingredients: Araneus diadematus D6 15.0 mg, Calcium phosphoricum D12 15.0 mg, Equisetum hiemale D4 15.0 mg, Ferrum iodatum D12 30.0 mg, Fumaria officinalis D4 15.0 mg, Gentiana lutea D5 15.0 mg, Geranium robertianum D4 30.0 mg, Juglans regia ssp. regia D3 15.0 mg, Levothyroxinum D12 15.0 mg, Myosotis arvensis D3 15.0 mg, Nasturtium officinale D4 30.0 mg, Natrium sulfuricum D4 15.0 mg, Pinus sylvestris D4 15.0 mg, Scrophularia nodosa D3 15.0 mg, Smilax D6 15.0 mg, Teucrium scorodonia D3 15.0 mg, Veronica officinalis D3 15.0 mg. Excipients: Magnesium stearate 1,5 mg. Contains lactose!

Drops: 100 g containing: Active ingredients: Araneus diadematus D6 5.0 g, Calcium phosphoricum D12 5.0 g, Equisetum hiemale D4 5.0 g, Ferrum iodatum D12 10.0 g, Fumaria officinalis D4 5.0 g, Gentiana lutea D5 5.0 g, Geranium robertianum D4 10.0 g, Juglans regia ssp. regia D3 5.0 g, Levothyroxinum D12 5.0 g, Myosotis arvensis D3 5.0 g, Nasturtium officinale D4 10.0 g, Natrium sulfuricum D4 5.0 g, Pinus sylvestris D4 5.0 g, Scrophularia nodosa D3 5.0 g, Smilax D6 5.0 g, Teucrium scorodonia D3 5.0 g, Veronica officinalis D3 5.0 g, Excipients: Contains 35 vol.-% alcohol. **Injection solution:** 1.1 g containing: Active ingredients: Araneus diadematus D6 0.55 mg, Calcium phosphoricum D12 0.55 mg, Equisetum hiemale D4 0.55 mg, Ferrum iodatum D12 1.10 mg, Fumaria officinalis D4 0.55 mg, Gentiana lutea D5 0.55 mg, Geranium robertianum D4 1.10 mg, Juglans regia ssp. regia D3 0.55 mg, Levothyroxinum D12 0.55 mg, Myosotis arvensis D3 0.55 mg, Nasturtium officinale D4 1.10 mg, Natrium sulfuricum D4 0.55 mg, Pinus sylvestris D4 0.55 mg, Scrophularia nodosa D3 0.55 mg, Smilax D6 0.55 mg, Teucrium scorodonia D3 0.55 mg, Veronica officinalis D3 0.55 mg. Excipients: Sodium chloride 10.3 mg, water for injections 1089 mg.

Indications: Tablets, Drops, injection solution: Improvement of lymphatic drainage, the non-specific immune defense, and conditions such as benign hypertrophy of lymph nodes, chronic tonsillitis, tonsillar hypertrophy and lymphatic edema.

Contraindications: Tablets, Drops, injection solution: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Drops:** This medicinal product contains 35 vol.-% ethanol (alcohol). **Injection solution:** None.

Side effects: Tablets: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. **Drops, injection solution:** Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. In isolated cases transient allergic skin reactions have been reported.

Interactions with other medication: Tablets, injection solution: No interactions have been reported, and none are expected due to the homeopathic dilutions. **Drops:** This medicine has no or negligible influence on the ability to drive and use machines.

Pregnancy and lactation: Tablets, Drops, injection solution: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Tablets, injection solution: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions. **Drops:** This medicine has no or negligible influence on the ability to drive and use machines.

Dosage: Tablets: Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily.

2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage.

6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Drops: Standard dosage:** Adults (and children 12 yrs. and older): 10 drops 3x daily.

Pediatric: Below 2 yrs.: 3 drops 3x daily. 2–5 yrs.: 5 drops 3x daily. 6–11 yrs.: 7 drops 3x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 3 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 2–5 yrs.: 5 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 6–11 yrs.: 7 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage.

Method of administration: This medicine should be taken away from meals. For children, add drops to a small amount of water.

Injection solution: Standard dosage: Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage. **Method of administration:** Lymphomyosot, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

Overdose: Tablets, Drops, injection solution: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Tablets (9832): Packs containing 50, 100 and 250 tablets.

Drops (9780): Drop bottles containing 30 ml and 100 ml.

Injection solution (8553): Packs containing 5, 10, 50 and 100 ampoules of 1.1 ml each.

Mucosa compositum

Mucosa compositum Summary of Product Characteristics

Tablets • Injection solution

Compositions: Tablets: 1 tablet containing: Active ingredients: Argentum nitricum D6 1.0 mg, Atropa bella-donna D10 1.0 mg, Ceanothus americanus D4 1.0 mg, Hydrastis canadensis D6 1.0 mg, Kalium bichromicum D8 1.0 mg, Kreosotum D12 1.0 mg, Lachesis D10 1.0 mg, Mandragora e radice siccata D10 1.0 mg, Marsdenia cundurango D6 1.0 mg, Momordica balsamina D6 1.0 mg, Mucosa coli suis D8 1.0 mg, Mucosa ductus choledochi suis D8 1.0 mg, Mucosa duodeni suis D8 1.0 mg, Mucosa ilei suis D8 1.0 mg, Mucosa jejuni suis D8 1.0 mg, Mucosa nasalis suis D8 1.0 mg, Mucosa oculi suis D8 1.0 mg, Mucosa oesophagi suis D8 1.0 mg, Mucosa oris suis D8 1.0 mg, Mucosa pulmonis suis D8 1.0 mg, Mucosa pylori suis D8 1.0 mg, Mucosa recti suis D8 1.0 mg, Mucosa vesicae felleae suis D8 1.0 mg, Mucosa vesicae urinariae suis D8 1.0 mg, Oxalis acetosella D6 1.0 mg, Pankreas suis D10 1.0 mg, Phosphorus D8 1.0 mg, Psychotria ipecacuanha D8 1.0 mg, Pulsatilla pratensis D6 1.0 mg, Semecarpus anacardium D6 1.0 mg, Strychnos nux-vomica D13 1.0 mg, Sulfur D8 1.0 mg, Ventriculus suis D8 1.0 mg, Veratrum album D6 1.0 mg. Excipients: Lactose monohydrate 300 mg, Magnesium stearate 1.5 mg.

Contains lactose!

Injection solution: 1 ampoule of 2.2 g containing: Active ingredients: Argentum nitricum D6 22.0 mg, Atropa bella-donna D10 22.0 mg, Ceanothus americanus D4 22.0 mg, Colibacillinum Nosode D28 22.0 mg, Hydrastis canadensis D4 22.0 mg, Kalium bichromicum D8 22.0 mg, Kreosotum D10 22.0 mg, Lachesis D10 22.0 mg, Mandragora e radice siccata D10 22.0 mg, Marsdenia cundurango D6 22.0 mg, Momordica balsamina D6 22.0 mg, Mucosa coli suis D8 22.0 mg, Mucosa ductus choledochi suis D8 22.0 mg, Mucosa duodeni suis D8 22.0 mg, Mucosa ilei suis D8 22.0 mg, Mucosa jejuni suis D8 22.0 mg, Mucosa nasalis suis D8 22.0 mg, Mucosa oculi suis D8 22.0 mg, Mucosa oesophagi suis D8 22.0 mg, Mucosa oris suis D8 22.0 mg, Mucosa pulmonis suis D8 22.0 mg, Mucosa pylori suis D8 22.0 mg, Mucosa recti suis D8 22.0 mg, Mucosa vesicae felleae suis D8 22.0 mg, Mucosa vesicae urinariae suis D8 22.0 mg, Oxalis acetosella D6 22.0 mg, Pankreas suis D10 22.0 mg, Phosphorus D8 22.0 mg, Psychotria ipecacuanha D8 22.0 mg, Pulsatilla pratensis D6 22.0 mg, Semecarpus anacardium D6 22.0 mg, Strychnos nux-vomica D13 22.0 mg, Sulfur D8 22.0 mg, Ventriculus suis D8 22.0 mg, Veratrum album D4 22.0 mg, Natrium diethyloxalacetikum D8 22.0 mg. Excipients: Sodium chloride 19.1 mg, water for injections 1408.0 mg.

Indications: Tablets, injection solution: Disorders of mucous membranes (gastrointestinal, respiratory and genitourinary system and the eye).

Contraindications: Tablets, injection solution: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: **Tablets:** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Injection solution:** None.

Side effects: Tablets: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. **Injection solution:** Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. In isolated cases transient skin reactions have been reported.

Interactions with other medication: Tablets, injection solution: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: Tablets, injection solution: For this product no clinical data on pregnancy and lactation are available.

Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Tablets, injection solution: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Tablets: Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Injection solution: Standard dosage:** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅓ of an ampoule 1 to 3x weekly. **Method of administration:** Mucosa comp.-Heel, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

Overdose: Tablets, injection solution: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Tablets (52268): Packs containing 50 and 250 tablets.

Injection solution (8526): Packs containing 5, 10, 50 and 100 ampoules of 2.2 ml each.



Oteel

Summary of Product Characteristics

Ear drops

Compositions: Ear drops: 1 vial (0.45 ml) contains: Active ingredients: Achillea millefolium D3 0.99 mg, Matricaria recutita D3 0.99 mg, Symphytum officinale D6 0.99 mg, Aconitum napellus D2 0.954 mg, Atropa bella-donna D2 0.99 mg, Bellis perennis D2 0.495 mg, Calendula officinalis D2 0.99 mg, Echinacea D2 0.2475 mg, Echinacea purpurea D2 0.2475 mg, Hypericum perforatum D2 0.297 mg, Hepar sulfuris D6 0.99 mg, Mercurius solubilis Hahnemanni D6 0.495 mg, Hamamelis virginiana D1 0.099 mg, Arnica montana D2 0.99 mg. Excipients: Sodium chloride 3.46-3.75 mg, Water for injections 440.2350 mg.

Indications: Ear drops: Local (external) supportive treatment of earaches in general, as in conditions such as otitis media and/or inflammations of the external ear.

Contraindications: Ear drops: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Ear drops: None.

Side effects: Ear drops: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them.

Interactions with other medication: Ear drops: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: Ear drops: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Ear drops: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Ear drops: Standard Dosage: Adults (and children 12 yrs. and older): 3–4 drops 4x daily, or more often if needed. Pediatric: Below 2 yrs.: 1–2 drops 4x daily as directed [consult a healthcare professional before use]. 2–5 yrs.: 2 drops 4x daily, or more often if needed. 6–11 yrs.: 3 drops 4x daily, or more often if needed. **Method of administration:** For external use only. Instill into the external ear canal.

Instructions for use:

1. Only open the vial directly before use.
2. Separate the vial by turning and pulling off the strip.
3. Warm the vial to body temperature by holding it in the palm of your hand for about one minute.
4. To open twist the upper part of the vial.
5. Tilt the head sideways. Instill the fluid into the ear canal by pressing lightly on the upper part of the vial. Close the ear canal with some cotton wool in order to prevent the fluid from flowing back out.
6. Discard remaining contents of vial after each application.

Overdose: Ear drops: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions and external use.

Package sizes: Ear drops (12737): Available in packages of 10 sterile vials of 0.45 ml each.

Phosphor-Homaccord®

Phosphor-Homaccord® Summary of Product Characteristics

Drops • Injection solution

Compositions: **Drops:** 100g contains: Active ingredients: Argentum nitricum D10 0.3 g, Argentum nitricum D30 0.3 g, Argentum nitricum D200 0.3 g, Paris quadrifolia D6 0.3 g, Paris quadrifolia D10 0.3 g, Paris quadrifolia D30 0.3 g, Paris quadrifolia D200 0.3 g, Phosphorus D10 0.4 g, Phosphorus D30 0.4 g, Phosphorus D200 0.4 g. Excipients: Ethanol (96 per cent) 29.1 g, Water, purified 67.6 g. Contains 35 vol.-% alcohol. **Injection solution:** 1 ampoule = 1.1 g contains: Active ingredients: Argentum nitricum D10 3.3 mg, Argentum nitricum D30 3.3 mg, Argentum nitricum D200 3.3 mg, Paris quadrifolia D6 3.3 mg, Paris quadrifolia D10 3.3 mg, Paris quadrifolia D30 3.3 mg, Paris quadrifolia D200 3.3 mg, Phosphorus D10 4.4 mg, Phosphorus D30 4.4 mg, Phosphorus D200 4.4 mg. Excipients: Sodium chloride 10.3 mg, Water for injections 1063.7 mg.

Indications: **Drops, injection solution:** Hoarseness especially due to respiratory tract infections, e.g. laryngitis.

Contraindications: **Drops, injection solution:** Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: **Drops:** This medicinal product contains 35 vol.-% ethanol (alcohol).

Injection solution: None.

Side effects: **Drops, injection solution:** Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them.

Interactions with other medication: **Drops, injection solution:** No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: **Drops, injection solution:** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: **Drops, injection solution:** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: **Drops:** **Standard Dosage:** Adults (and children 12 yrs. and older): 10 drops 3x daily. Pediatric: Below 2 yrs.: 3 drops 3x daily. 2–5 yrs.: 5 drops 3x daily. 6–11 yrs.: 7 drops 3x daily. **Acute or Initial Dosage:** Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 3 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 2–5 yrs.: 5 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 6–11 yrs.: 7 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. **Method of administration:** This medicine should be taken away from meals. For children, add drops to a small amount of water. **Injection solution:** **Standard Dosage:** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. **Acute or Initial Dosage:** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage. **Method of administration:** Phosphor-Homaccord, Solution for injection may be administered by the s.c., i.d., i.m., or i.v. route. **Overdose:** **Drops, injection solution:** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: **Drops (9787):** Drop bottles containing 30 and 100 ml.

Injection solution (8588): Packs containing 5, 10, 50 and 100 ampoules of 1.1 ml.

Tartephedreel®

Tartephedreel®

Summary of Product Characteristics

Drops

Compositions: Drops: Compositions: 100 g contains: Active ingredients: Arsenum iodatum D6 10 g, Aspidosperma quebracho-blanco D5 10,0 g, Atropa bella-donna D4 10 g, Blatta orientalis D6 5 g, Ephedra distachya D3 5,0 g, Hepatica nobilis D3 10,0 g, Illicium verum D3 5 g, Kalium stibyltartaricum D4 10 g, Lobelia inflata D4 5 g, Naphthalinum D6 5 g, Natrium sulfuricum D4 10 g, Psychotria ipecacuanha D4 5 g, Medorrhinum Nosode D8 5,0 g, Stachys officinalis D2 5,0 g. Excipients: Contains 35 vol.-% alcohol.

Indications: Relieves spasmodic cough; eases expectoration.

Contraindications: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: This medicinal product contains 35 vol.-% ethanol (alcohol).

Side effects: Drops: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them.

Interactions with other medication: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Drops: Standard Dosage: Adults (and children 12 yrs. and older): 10 drops 3x daily. Pediatric: Below 2 yrs.: 3 drops 3x daily. 2–5 yrs.: 5 drops 3x daily. 6–11 yrs.: 7 drops 3x daily. **Acute or Initial Dosage:** Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 3 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 2–5 yrs.: 5 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 6–11 yrs.: 7 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage.

Method of administration: This medicine should be taken away from meals. For children, add drops to a small amount of water.

Overdose: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes (9803): Drop bottles containing 30 and 100 ml.

Tonsilla compositum

Tonsilla compositum Summary of Product Characteristics

Oral drops • Injection solution

Compositions: *Oral drops:* 100 g contain: Active ingredients: Acidum ascorbicum D6 3,0 g, Acidum L(+)-lacticum D6 3,0 g, Aesculus hippocastanum D6 3,0 g, Barium carbonicum D28 3,0 g, Calcium phosphoricum D10 3,0 g, Conium maculatum D12 3,0 g, Cortisonum aceticum D13 3,0 g, Dactylopius coccus D6 3,0 g, Echinacea D4 3,0 g, Ferrum phosphoricum D10 3,0 g, Galium aparine D6 3,0 g, Gentiana lutea D6 3,0 g, Geranium robertianum D6 3,0 g, Kalium stibyltartaricum D6 3,0 g, Levothyroxinum D13 3,0 g, Mercurius solubilis Hahnemanni D13 3,0 g, Pulsatilla pratensis D6 3,0 g, Solanum dulcamara D4 3,0 g, Sulfur D8 3,0 g, Cortex glandulae suprarenalis suis D13 3,0 g, Embryo totalis suis D13 3,0 g, Funiculus umbilicalis suis D10 3,0 g, Hepar suis D10 3,0 g, Hypothalamus suis D10 3,0 g, Medulla ossis suis D10 3,0 g, Nodus lymphaticus suis D8 3,0 g, Splen suis D10 3,0 g, Tonsilla suis D28 3,0 g Excipients: Ethanol (96 per cent) 0,3 g, Water, purified 15,7 g. Contains 35 vol.-% alcohol. *Injection solution:* 1 ampoule (2.2 g) contains: Active ingredients: Acidum ascorbicum D6 22.0 mg, Acidum L(+)-lacticum D6 22.0 mg, Aesculus hippocastanum D6 22.0 mg, Barium carbonicum D28 22.0 mg, Calcium phosphoricum D10 22.0 mg, Conium maculatum D4 22.0 mg, Cortex glandulae suprarenalis suis D13 22.0 mg, Cortisonum aceticum D13 22.0 mg, Dactylopius coccus D6 22.0 mg, Echinacea D4 22.0 mg, Embryo totalis suis D13 22.0 mg, Ferrum phosphoricum D10 22.0 mg, Funiculus umbilicalis suis D10 22.0 mg, Galium aparine D6 22.0 mg, Gentiana lutea D6 22.0 mg, Geranium robertianum D6 22.0 mg, Hepar suis D10 22.0 mg, Hypothalamus suis D10 22.0 mg, Kalium stibyltartaricum D6 22.0 mg, Levothyroxinum D13 22.0 mg, Medulla ossis suis D10 22.0 mg, Mercurius solubilis Hahnemanni D13 22.0 mg, Nodus lymphaticus suis D8 22.0 mg, Psorinum Nosode D 28 22.0 mg, Pulsatilla pratensis D6 22.0 mg, Pyrogenium-Nosode D 198 22.0 mg, Solanum dulcamara D4 22.0 mg, Splen suis D10 22.0 mg, Sulfur D8 22.0 mg, Tonsilla suis D28 22.0 mg. Excipients: Sodium chloride 19.2 mg, water for injections 1540 mg.

Indications: *Oral drops, injection solution:* Stimulation of the body defenses including the lymphatic immune system in acute, recurrent and chronic disorders, e.g. tonsillitis, recurrent infections.

Contraindications: *Oral drops, injection solution:* Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: *Oral drops:* This medicinal product contains 35 vol.-% ethanol (alcohol).

Injection solution: None.

Side effects: *Oral drops, injection solution:* Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them.

Interactions with other medication: *Oral drops, injection solution:* No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: *Oral drops, injection solution:* For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: *Oral drops:* This medicine has no or negligible influence on the ability to drive and use machines. *Injection solution:* No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: *Oral drops: Standard dosage:* Adults (and children 12 yrs. and older): 10 drops 3x daily. Pediatric: Below 2 yrs.: 3 drops 3x daily. 2–5 yrs.: 5 drops 3x daily. 6–11 yrs.: 7 drops 3x daily. *Acute or initial dosage:* Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 3 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 2–5 yrs.: 5 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 6–11 yrs.: 7 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage.

Method of administration: This medicine should be taken away from meals. For children, add drops to a small amount of water.

Injection solution: Standard dosage: Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ¾ of an ampoule 1 to 3x weekly. **Method of administration:** Tonsilla comp., Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

Overdose: *Oral drops, injection solution:* No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: *Oral drops (65636):* Packs containing 30 ml and 100 ml.

Injection solution (8538): Packs containing 5, 10, 50 and 100 ampoules of 2.2 ml each.



Viburcol® Summary of Product Characteristics

Suppositories

Compositions: 1 suppository of 1.1 g contains: Active Ingredients: Atropa bella-donna D2 1,100 mg, Calcium carbonicum Hahnemanni D8 4,400 mg, Matricaria recutita D1 1,100 mg, Plantago major D3 1,100 mg, Pulsatilla pratensis D2 2,200 mg, Solanum dulcamara D4 1,100 mg, Excipients: Hard fat 1.089,000 mg

Indications: Conditions of restlessness and irritability with or without fever, especially in infants and children (e.g. as in teething, mild abdominal pain, sleeplessness). Symptomatic treatment of common infections.

Contraindications: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: None

Side effects: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. In isolated cases transient skin allergies have been reported.

Interactions with other medication: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Suppositories: Standard Dosage: Adults (and children 12 yrs. and older): 2 suppositories up to 3x daily. Pediatric: Below 2 yrs.: 1 suppository up to 2x daily. 2–5 yrs.: 1 suppository up to 3x daily. 6–11 yrs.: 1 suppository up to 4x daily. **Acute or Initial Dosage:** Adults (and children 12 yrs. and older): 2 suppositories every 2 hrs up to 6x daily. Pediatric: Below 2 yrs.: 1 suppository every 2 hrs up to 4x daily. 2–5 yrs.: 1 suppository every 2 hrs up to 6x daily. 6–11 yrs.: 1 suppository every 2 hrs up to 8x daily.

Method of Administration: Insert suppository into the rectum.

Overdose: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes (9575): Packs containing 12 and 60 suppositories of 1,1 g.

This folder contains helpful health information based on scientific data and is intended for educational purposes only. The information and/or treatment recommendations are not meant as a specific treatment for any individual and should not be construed as a substitute for or a contradiction of professional treatment recommendations by an attending physician or other qualified healthcare professional. Heel is not liable for any damage or loss caused or alleged to be caused, directly or indirectly, based on use of the information provided herein.

Be aware that medication names, indications, and/or formulas may vary from country to country and package inserts may provide country specific information. Therefore, you have to ensure that the content of any material you use is in line with your local law and any other regulatory and/or medical requirements.

REFERENCE BOOKS

Overview

1. Gastrointestinal Disorders
2. Cough and Cold
3. Musculoskeletal Disorders
4. Stress and Sleep
5. Allergies
6. Women's Health

